

NCCN Clinical Practice Guidelines in Oncology™

Prevention and Treatment of Cancer-Related Infections

V.2.2009

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Prevention and Treatment of Cancer-Related Infections

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Print the Prevention and Treatment of Cancer-Related Infections Guideline

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Clinical Trials: The NCCN believes that the best management for any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

To find clinical trials online at NCCN member institutions, <u>click here:</u> <u>nccn.org/clinical_trials/physician.html</u>

NCCN Categories of Evidence and Consensus: All recommendations are Category 2A unless otherwise specified.

See <u>NCCN Categories of Evidence</u> and Consensus

These guidelines are a statement of consensus of the authors regarding their views of currently accepted approaches to treatment. Any clinician seeking to apply or consult these guidelines is expected to use independent medical judgment in the context of individual clinical circumstances to determine any patient's care or treatment. The National Comprehensive Cancer Network makes no representations or warranties of any kind whatsoever regarding their content, use, or application and disclaims any responsibility for their application or use in any way. These guidelines are copyrighted by National Comprehensive Cancer Network. All rights reserved. These guidelines and the illustrations herein may not be reproduced in any form without the express written permission of NCCN. © 2009.

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Summary of the Guidelines Updates

Summary of the changes in the 2.2009 version of the Prevention and Treatment of Cancer-Related Infections Guidelines from the 1.2009 version include: • The addition of the updated Discussion section.

Summary of the changes in the 1.2009 version of the Prevention and Treatment of Cancer-Related Infections Guidelines from the 1.2008 version include: INF-1

- Added clofarabine and nelarabine to the intermediate overall risk of infection in cancer patients category.

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- Added "Purine analogs, intermediate risk when used as single agents, when combined with intensive chemotherapy regimens the risk converts to high."
- Footnote a is new to the page: "Categories of risk are based on several factors, including underlying malignancy, whether disease is in remission, duration of neutropenia, prior exposure to chemotherapy, and intensity of immunosuppressive therapy."
- Footnote b is new to the page: "Multiple immune deficits can coexist in the same patient."

INF-3

• Itraconazole recommendation as prophylaxis changed from a category 1 to a category 2B level of evidence and consensus.

INF-4

 Bortezomib was added as a therapy with high risk for varicella zoster reactivation for which antiviral prophylaxis should be considered.

FEV-2

• Footnote e was revised and now states: "Meta-analysis reported increased mortality associated with cefepime in randomized trials of neutropenic fever. However the FDA has concluded that cefepime remains appropriate therapy for its approved indications based on the results of the FDA's recent meta-analysis." (See Discussion)

FEV-4

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Following Mouth/mucosal initial clinical presentation, added "Consider leukemic infiltrate" to the evaluation.

FEV-5

Following diarrhea added: "IV metronidazole should be used in patient who cannot take oral agents."

FEV-6

- Footnote t is new to the page: "Rapid immunofluorescent viral antigen tests may be negative for H1N1 (swine flu)."
- Footnote u is new to the page: "Antiviral susceptibility of influenza strains is variable and cannot be predicted based on prior influenza outbreaks. In cases of seasonal influenza and pandemic strains (eg H1N1), it is necessary to be familiar with susceptibility patterns and guidelines on appropriate antiviral treatment."

FEV-10

 Added Influenza: Oseltamivir is approved by FDA for 5 d based on data from ambulatory otherwise healthy individuals with intact immune systems; longer courses (ie, at least 10 d) and until resolution of symptoms should be considered in the highly immunocompromised.

FEV-A (page 2 of 4)

Added doripenim to the Antibacterial Agents Tables.

FEV-C (page 3 of 4)

Added tenofovir DF to the Antiviral Agents Tables.

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OVERALL INFECTION RISK IN CANCER PATIENTS ^a	DISEASE / THERAPY EXAMPLES ^b	FEVER & NEUTROPENIA RISK CATEGORY <u>(See FEV-3)</u>	ANTIMICROBIAL PROPHYLAXIS ^{c,d,e,f}
Low	 Standard chemotherapy regimens for most solid tumors Anticipated neutropenia less than 7 d 	Low	• Bacterial - None • Fungal - None • Viral - None unless prior HSV episode
Intermediate	 Autologous HSCT Lymphoma Multiple myeloma CLL Purine analog therapy (ie, fludarabine, clofarabine, nelarabine, 2-CdA) Anticipated neutropenia 7 to 10 d 	Usually HIGH, but some experts suggest modifications depending on patient status. Purine analogs, intermediate risk when used as single agents; when combined with intensive chemotherapy regimens, the risk converts to high.	 Bacterial - Consider fluoroquinolone prophylaxis Fungal - Consider fluconazole during neutropenia and for anticipated mucositis Viral - During neutropenia and at least 30 d after HSCT
High	 Allogeneic HSCT Acute leukemia Induction Consolidation Alemtuzumab therapy GVHD treated with high dose steroids Anticipated neutropenia greater than 10 d 	Usually HIGH, but significant variability exists related to duration of neutropenia, immunosuppressive agents, and status of underlying malignancy	 Bacterial - Consider fluoroquinolone prophylaxis Fungal - <u>See INF-3</u> Viral - during neutropenia and at least 30 d after HSCT

KEY: 2-CdA = chlorodeoxyadenosine (cladribine), CLL = chronic lymphocytic leukemia, CMV = cytomegalovirus, GVHD = graft versus host disease, HSCT = hematopoietic stem cell transplant, HSV = herpes simplex virus, VZV = varicella zoster virus.

^aCategories of risk are based on several factors, including underlying malignancy, whether disease is in remission, duration of neutropenia, prior exposure to chemotherapy, and intensity of immunosuppressive therapy.

^bMultiple immune deficits can co-exist in the same patient.

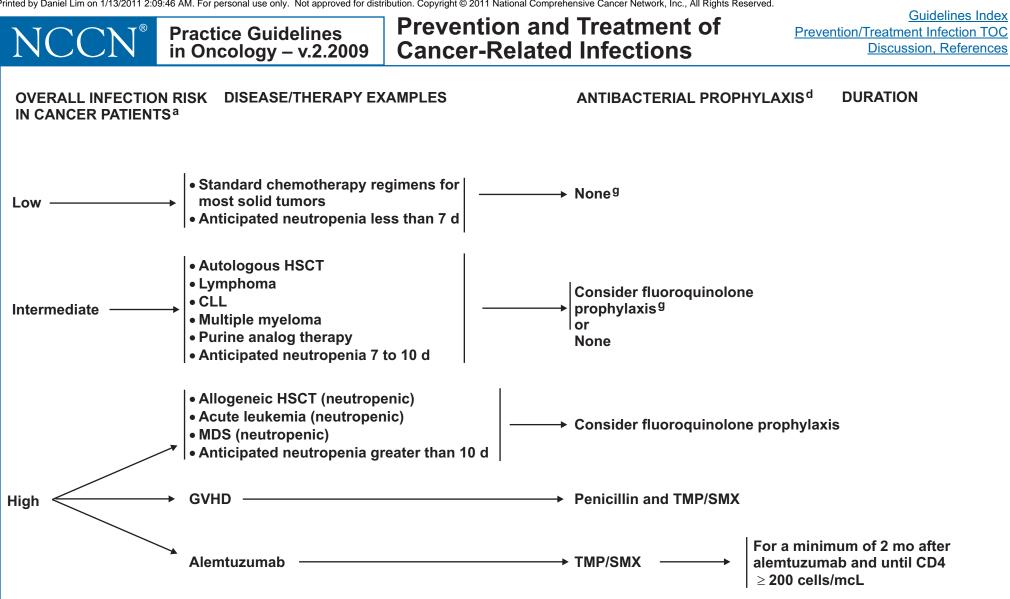
^cPneumocystis prophylaxis (<u>See INF-5</u>).

^dSee Antibacterial Agents (FEV-A) for dosing, spectrum, and specific comments/cautions.

eSee Antifungal Agents (FEV-B) for dosing, spectrum, and specific comments/cautions.

^f<u>See Antiviral Agents (FEV-C)</u> for dosing, spectrum, and specific comments/cautions.

Note: All recommendations are category 2A unless otherwise indicated.

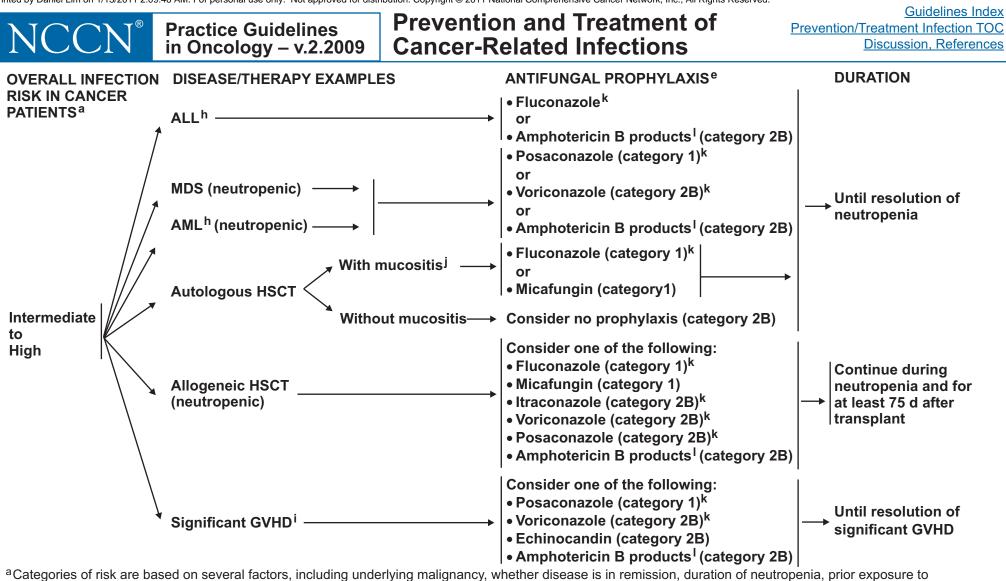


^aCategories of risk are based on several factors, including underlying malignancy, whether disease is in remission, duration of neutropenia, prior exposure to chemotherapy, and intensity of immunosuppressive therapy.

