Folstein Mini-Mental State Exam

I. **ORIENTATION** (Ask the following questions; correct = ☑)	**Record Each Answer:**	(Maximum Score = 10)
What is today's date?	Date (eg, May 21)	1 ☐
What is today's year?	Year	1 ☐
What is the month?	Month	1 ☐
What day is today?	Day (eg, Monday)	1 ☐
Can you also tell me what season it is?	Season	1 ☐
Can you also tell me the name of this hospital/clinic?	Hospital/Clinic	1 ☐
What floor are we on?	Floor	1 ☐
What city are we in?	City	1 ☐
What county are we in?	County	1 ☐
What state are we in?	State	1 ☐

II. **IMMEDIATE RECALL**	(correct = ☑)	(Maximum Score = 3)
Ask the subject if you may test his/her memory. Say "ball," "flag," "tree" clearly and slowly, about on second for each. Then ask the subject to repeat them. Check the box at right for each correct response. The first repetition determines the score. If he/she does not repeat all three correctly, keep saying them up to six tries until he/she can repeat them	Ball	1 ☐
	Flag	1 ☐
	Tree	1 ☐
		NUMBER OF TRIALS: _____

III. **ATTENTION AND CALCULATION**		
A. Counting Backwards Test	(Record each response, correct = ☑)	(Maximum Score = 5)
Ask the subject to begin with 100 and count backwards by 7. Record each response. Check one box at right for each correct response. Any response 7 or less than the previous response is a correct response. The score is the number of correct subtractions. For example, 93, 86, 80, 72, 65 is a score of 4; 93, 86, 78 70, 62, is 2; 92, 87, 78, 70, 65 is 0.	93	1 ☐
	86	1 ☐
	79	1 ☐
	72	1 ☐
	65	1 ☐
B. Spelling Backwards Test		
Ask the subject to spell the word "WORLD" backwards. Record each response. Use the instructions to determine which are correct responses, and check one box at right fore each correct response.	D	1 ☐
	L	1 ☐
	R	1 ☐
C. Final Score	O	1 ☐
Compare the scores of the Counting Backwards and Spelling Backwards tests. Write the greater of the two socres in the box labeled FINAL SCORE at right, and use it in deriving the **TOTAL SCORE**.	W	1 ☐
		FINAL SCORE_____ (Max of 5 or Greater of the two Scores)

IV. **RECALL**	(correct = ☑)	(Maximum Score = 3)
Ask the subject to recall the three words you previously asked him/her to remember. Check the Box at right for each correct response.	Ball	1 ☐
	Flag	1 ☐
	Tree	1 ☐

V. Language	(correct = ☑)	(Maximum Score = 9)
Naming	Watch	1 ☐
Show the subject a wrist watch and ask him/her what it is. Repeat for a pencil.	Pencil	1 ☐
Repetition		
Ask the subject to repeat "No, ifs, ands, or buts."	Repetition	1 ☐
Three -Stage Command		
Establish the subject's dominant hand. Give the subject a sheet of blank paper and say, "Take the paper in your right/left hand, fold it in half and put it on the floor."	Takes paper in hand	1 ☐
	Folds paper in half	1 ☐
	Puts paper on floor	1 ☐
Reading		
Hold up the card that reads, "Close your eyes." So the subject can see it clearly. Ask him/her to read it and do what it says. Check the box at right only if he/she actually closes his/her eyes.	Closes eyes	1 ☐
Writing		
Give the subject a sheet of blank paper and ask him/her to write a sentence. It is to be written sponataneously. If the sentence contains a subject and a verb, and is sensible, check the box at right. Correct grammar and punctuation are not necessary.	Writes sentence	1 ☐
Copying		
Show the subject the drawing of the intersecting pentagons. Ask him/her to draw the pentagons (about one inch each side) on the paper provided. If ten angles are present and two intersect, check the box at right. Ignore tremor and rotation.	Copies pentagons	1 ☐

DERIVING THE TOTAL SCORE	
Add the number of correct responses. The maximum is 30.	TOTAL SCORE _____
23-30 = Normal / 19-23 = Borderline / <19 = Impaired	Up to Grade 8 Level

Folstein MF, Folstein SE, and McHugh PR, 1975

CLOSE YOUR EYES