^dSee Antibacterial Agents (FEV-A) for dosing, spectrum, and specific comments/cautions.

⁹Although data support levofloxacin prophylaxis for low- and intermediate-risk patients, the panel discourages this practice in low-risk patients (because of concerns about antimicrobial resistance); however, it can be considered in intermediate-risk patients.

Note: All recommendations are category 2A unless otherwise indicated.



chemotherapy, and intensity of immunosuppressive therapy.

^eSee Antifungal Agents (FEV-B) for dosing, spectrum, and specific comments/cautions.

^hRecommendations on antifungal prophylaxis in patients with acute leukemia apply to those receiving induction or re-induction chemotherapy.

ⁱConsider antifungal prophylaxis in all patients with GVHD receiving immunosuppressive therapy. See Antifungal Prophylaxis section of the Discussion.

^jSevere mucositis is a risk factor for candidemia in patients with hematologic malignancies and stem cell transplant recipients not receiving antifungal prophylaxis.

^kItraconazole, voriconazole, and posaconazole are more potent inhibitors of hepatic cytochrome P450 3A4 isoenzymes than fluconazole and may significantly decrease the clearance of vinca alkaloids.

¹A lipid formulation is generally preferred based on less toxicity.

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OVERALL INFECTION RISK IN CANCER PATIENTS ^a	DISEASE / THERAPY EXAMPLES	HERPES VIRUSES	ANTIVIRAL PROPHYLAXIS	DURATION OF ANTIVIRAL PROPHYLAXIS ^f
Low	 Standard chemotherapy regimens for solid tumors 	HSV	None unless prior HSV episode	During neutropenia
Intermediate	 Autologous HSCT Lymphoma Multiple Myeloma CLL Purine analog therapy (ie, fludarabine) 	HSV VZV	Acyclovir Famciclovir Valacyclovir	During neutropenia and at least 30 d after HSCT
	 Acute leukemia Induction Consolidation 	HSV	Acyclovir Famciclovir Valacyclovir	During neutropenia
High	Bortezomib	VZV	Acyclovir Famciclovir Valacyclovir	
	 Alemtuzumab therapy Allogeneic HSCT 	HSV VZV	Acyclovir Famciclovir ^m or Valacyclovir as HSV prophylaxis ⁿ	 HSV prophylaxisⁿ Minimum of 2 mo after alemtuzumab and until CD4 ≥ 200 cells/mcL During neutropenia and at least 30 d after HSCT
		CMV	(See INF-6) for CMV	Pre-emptive therapy for CMV (<u>See INF-6</u>)

KEY: 2-CdA = chlorodeoxyadenosine (cladribine), CLL = chronic lymphocytic leukemia, CMV = cytomegalovirus, GVHD = graft versus host disease,

HSCT = hematopoietic stem cell transplant, HSV = herpes simplex virus, VZV = varicella zoster virus.

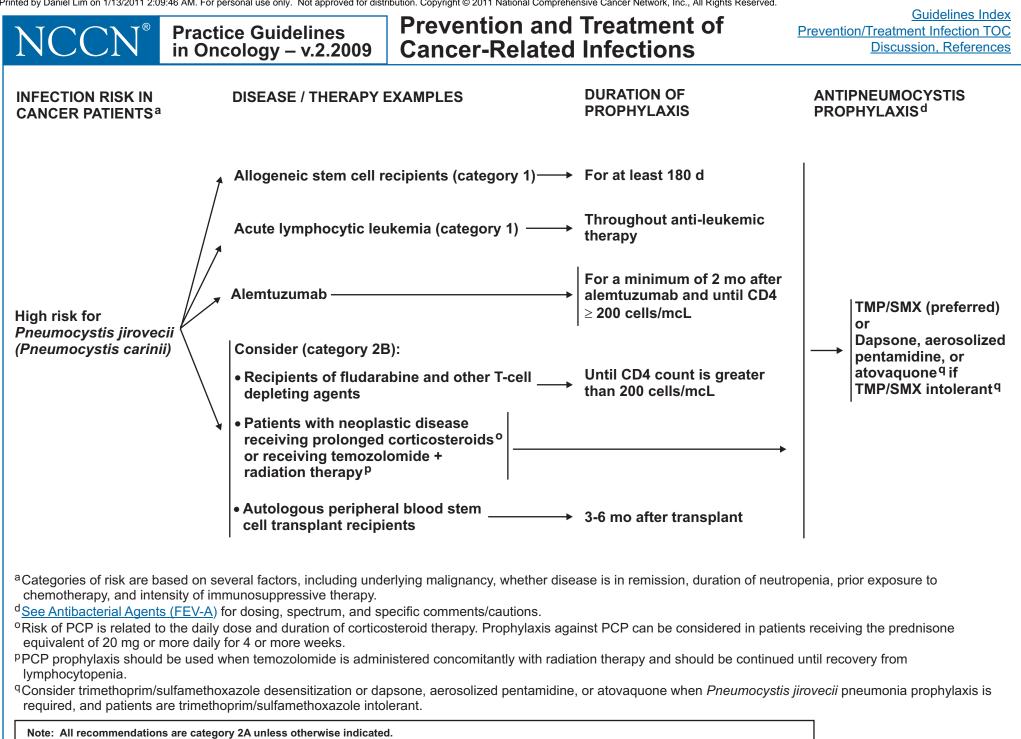
^aCategories of risk are based on several factors, including underlying malignancy, whether disease is in remission, duration of neutropenia, prior exposure to chemotherapy, and intensity of immunosuppressive therapy.

^f<u>See Antiviral Agents (FEV-C</u>) for dosing, spectrum, and specific comments/cautions.

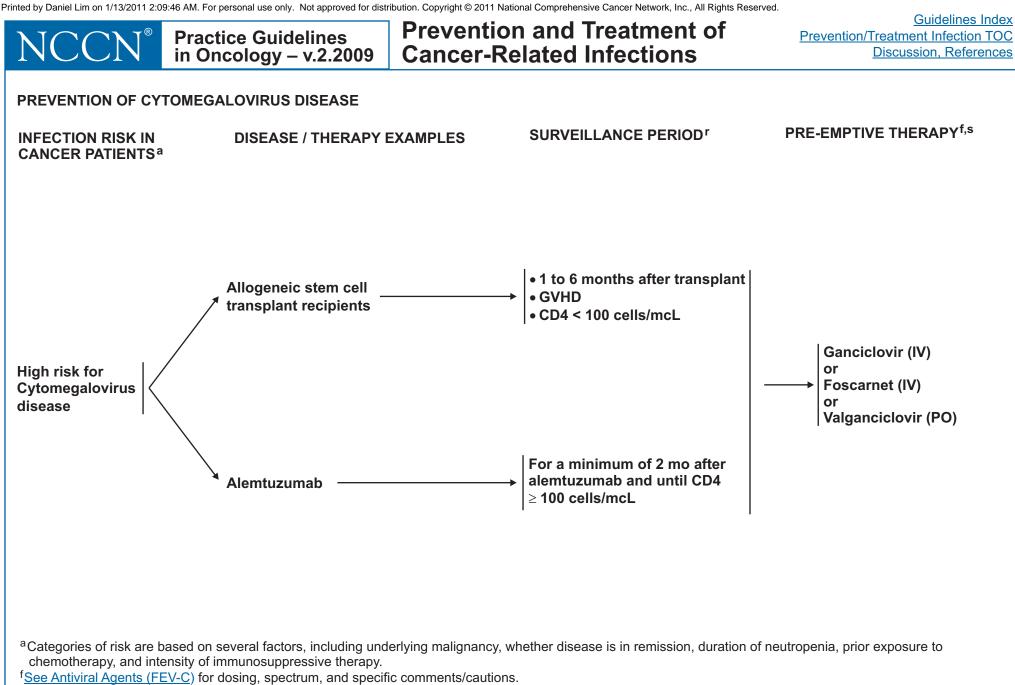
^mAmong allogeneic HSCT, there is more experience with acyclovir and valacyclovir than famciclovir.

ⁿAgents used as HSV prophylaxis are also active against VZV (See FEV-C).

Note: All recommendations are category 2A unless otherwise indicated.



INF-5 Version 2.2009, 08/28/09 © 2009 National Comprehensive Cancer Network, Inc. All rights reserved. These guidelines and this illustration may not be reproduced in any form without the express written permission of NCCN.



^rCMV surveillance consists of at least weekly monitoring of CMV by PCR or antigen testing.

^sDuration of prophylaxis antiviral therapy generally is for at least 2 weeks and until CMV is no longer detected.

Note: All recommendations are category 2A unless otherwise indicated.

Guidelines Index Prevention and Treatment of Practice Guidelines Prevention/Treatment Infection TOC Cancer-Related Infections Discussion, References in Oncology – v.2.2009 **CLINICAL PRESENTATION** INITIAL EVALUATION OF FEVER AND NEUTROPENIA MICROBIOLOGIC EVALUATION Site specific H&P including: • Blood culture x 2 sets (one set consists of 2 bottles). Options Intravascular access device include: Skin ► One peripheral + one catheter^a Lungs and sinus • Alimentary canal (mouth, pharynx, esophagus, or bowel. rectum) ► Both peripheral Perivaginal/perirectal or Fever: Both catheter • Single temperature Supplementary historical information: • Urine (if symptoms, urinary \geq 38.3°C orally or Major comorbid illness catheter, abnormal urinalysis) • Time since last chemotherapy administration \geq 38.0°C over 1 h • Site-specific culture: History of prior documented infections Neutropenia: See Initial ► Diarrhea (*Clostridium difficile* Recent antibiotic therapy/prophylaxis • < 500 neutrophils/mcL Therapy assay, enteric pathogen screen) Medications (FEV-2) or HIV status ► Skin (aspirate/biopsy of skin < 1.000 neutrophils/mcL • Exposures: lesions) and a predicted decline ► Others at home with similar symptoms ➤ Vascular access cutaneous site ▶ Pets to \leq 500/mcL over the with inflammation (consider ► Travel next 48 h routine/fungal/mycobacteria) ► Tuberculosis exposure • Viral cultures: ► Recent blood product administration Vesicular/ulcerated lesions on Laboratory/radiology assessment: skin or mucosa ► Throat or nasopharynx for • CBC including differential, platelets, BUN, respiratory virus symptoms, electrolytes, creatinine, and LFTs

^aPreferred for distinguishing catheter-related infections from secondary sources.

symptoms

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Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

• Consider chest x-ray, urinalysis, pulse oximetry

Chest x-ray for all patients with respiratory

especially during outbreaks

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Initial antibiotic therapy should be based on:

- Infection risk assessment (See FEV-3)
- Potential infecting organisms include vancomycin-resistant enterococcus (VRE) and extended spectrum betalactamase (ESBL)
- Colonization with or prior infection with methicillinresistant *Staphylococcus aureus* (MRSA)
- Site of infection
- Local antibiotic susceptibility
 patterns
- Organ dysfunction/drug allergy
- Broad spectrum of activity
- Previous antibiotic therapy
- Antipseudomonal coverage
- Bactericidal

INITIAL THERAPY FOR FEVER AND NEUTROPENIA^{b,c}

- Intravenous antibiotic monotherapy (choose one):
 Imipenem/cilastatin (category 1)
 Morononom (category 1)
 - Meropenem (category 1)
 - Piperacillin/tazobactam^d (category 1)
 - ➤ Cefepime (category 1)^e
 - ► Ceftazidime^f (category 2B)
- Intravenous antibiotic combination therapy:
- Aminoglycoside^g + antipseudomonal penicillin (category 1) ± beta-lactamase inhibitor (category 1)
- Aminoglycoside + extended-spectrum cephalosporin (cefepime, ceftazidime)
- Ciprofloxacin + antipseudomonal penicillin (category 1)
- Use of vancomycin, linezolid, daptomycin or quinupristin/dalfopristin is not routinely recommended^{h,i}
- Oral antibiotic combination therapy for low risk patients:
 - Ciprofloxacin + amoxicillin/clavulanate (category 1) (for penicillin-allergic patients, may use ciprofloxacin + clindamycin)
 - Oral antibiotic regimen recommended should not be used if quinolone prophylaxis was used

Site-Specific Evaluation and Therapy: <u>Mouth, Esophagus and Sinus/Nasal</u> (FEV-4)

<u>Abdominal Pain, Perirectal Pain,</u> <u>Diarrhea, Vascular Access Devices</u> (FEV-5)

→ Lung Infiltrates (FEV-6)

Cellulitis, Wound, Vesicular Lesions, Disseminated Papules or other lesions, Urinary Tract Symptoms, Central Nervous System Symptoms (FEV-7)

OR

Follow-up (FEV-8)

^bConsider local antibiotic susceptibility patterns when choosing empirical therapy. At hospitals where infections by antibiotic resistant bacteria (eg, MRSA or drugresistant gram-negative rods) are commonly observed, policies on initial empirical therapy of neutropenic fever may need to be tailored accordingly.

^c<u>See Antibacterial Agents (FEV-A</u>) for dosing, spectrum, and specific comments/cautions.

^dMay interfere with galactomannan measurement.

^eMeta-analysis reported increased mortality associated with cefepime in randomized trials of neutropenic fever. However the FDA has concluded that cefepime remains appropriate therapy for its approved indications based on the results of the FDA's recent meta-analysis. (see Discussion).

^fWeak Gram-positive coverage and increased breakthrough infections limit utility.

⁹Some authorities recommend avoidance of aminoglycosides because of potential nephrotoxicity, which may be diminished by once-daily administration. Once-a-day aminoglycoside therapy should be avoided for treatment of meningitis or endocarditis.

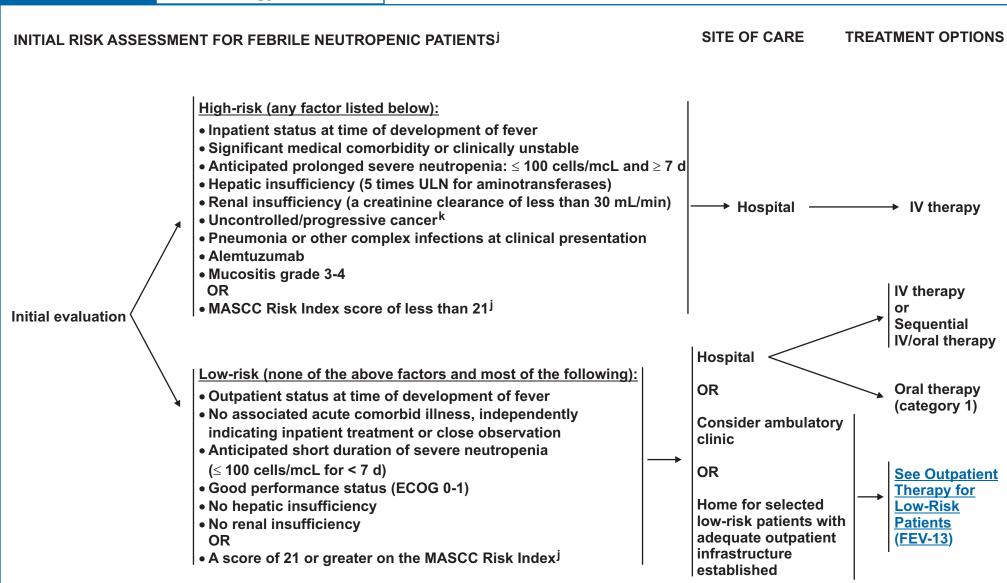
^hAlthough there are published studies regarding the use of some of these agents in neutropenic patients, the NCCN panel strongly recommends that these agents should not be routinely used as initial empirical therapy for neutropenic fever because of concerns about resistance and breakthrough infections. ⁱSee Appropriate Use of Vancomycin and Other Agents for Gram-positive Resistant Infections (FEV-D).

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^jRisk categorization refers to risk of serious complications, including mortality, in patients with neutropenic fever. <u>See Risk Assessment Resources (FEV-E</u>).
^kUncontrolled/progressive cancer is defined as any leukemic patient not in complete remission, or non-leukemic patients with evidence of disease progression after more than 2 courses of chemotherapy.

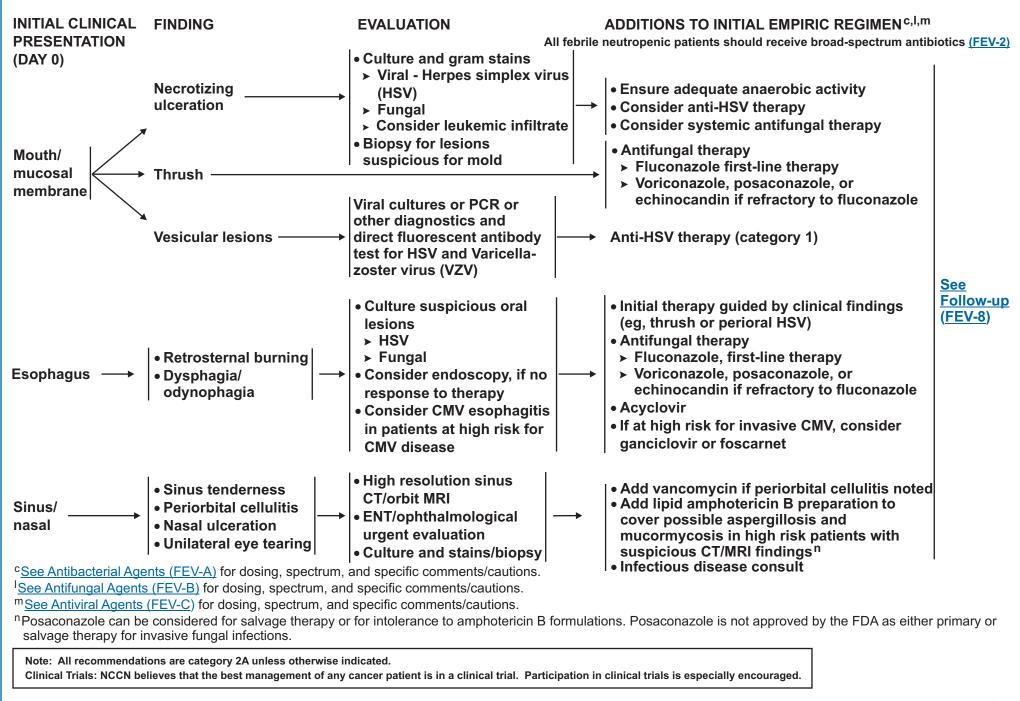
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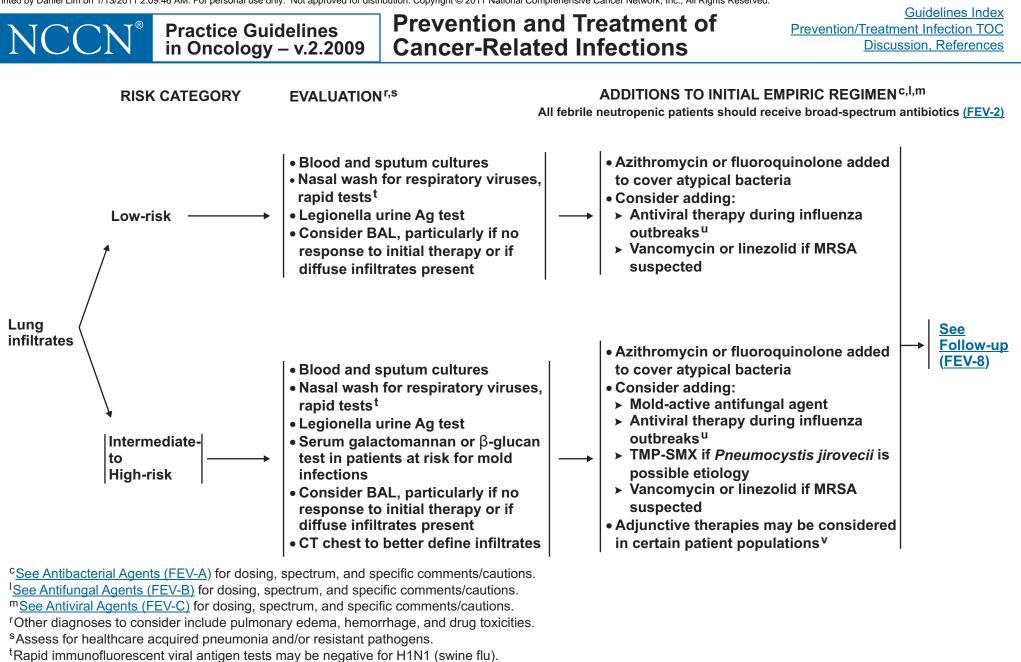
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INITIAL CLINICAL FINDING PRESENTATION	EVALUATION ^p All febrile	ADDITIONS TO INITIAL EMPIRIC REGIMEN ^C e neutropenic patients should receive broad-spectrum a	
(DAY 0) Abdominal, pain ^o	 Abdominal CT (preferred) or ultrasound Alkaline phosphatase, transaminases, bilirubin, amylase, lipase 	 Metronidazole if <i>C. difficile</i> suspected Ensure adequate anaerobic therapy 	
Perirectal	 Perirectal inspection Consider abdominal/pelvic CT 	 Ensure adequate anaerobic therapy Consider enterococcal^q coverage Consider local care (sitz baths, stool softeners) 	
Diarrhea ────→	 Clostridium difficile assay Consider testing for rotavirus and norovirus in winter months and during outbreaks Consider stool bacterial cultures and/o parasite exam if travel/lifestyle history o community outbreak indicate exposure 	or snould be used in patient who	→ <u>See</u> Follow-up (FEV-8)
Entry or exit site inflammation devices (VAD)	 Swab exit site drainage (if present) for culture Blood culture from each port of VAD 	 Vancomycinⁱ initially or add it if site not responding after 48 h of empiric therapy 	
Tunnel infection/ port pocket infection septic phlebitis	n, Blood culture from each port of VAD	Remove catheter and culture surgical wound Add vancomycin ⁱ	
¹ See Antifungal Agents (FEV-B) for dosing, spect ^m See Antiviral Agents (FEV-C) for dosing, spectr ^o Surgical and other subspecialty (eg, gastroente ^p Lab studies include CMV antigens/PCR and abo	Agents for Gram-positive Resistant Infections (FEV rum, and specific comments/cautions. um, and specific comments/cautions. rology, interventional radiology) consultations shou	Id be considered for these situations as clinically indi	cated.
Note: All recommendations are category 2A unless of Clinical Trials: NCCN believes that the best manageme	nerwise indicated. nt of any cancer patient is in a clinical trial. Participation in	ו clinical trials is especially encouraged.	



^uAntiviral susceptibility of influenza strains is variable and cannot be predicted based on prior influenza outbreaks. In cases of seasonal influenza and pandemic strains (eg H1N1), it is necessary to be familiar with susceptibility patterns and guidelines on appropriate antiviral treatment. ^vSee Adjuvant Therapies (FEV-F).

Note: All recommendations are category 2A unless otherwise indicated.

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INITIAL CLINICAL PRESENTATION (DAY 0)	EVALUATION	ADDITIONS TO INITIAL EMPIRIC REGIMEN ^{c,I,m} All febrile neutropenic patients should receive broad-spectrum antibiotics (FEV-2)
Cellulitis ───→	Consider aspirate or biopsy for culture	───→ Consider vancomycin ⁱ ────→
Wound ———	Culture	───→ Consider vancomycin ⁱ ────→
Vesicular lesions	Aspiration or scraping for VZV or HSV direct fluorescent antibody (DFA)/herpes virus cultures	Consider acyclovir, famciclovir, or valacyclovir
Disseminated papules or other lesions	Aspiration or biopsy for bacterial, fungal, mycobacterial cultures and histopathology	 Consider vancomycinⁱ Consider mold-active antifungal therapy in high-risk patients See Follow-up (FEV-8)
Urinary tract symptoms	• Urine culture • Urinalysis	No additional therapy until specific pathogen identified
Central nervous system symptoms ───	 Infectious disease (ID) consult CT and/or MRI Lumbar puncture (if possible) Neurology consult 	 Empiric therapy for presumed meningitis should include an anti-pseudomonal beta- lactam agent that readily enters CSF (eg, cefepime, ceftazidime, meropenem) plus vancomycinⁱ, plus ampicillin (to cover listeriosis). If meropenem is used, addition of ampicillin is unnecessary because meropenem is active against <i>Listeria</i>. For encephalitis, add high-dose acyclovir 10 mg/kg/dose 3x/d) with hydration and monitor renal function
¹ See Appropriate Use of Vanco ¹ See Antifungal Agents (FEV-B	(-A) for dosing, spectrum, and specific comments/caution mycin and Other Agents for Gram-positive Resistant Infer) for dosing, spectrum, and specific comments/cautions. for dosing, spectrum, and specific comments/cautions.	is.
	ategory 2A unless otherwise indicated. It the best management of any cancer patient is in a clinical trial.	Participation in clinical trials is especially encouraged.

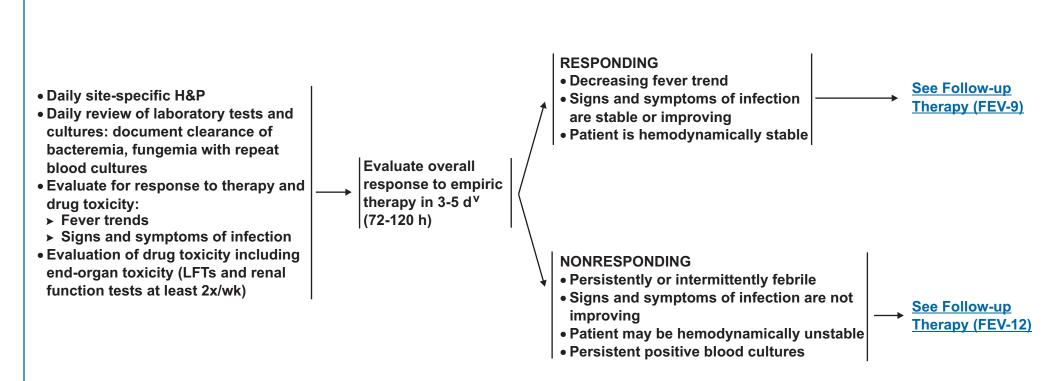
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PRINCIPLES OF DAILY FOLLOW-UP

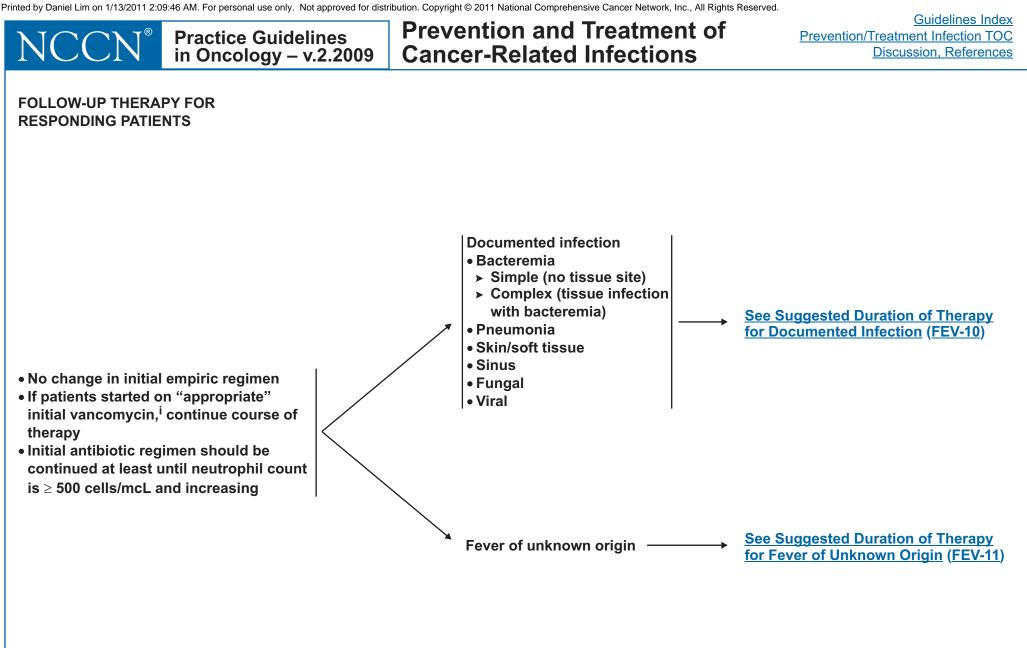
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^vSee Adjunctive Therapies (FEV-F).

Note: All recommendations are category 2A unless otherwise indicated.



¹See Appropriate Use of Vancomycin and Other Agents for Gram-positive Resistant Infections (FEV-D).

Note: All recommendations are category 2A unless otherwise indicated.

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FOLLOW-UP THERAPY RESPONDING PATIENT		SUGGESTED DURATION OF THERAPY FOR DOCUMENTED INFECTION ^{C,I,m} These are general guidelines and may need to be revised for individual patients.
Documented	Initial antibiotic regimen should generally be continued until neutrophil count is ≥ 500 cells/mcL and increasing Duration of antimicrobial therapy may be individualized based upon: > Neutrophil recovery > Rapidity of defervescence > Specific site of infection > Infecting pathogen > Patient's underlying illness	 Skin/soft tissue: 7-14 d Bloodstream infection (uncomplicated) Gram-negative: 10-14 d Gram-positive: 7-14 d S. aureus: at least 2 weeks after first negative blood culture and normal transesophageal echocardiogram (TEE)^W Yeast: ≥ 2 wks after first negative blood culture Consider catheter removal for bloodstream infections with Candida, S. aureus, Pseudomonas aeruginosa, Corynebacterium jeikeium, Acinetobacter, Bacillus organisms, atypical mycobacteria, yeasts, molds, vancomycin-resistant enterococci, and Stenotrophomonas maltophilia (category 2B) Sinusitis: 10-21 d Catheter removal for septic phlebitis, tunnel infection, or port pocket infection Bacterial pneumonia: 10-21 d Fungal (mold and yeast): Candida: minimum of 2 wks after first negative blood culture Mold (eg, Aspergillus): minimum of 12 wks Viral: HSV/VZV: 7-10 d (category 1); acyclovir, valacyclovir, or famciclovir (uncomplicated, localized disease to the skin) Influenza: Oseltamivir is approved by FDA for 5 d based on data from ambulatory otherwise healthy individuals with intact immune systems; longer courses (eg, at least 10 d) and until resolution of symptoms should be considered in the highly immunocompromised

^c<u>See Antibacterial Agents (FEV-A</u>) for dosing, spectrum, and specific comments/cautions.

¹See Antifungal Agents (FEV-B) for dosing, spectrum, and specific comments/cautions.

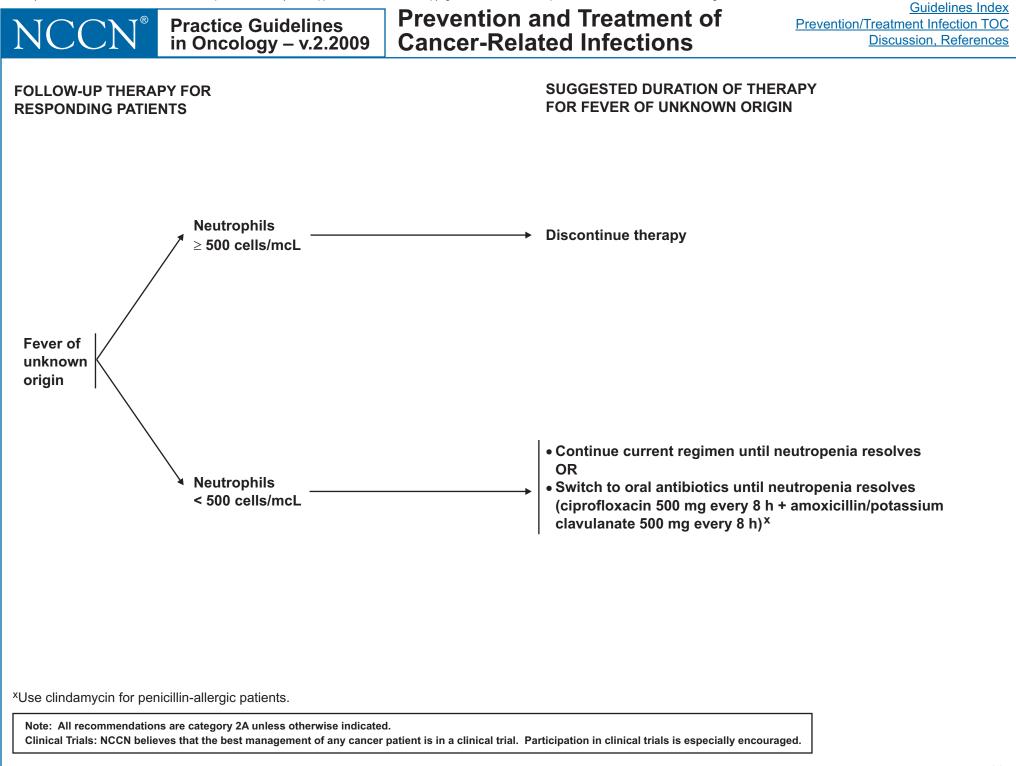
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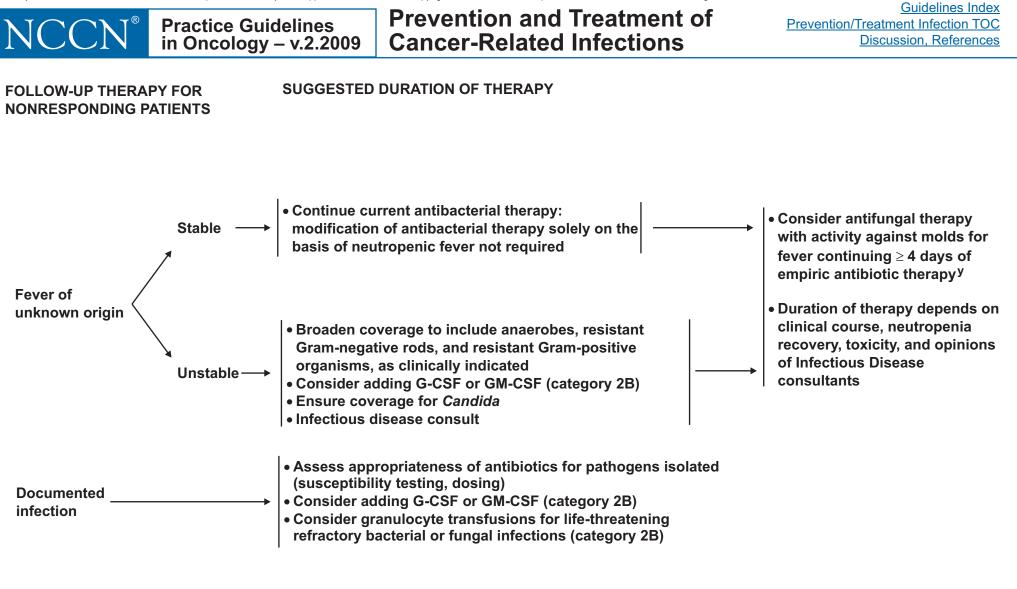
^m<u>See Antiviral Agents (FEV-C)</u> for dosing, spectrum, and specific comments/cautions.

^wA TEE should be considered in all cases of *S. aureus* bacteremia. In patients with conditions that may increase the likelihood of complications (eg, neutropenia, thrombocytopenia, mucositis), a transthoracic echocardiogram (TTE) may be performed initially and, if negative, a TEE should be performed when safe. A TEE is more sensitive and preferred when compared with TTE.

Note: All recommendations are category 2A unless otherwise indicated. Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.







^yThe timing to add empirical antifungal therapy varies with the risk of invasive mold infection but generally ranges between 4-7 d of neutropenic fever. In patients at high risk for mold infection (neutropenia > 10 d, allogeneic stem cell transplant recipients, high-dose corticosteroids), the panel recommends adding empirical antifungal therapy after 4 d unless patient is receiving prophylaxis directed against molds. See Discussion of antifungal prophylaxis versus empirical antifungal therapy.

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	JTPATIENT THERAPY FOR LOW-RISK P	
	SESSMENT	MANAGEMENT
 Patient determined to be in low-risk category on presentation with fever and neutropenia Outpatient status at time of development of fever No associated acute comorbid illness, independently indicating inpatient treatment or close observation Anticipated short duration of severe neutropenia (< 7 days) Good performance status (ECOG 0-1) Serum creatinine ≤ 2.0 mg/dL, liver functions ≤ 3x normal OR A score of 21 or greater on the MASCC Biak Indexi 	Careful examination Review lab results: no critical alues Review social criteria for home herapy Patient consents to home care 24 h home caregiver available Home telephone Access to emergency facilities Adequate home environment Distance within approximately one hour of a medical center or treating physician's office assess for oral antibiotic herapy No nausea and vomiting Able to tolerate oral medications Not on prior fluoroquinolone prophylaxis	 Observation period (2-12 h) (category 2B) in order to: Confirm low-risk status and ensure stability of patient Observe and administer first dose of antibiotics and monitor for reaction Organize discharge plans to home and follow-up Patient education Telephone follow-up within 12-24 h

^jRisk categorization can predict outcome during the febrile episode, including complications/mortality. See Risk Assessment Resources (FEV-E).

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OUTPATIENT THERAPY FOR LOW-RISK PATIENTS

TREATMENT OPTIONS

FOLLOW-UP

 IV antibiotics at home Patient should be monitored daily^{bb} • Daily long-acting intravenous • Daily examination (clinic or home visit) for the agent ± oral therapy first 72 h to assess response, toxicity, and ➤ Home or office compliance; if responding, then telephone • Oral therapy only^z: follow-up daily thereafter. ▶ 500 mg every 8 h Specific reasons to return to clinic: ciprofloxacin^{aa} plus 500 ► Any positive culture mg every 8 h New signs/symptoms reported by the patient amoxicillin/clavulanate^x Persistent or recurrent fever at days 3-5 (category 1) ► Inability to continue prescribed antibiotic > Other oral regimens are regimen (ie, oral intolerance) less well-validated > Office visit for infusion of IV antibiotics (eq. levofloxacin)

^xUse clindamycin for penicillin-allergic patients.

^zCriteria for oral antibiotics: no nausea or vomiting, patient able to tolerate oral medications, and patient not on prior fluoroquinolone prophylaxis.

^{aa}The fluoroquinolone chosen should be based on reliable Gram-negative bacillary activity, local antibacterial susceptibilities, and the use of quinolone prophylaxis of fever and neutropenia.

^{bb}Provider should be individual (eg, MD, RN, PA, NP) who has expertise in the management of patients with neutropenia and fever.

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ANTIBACTERIAL AGENTS (References are on page 4)

GRAM- POSITIVE AGENTS ^a	DOSE	SPECTRUM	COMMENTS/PRECAUTIONS
Vancomycin	15 mg/kg IV every 12 h ^b	Gram-positive organisms with exception of VRE and a number of rare Gram-positive organisms	 Should not be considered as routine therapy for neutropenia and fever unless certain risk factors present (<u>See FEV-D</u>)
Linezolid	600 mg PO/IV every 12 h	Gram-positive organisms including VRE	 Hematologic toxicity may occur, thrombocytopenia most common (0.3% to 10%) Serotonin syndrome rare, use cautiously with SSRI's¹ Not for routine use in fever and neutropenia although does not impair neutrophil recovery Treatment option for VRE and MRSA Peripheral/optic neuropathy with long-term use Not recommended for line infections
Daptomycin	4-6 mg/kg IV d ^b	 Gram-positive organisms Has in vitro activity against VRE but is not FDA-approved for this indication 	 Equivalent to standard antistaphylococcal agents for <i>Staphylococcus aureus</i> bacteremia at 6 mg/kg dose in non-neutropenic patients² Weekly CPK to monitor for rhabdomyolysis Not indicated for pneumonia due to inactivation by pulmonary surfactant Not studied in patients with fever and neutropenia Myositis is a potential toxicity
Dalfopristin/ Quinupristin	7.5 mg/kg IV every 8 h	Gram-positive organisms including most VRE (does not have activity against <i>Enterococcus faecalis</i>) or intolerance to vancomycin	 Use limited by myalgias/arthralgias (up to 47%) Requires central venous access delivery Avoid use due to toxicity although coverage is good Musculoskeletal pain syndrome is a potential toxicity

^a These drugs are not recommended as monotherapy for fever in the setting of neutropenia and should only be added for documented infection with resistant Gram-positive organisms or if certain risk factors are present. (<u>See FEV-D</u>)
 ^b Requires dose adjustment in patients with renal insufficiency.

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ANTIBACTERIAL AGENTS^c (References are on page 4)

every 6 h ^b every 8 h ^b ery 8 h for s) every 8 h ^b	 Broad spectrum activity against most Gram-positive, Gram-negative and anaerobic organisms Preferred against extended spectrum beta-lactamase (ESBL) and serious <i>Enterobacter</i> infections. Carbapenem-resistant Gram- negative rod infections are an increasing problem at a number of centers Broad spectrum activity against most Gram-positive, Gram-negative and anaerobic organisms 	 Use for suspected intra-abdominal source Meropenem is preferred over imipenem for suspected /proven CNS infection Imipenem may lower seizure threshold in patients with CNS malignancies or infection or with renal insufficiency Empiric therapy for neutropenic fever (category 1) Effective in nonsocomial pneumonia and intra-abdominal infections Lack of clinical trial experience in neutropenic patients Use for suspected intra-abdominal source Not recommended for meningitis May result in false positive galactomannan³ Empiric therapy for neutropenic fever
every 8 h ^b	 infections. Carbapenem-resistant Gram- negative rod infections are an increasing problem at a number of centers Broad spectrum activity against most Gram-positive, Gram-negative 	 (category 1) Effective in nonsocomial pneumonia and intra-abdominal infections Lack of clinical trial experience in neutropenic patients Use for suspected intra-abdominal source Not recommended for meningitis May result in false positive galactomannan³
-	 negative rod infections are an increasing problem at a number of centers Broad spectrum activity against most Gram-positive, Gram-negative 	 intra-abdominal infections Lack of clinical trial experience in neutropenic patients Use for suspected intra-abdominal source Not recommended for meningitis May result in false positive galactomannan³
IV every 6 h ^b	most Gram-positive, Gram-negative	 Not recommended for meningitis May result in false positive galactomannan³
		(category 1)
/ every 8 h ^b	 Broad spectrum activity against most Gram-positive and Gram- negative organisms 	 Use for suspected/proven CNS infection with susceptible organism Increased frequency of resistance among Gram-negative rod isolates at some centers Empiric therapy for neutropenic fever (category 1)
/ every 8 h ^b	 Relatively poor Gram-positive activity Breakthrough streptococcal infections reported Not active against most anaerobes and <i>Enterococcus spp.</i> 	 Use for suspected/proven CNS infection with susceptible organism Increased frequency of resistance among Gram-negative rod isolates at some centers Empiric therapy for neutropenic fever based on resistance among certain Gram-negative rods (category 2B)
/		 negative organisms Relatively poor Gram-positive activity Breakthrough streptococcal infections reported Not active against most anaerobes and <i>Enterococcus spp.</i>

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ANTIBACTERIAL AGENTS (References are on page 4)

OTHER ANTIBACTERIAL AGENTS	DOSE	SPECTRUM	COMMENTS/CAUTIONS
Ciprofloxacin	500-750 mg PO every 12 hours or 400 mg IV every 8-12 h ^b	 Good activity against Gram-negative and atypical (e.g., <i>Legionella spp.</i>) organisms Less active than "respiratory" fluoroquinolones against Gram-positive organisms No activity against anaerobic organisms 	 Avoid for empiric therapy if patient recently treated with fluoroquinolone prophylaxis Increasing Gram-negative resistance in many centers Oral antibiotic combination therapy in low-risk patients (with amoxicillin/clavulanate or clindamycin) In combination with antipseudomonal penicillin in higher risk patients
Levofloxacin	500-750 mg oral or IV daily ^b	 Good activity against Gram-negative and atypical (e.g., <i>Legionella spp.</i>) organisms Improved Gram-positive activity compared to ciprofloxacin Limited activity against anaerobes Prophylaxis in neutropenic patients^{5,6} 	 Prophylaxis may increase bacterial resistance and superinfection⁷ Limited studies as empirical therapy in patients with fever and neutropenia
Aminoglycosides • Gentamicin • Tobramycin • Amikacin	Dosing individualized with monitoring of levels ^b	 Activity primarily against Gram-negative organisms Gentamicin is synergistic with beta-lactams against susceptible <i>S. aureus</i> and <i>Enterococcus</i> infections 	 Nephrotoxicity and ototoxicity limit use Combination therapy with anti- pseudomonal penicillin +/- beta- lactamase inhibitor or extended spectrum cephalosporin (see FEV-2)
Trimethoprim/sulfamethoxazole (TMP/SMX)	Single or double strength daily or Double strength 3 times per wk as prophylaxis for <i>P. jiroveccii</i>		• Highly effective as prophylaxis against <i>P. jirovecii</i> in high risk patients (<u>see INF-5</u>)

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ANTIFUNGAL AGENTS (References are on page 4)

AZOLES ^a	DOSE	SPECTRUM	COMMENTS/CAUTIONS
Fluconazole	In adults with normal renal function: 400 mg IV/PO daily	 Active against <i>Candida</i> Active against dimorphic fungi (eg, histoplasmosis, coccidioidomycosis) and <i>C. neoformans</i> 	 Candida glabrata is associated with variable resistance in vitro and Candida krusei is always resistant Inactive against molds (eg, Aspergillus species, Zygomycetes)
Itraconazole	Oral 400 mg daily (aim for trough of > 0.25 mcg/mL after 7 d of therapy)	 Active against <i>Candida, Aspergillus</i> species and some of the rarer molds Active against dimorphic fungi and <i>C. neoformans</i> 	 Itraconazole has negative inotropic properties and is contraindicated in patients with significant cardiac systolic dysfunction
Voriconazole	IV 6 mg/kg every 12 h x 2 doses, then 4 mg/kg every 12 h; oral 200 mg PO BID (for invasive aspergillosis); ¹ IV 6 mg/kg every 12 h x 2, then 3 mg/kg every 12 h for non-neutropenic patients with candidemia ²	 Active against <i>Candida, Aspergillus</i> species and some of the rarer molds Active against dimorphic fungi and <i>C. neoformans</i> Standard of care as primary therapy for invasive aspergillosis (category 1)^{1,3} Effective in candidemia in non-neutropenic patients² 	 Poor activity against Zygomycetes IV formulation should be used with caution in patients with significant pre-existing renal dysfunction based on potential to worsen azotemia
Posaconazole	 Prophylaxis: 200 mg PO TID among high-risk patients (<u>See INF-3</u>) Salvage therapy: 200 mg PO QID followed by 400 mg PO BID once infection has stabilized 	 Effective as prophylaxis in neutropenic patients with myelodysplastic syndrome and acute myelogenous leukemia,⁴ and in HSCT recipients with significant GVHD⁵ Active against <i>Candida</i>, <i>Aspergillus</i> sp, some Zygomycetes sp, and some of the rarer molds Active against dimorphic fungi and <i>C. neoformans</i> 	 in several invasive fungal diseases. Data on posaconazole as primary therapy for invasive fungal infections are limited. Should be administered with a full meal or liquid nutritional supplement. For patients who cannot eat a

^aAzoles inhibit fungal cell membrane synthesis and inhibit cytochrome P450 isoenzymes that may lead to impaired clearance of other drugs metabolized by this pathway. Fluconazole is a less potent inhibitor of cytochrome P450 isoenzymes than the mold-active azoles. Drug-drug interactions are common and need to be closely monitored (consult package inserts for details). Reversible liver enzyme abnormalities are observed.

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ANTIFUNGAL AGENTS (References are on page 4)

AMPHOTERICIN B FORMULATIONS ^b	DOSE	SPECTRUM	COMMENTS/CAUTIONS
Amphotericin B desoxycholate (AmB-D)	Varies on indication, generally 0.5 to 1.5 mg/kg/d		 Substantial infusional and renal toxicity including electrolyte wasting Saline loading may reduce nephrotoxicity Infusional toxicity may be managed with anti-pyretics an anti-histamine, and meperidine (for rigors)
Liposomal amphotericin B (L-AMB)	3 mg/kg/d IV was as effective as, but less toxic than, 10 mg/kg/d as initial therapy for invasive mold infections ^{6,c}	Broad spectrum of antifungal activity including <i>Candida</i> , <i>Aspergillus</i> sp (excluding <i>Aspergillus terreus</i>) Zygomycetes, rarer molds, <i>Cryptococcus neoformans</i> ,	Reduced infusional and renal toxicity compared to AmB-D
Amphotericin B lipid complex (ABLC)	5 mg/kg/d IV for invasive mold infections	and dimorphic fungi	Reduced infusional and renal toxicity compared to AmB-D
Amphotericin B colloidal dispersion (ABCD)	5 mg/kg/d IV for invasive mold infections		Substantial infusional toxicity; other lipid formulations of amphotericin B are generally preferred

Continued on next page

^bBroad spectrum of antifungal activity. Significant infusional and renal toxicity, less so with lipid formulations. ^cThe vast majority of subjects in this trial had invasive aspergillosis; optimal dosing of L-AMB for other mold infections (such as mucormycosis) is unclear.

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ANTIFUNGAL AGENTS (References are on page 4)

ECHINOCANDINS ^d	DOSE	SPECTRUM	COMMENTS/CAUTIONS
Caspofungin	 70 mg IV x 1 dose, then 50 mg IV daily; some investigators use 70 mg IV daily as therapy for aspergillosis 70 mg IV x 1 dose, followed by 35 mg IV daily for patients with moderate liver disease 	Active against <i>Candida</i>	 Primary therapy for candidemia and invasive candidiasis (category 1)⁷ Salvage therapy for aspergillosis. Similar efficacy compared to AmB-D as primary therapy for candidemia and invasive candidiasis, but significantly less toxic⁷ 45% success rate as salvage therapy for invasive aspergillosis⁸ Similar efficacy, but less toxic compared with L-AMB as empirical therapy for persistent neutropenic fever⁷ Excellent safety profile.
Micafungin	100 mg/d IV for candidemia and 50 mg/d IV as prophylaxis	and <i>Aspergillus</i> sp. Not reliable or effective against other fungal pathogens.	 Primary therapy for candidemia and invasive candidiasis (category 1) Similar efficacy compared to caspofungin⁹ and compared to L-AMB¹⁰ as primary therapy for candidemia and invasive candidiasis Superior efficacy compared to fluconazole as prophylaxis during neutropenia in HSCT recipients¹¹ Excellent safety profile.
Anidulafungin	200 mg IV x 1 dose, then 100 mg/d IV		 Primary therapy for candidemia and invasive candidiasis (category 1) Superior efficacy compared to fluconazole as primary therapy for candidemia and invasive candidiasis¹² Excellent safety profile.

Continued on next page

^dA number of centers use combination voriconazole and an echinocandin for invasive aspergillosis based on in vitro, animal, and limited clinical data.

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FEV-C

ANTIVIRAL AGENTS (References are on page 4)^a

AGENT	TREATMENT	SPECTRUM	COMMENTS/CAUTIONS
Acyclovir	Prophylaxis ^b : HSV (800-1600 mg PO BID [divided two to four times per day]; VZV in allogeneic HSCT recipients (800 mg PO BID) ¹ ; CMV in allogeneic HSCT recipients (800 mg PO QID) ^{c,2} Treatment: significant mucocutaneous HSV (5 mg/kg IV every 8H for 7-10 days); single dermatomal VZV (800 mg PO 5 times daily or 5 mg/kg IV every 8H for 7-10 days); disseminated HSV or VZV (10 mg/kg IV every 8H) ³	HSV, VZV, CMV	Hydration to avoid crystal nephropathy with high dose
Valacyclovir	Prophylaxis ^b : HSV or VZV (500 mg PO BID or TID) CMV in allogeneic HSCT recipients (2gm PO QID) ^{c,4} Treatment: HSV or VZV (Valacyclovir 1 gm PO TID) ³	HSV, VZV	
Famciclovir	Prophylaxis: HSV or VZV (250 mg PO BID) Treatment: HSV (250 mg PO TID) or VZV (500 mg PO TID) ^{5,6}	HSV, VZV	No data for oncologic related prophylaxis
Ganciclovir	Prophylaxis for CMV: 5-6 mg/kg IV every day for 5 days/week from engraftment until day 100 after HSCT ^{d,7} Pre-emptive therapy for CMV: 5 mg/kg every 12H for 2 weeks; if CMV remains detectable, treat with additional 2 weeks of ganciclovir 6 mg/kg daily 5 days per week. Therapy: CMV disease (5 mg/kg every 12H for 2 weeks followed by 5 to 6 mg/kg daily for at least an additional 2 - 4 weeks and resolution of all symptoms). Add IVIG for CMV pneumonia. Formulations and dosages of IVIG vary in different series; 400-500 mg/kg every other day for the first week is a reasonable regimen.	CMV, HSV, VZV	May cause bone marrow suppression
Valganciclovir	Prophylaxis: CMV (900 mg every day) ^d Pre-emptive therapy for CMV: 900 mg PO BID for 2 weeks; consider additional 900 mg PO daily for at least 7 days after a negative test	CMV	May cause bone marrow suppression

in question. The indicated doses for antiviral agents are for adults with normal renal function; consult package insert for dose modification in pediatrics and in patients with renal impairment. Prophylactic antiviral doses may be higher than those routinely used in immunocompetent persons (for example, for recurrent cold sores); there is substantial variability in the prophylactic doses of acyclovir used in different clinical trials in patients with hematologic malignancies and HSCT recipients.

^cHigh-dose acyclovir and valacyclovir have been used as prophylaxis for CMV. Because these agents have weak activity against CMV, a strategy of CMV surveillance and pre-emptive therapy with ganciclovir, valganciclovir, or foscarnet is required among patients at high risk for CMV disease.

^dIn general, the strategy of CMV surveillance testing by antigenemia or PCR followed by pre-emptive anti-CMV therapy for a positive result is favored over universal longterm prophylaxis in allogeneic HSCT patients.

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ANTIVIRAL AGENTS (References are on page 4)^a

AGENT	TREATMENT	SPECTRUM	COMMENTS/CAUTIONS
Foscarnet	 Prophylaxis for CMV: 60 mg/kg TID or 60 mg/kg IV every 12H for 7 days, followed by 90-120 mg/kg IV every day until day 100 after HSCT.^{d,7,8} Pre-emptive therapy for CMV: 60 mg/kg every 12H for 2 weeks; if CMV remains detectable, treat with additional 2 - 4 weeks of foscarnet, 90 mg/kg daily 5 days per week. Therapy: Acyclovir-resistant HSV (40 mg/kg every 8H for 7-10 days); CMV disease (90 mg/kg every 12H for 2 weeks followed by 120 mg/kg daily for at least an additional 2 - 4 weeks and resolution of all symptoms). Add IVIG for CMV pneumonia. 		Drug of choice for acyclovir resistant HSV and VZV and ganciclovir resistant CMV; nephrotoxic; monitor electrolytes
Cidofovir	Prophylaxis for CMV: Cidofovir 5 mg/kg IV every other week with probenecid 2 gm PO 3H before the dose, followed by 1 gm PO 2H after the dose and 1 gm PO 8H after the dose and IV hydration Treatment: Cidofovir 5 mg/kg IV every week for 2 weeks, followed by cidofovir 5 mg/kg every 2 weeks with probenecid 2 gm PO 3H before the dose, followed by 1 gm PO 2H after the dose and 1 gm PO 8H after the dose and IV hydration	CMV, HZV, VZV	Nephrotoxicity, ocular toxicity, bone marrow toxicity, hydration and probenecid required to reduce nephrotoxicity
Oseltamivir	Prophylaxis: 75 mg PO every day ^{e,9} Treatment: 75 mg BID	Influenza A & B	May cause nausea (improved when taken with food)
Zanamivir	Prophylaxis: 2 oral inhalations (5 mg/inhalation) daily Treatment: 2 oral inhalations (5 mg/inhalation) BID		Duration influenced by nature of exposure (ongoing vs. time limited); may cause bronchospasm
Amantadine		Influenza A	Not currently recommended secondary to resistance
Rimantadine		Influenza A	Not currently recommended secondary to resistance

^aRequires dose adjustment in patients with renal insufficiency.

^dIn general, the strategy of CMV surveillance testing by antigenemia or PCR followed by pre-emptive anti-CMV therapy for a positive result is favored over universal long-term prophylaxis in allogeneic HSCT patients.

^eProphylaxis among highly immunocompromised persons during community and nosocomial outbreaks of influenza A should be considered.

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FEV-C

ANTIVIRAL AGENTS (References are on page 4)

AGENT	TREATMENT	SPECTRUM	COMMENTS/CAUTIONS
Pegylated Interferon- alpha (or peginterferon alfa-2a)	Treatment for HCV: Pegylated Interferon-alpha 1.5 mcg/kg (or peginterferon alfa-2a 180 mcg) SC weekly plus ribavirin orally (dosing based on weight: if less than 75 kg, 400 mg in the morning and 600 mg in the evening; if greater than 75 kg, 600 mg twice daily)	НСV	
Intravenous immune globulin (IVIG)	Doses of IVIG vary among different studies and different viral illnesses. A dose of 400 - 500 mg/kg administered daily for 5 days is common for parvovirus B19-associated disease. ¹⁰ For CMV and RSV disease, adjunctive IVIG (400mg/kg) every other day for 3 to 5 doses is commonly administered	RSV, Parvovirus B19, CMV	
Palivizumab	Prophylaxis: 15 mg/kg IM monthly during RSV season ^{f,11}	RSV	Data predominantly in pediatric population ^f
Ribavirin	Treatment for RSV disease ^g : (6 gm administered by continuous inhalation via SPAG-2 nebulizer every 12-18H daily for 7 days or 2g over 2 h TID); may be paired with IVIG (400 - 500 mg/kg every other day) or palivizumab ¹²	RSV	
Lamivudine	100 mg PO every day	HBV	Concerns with resistant virus emerging when monotherapy utilized
Tenofovir DF	300 mg PO every day	HBV	Tenofovir DF is the preferred agent for chronic hepatitis B infection, but limited data in oncological populations. Adefovir and entacavir also have activity against hepatitis B

^fPalivizumab is an RSV-specific monoclonal antibody that has principally been evaluated in the pediatric population; there are inadequate data to judge efficacy in RSV disease in patients with hematologic malignancies and stem cell transplant recipients.

^gInhaled ribavirin is only FDA approved for hospitalized infants and young children with severe lower respiratory tract RSV disease. The experience in immunocompromised adults with RSV disease is limited, but should be considered given the potential morbidity and mortality associated with RSV infection. Ribvirin is teratogenic and precautions are required during administration (see Package insert).

Note: All recommendations are category 2A unless otherwise indicated.

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ANTIVIRAL AGENTS – REFERENCES

1Boeckh M, Kim HW, Flowers MED, Mevers JD and Bowden RA, Long-term acvclovir for prevention of varicella zoster virus disease after allogeneic hematopoietic cell transplantation -- a randomized double-blind placebo-controlled study. Blood 2006;107:1800-1805. ²Zaia JA. Prevention and management of CMV-related problems after hematopoietic stem cell transplantation. Bone Marrow Transplant 2002;29(8):633-638. ³Gilbert DN, Moellering RC, Sande MA. The Sanford Guide to Antimicrobial Therapy (37th ed.). Hyde Park, VT: Jeb E. Sanford Publishers. 2007 ⁴Liungman P. de La Camara R, Milpied N, et al. Randomized study of valacyclovir as prophylaxis against cytomegalovirus reactivation in recipients of allogeneic bone marrow transplants. Blood 2002;99:3050-3056. ⁵Frechette G, Romanowski B. Efficacy and safety of famciclovir for the treatment of HSV infection in HIV+ patients. Can J Infect Dis 1997; 8(Suppl A):44A. ⁶Schacker T, Hu H, Koelle DM, et al. Famciclovir for the suppression of symptomatic and asymptomatic herpes simplex virus reactivation in HIV-infected persons: A double-blind, placebo-controlled trial. Ann Intern Med 1998;128:21-28. ⁷Centers for Disease Control and Prevention. Infectious Disease Society of America. American Society of Blood and Marrow Transplantation. Guidelines for preventing opportunistic infections among hematopoietic stem cell transplant recipients. MMWR Recomm Rep 2000;49(RR-10):1-125, CE1-7. ⁸Reusser P, Einsele H, Lee J, et al. Randomized multicenter trial of foscarnet versus ganciclovir for preemptive therapy of cytomegalovirus infection after allogeneic stem cell transplantation. Blood 2002;99:1159-1164. ⁹Vu D, Peck AJ, Nichols WG, et al. Safety and tolerability of oseltamivir prophylaxis in hematopoietic stem cell transplant recipients: a retrospective case-control study. Clin Infect Dis 2007;45(2):187-193. ¹⁰Heegaard Ed, Brown KE. Human parvovirus B19. Clin Microbial Rev 2002;15:485-505 ¹¹Boeckh M, Berrey MM, Bowden RA, et al. Phase 1 evaluation of the respiratory syncytial virus-specific monoclonal antibody palivizumab in recipients of hematopoietic stem cell transplants. J Infect Dis 2001;184(3):350-354. Epub 2001 Jun 28. ¹²Whimbey E. Champlin RE. Englund JA. et al. Combination therapy with aerosolized ribavirin and intravenous immunoglobulin for respiratory syncytial virus disease in adult bone marrow transplant recipients. Bone Marrow Transplant 1995;16:393-399.

Note: All recommendations are category 2A unless otherwise indicated.

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APPROPRIATE USE OF VANCOMYCIN AND OTHER AGENTS FOR GRAM-POSITIVE RESISTANT INFECTIONS

• Vancomycin should not be considered as a routine component of initial therapy for fever and neutropenia. Because of the emergence of vancomycin-resistant organisms, empiric vancomycin should be avoided except for serious infections associated with the following clinical situations:

> Clinically apparent, serious, catheter-related infection

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- > Blood culture positive for Gram-positive bacterium prior to final identification and susceptibility testing
- > Known colonization with penicillin/cephalosporin-resistant pneumococci or methicillin-resistant Staphylococcus aureus
- > Hypotension or septic shock without an identified pathogen (ie, clinically unstable)
- ► Soft tissue infection
- Risk factors for viridans group streptoccocal, bacteremia (category 2B): severe mucositis (eg, associated with high-dose cytarabine) and prophylaxis with quinolones or TMP-SMX (see manuscript)^a
- Vancomycin should be discontinued in 2-3 days if a resistant Gram-positive infection (eg, MRSA) is not identified.

 Linezolid, quinupristin/dalfopristin, and daptomycin may be used specifically for infections caused by documented vancomycin-resistant organisms (eg, VRE) or in patients for whom vancomycin is not an option. Vancomyocin or linezolid should be considered for ventilator associated MRSA pneumonia.
 (See FEV-A 1 of 4)

^aRecent studies have shown that addition of vancomycin is likely to be unnecessary solely on the basis of neutropenic fever and mucositis when broad spectrum betalactam agents with activity against oral flora (eg, piperacillin/tazobactam or imipenem/cilastatin) are used.

Note: All recommendations are category 2A unless otherwise indicated. Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

RISK ASSESSMENT RESOURCES

USING THE MASCC RISK-INDEX SCORE

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- Using the visual analogue score, estimate the patient's burden of illness at the time of initial clinical evaluation. No signs or symptoms or mild signs or symptoms are scored as 5 points, moderate signs or symptoms are scored as 3 points. These are mutually exclusive. No points are scored for severe signs or symptoms or moribund.
- Based upon the patients age, past medical history, present clinical features and site of care (inpt/outpt when febrile episode occurred), score the other factors in the model and sum them.

BURDEN OF ILLNESS	MASCC RISK-INDEX SCORE/MODEL ¹
How sick is the patient at presentation?	<u>Characteristic</u> <u>Weight</u> ● Burden of illness ▶ No or mild symptoms 5 ▶ Moderate symptoms 3
No signs Mild signs Moderate Severe Moribund or or signs or signs or symptoms symptoms symptoms	 No hypotension 5 No COPD 4 Solid tumor or 4 hemotologic malignancy with no previous fungal infection
Estimate the burden of illness considering all comorbid conditions	No dehydration 3 Outpatient status 3 Age <60 years 2

TALCOTT RISK ASSESSMENT² Hiah Risk: Group 1- Patients hospitalized at onset of fever and neutropenia Group 2- Outpatients with a concurrent comorbidity at presentation (hemodynamic instability, clinical bleeding, respiratory failure, altered mental status or new neurologic symptoms, dehydration) Group 3- Outpatients with uncontrolled cancer at presentation (newly treated tumors, newly relapsed, refractory or persistent leukemia, or progressive disease) Low Risk: Group 4- Outpatients with comorbidity or

uncontrolled cancer at presentation

¹Klastersky J, Paesmans M, Rubenstein EJ et al. The Multinational Association for Supportive Care in Cancer Risk Index: A Multinational Scoring System for Identifying Low-Risk Febrile Neutropenic Cancer Patients. J Clin Oncol 2000;18(16):3038-51.

²Talcott JA, Finberg R, Mayer RJ, Goldman L. The medical course of cancer patients with fever and neutropenia. Arch Intern Med 1988;148:2561-68.

Note: All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.



ADJUNCTIVE THERAPIES

Limited or anecdotal data are available to suggest that these interventions may be beneficial:

- G-CSF or GM-CSF should be considered in neutropenic patients with serious infectious complications, such as the following (category 2B):
- Pneumonia
- ► Invasive fungal infection

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- Progressive infection (any type)
- Granulocyte transfusions (category 2B)
- Invasive fungal infection
- > Gram-negative rod infection unresponsive to appropriate antimicrobial therapy
- Intravenous immunoglobulin
- > Should be used in combination with ganciclovir for CMV pneumonia
- > Consider IV IgG for patients with profound hypogammaglobulinemia (category 2B)

Note: All recommendations are category 2A unless otherwise indicated. Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

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Discussion

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NCCN Categories of Evidence and Consensus

Category 1: The recommendation is based on high-level evidence (e.g. randomized controlled trials) and there is uniform NCCN consensus.

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Category 2A: The recommendation is based on lower-level evidence and there is uniform NCCN consensus.

Category 2B: The recommendation is based on lower-level evidence and there is nonuniform NCCN consensus (but no major disagreement).

Category 3: The recommendation is based on any level of evidence but reflects major disagreement.

All recommendations are category 2A unless otherwise noted.

Overview

Infectious diseases are important causes of morbidity and mortality in patients with cancer. In certain instances, the malignancy itself can predispose patients to severe or recurrent infections. Neutropenia has been recognized for many decades as a major risk factor for the development of infections in cancer patients undergoing chemotherapy. Effective strategies to anticipate, prevent, and manage infectious complications in neutropenic cancer patients have led to improved outcomes.¹⁻¹³ Due to advances in antimicrobial therapy, it is now uncommon for patients with acute leukemia or those undergoing stem cell transplantation to die from infections during the neutropenic period.

Although neutropenia remains a key risk factor for infections, other immunocompromised states pose at least equal risk. Allogeneic hematopoietic stem cell transplant (HSCT) recipients with neutrophil recovery who require intensive immunosuppressive therapy for graftversus-host disease (GVHD) are an example of non-neutropenic patients at great risk for common bacterial, viral, and opportunistic infections.¹⁴⁻¹⁷ The spectrum of infectious diseases in allogeneic HSCT recipients with GVHD is distinct from neutropenia. These NCCN guidelines on "Prevention and Treatment of Cancer-Related Infections" discuss infections in neutropenic and immunocompromised nonneutropenic patients with cancer. Our scope also includes other highly immunocompromised patients with cancer (such as those receiving high-dose corticosteroids, purine analogues, or alemtuzumab).

We characterize the major categories of immunologic deficits in persons with cancer and the major pathogens to which they are susceptible. Specific guidelines are provided on the prevention, diagnosis, and treatment of the major common and opportunistic infections that afflict patients with cancer. These NCCN guidelines should be applied in conjunction with careful, individual patient evaluation and with an understanding of host factors that predispose patients to specific infectious diseases and with an understanding of antimicrobial susceptibility patterns.

These guidelines on "Prevention and Treatment of Cancer-Related Infections" are divided into 4 sections. The first section discusses the major host factors that predispose patients to infectious diseases. The second section addresses management of neutropenic fever. The third section addresses site-specific infections (e.g., pneumonia, abdominal infections, catheter-associated infections) and focuses on patients who have neutropenia or who are otherwise significantly immunocompromised (e.g., HSCT recipients). The fourth section addresses prevention of infectious complications, including immunization and targeted antimicrobial prophylaxis.

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Host Factors That Predispose Patients to Infectious Complications

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Immunodeficiencies Associated With Primary Malignancy

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Certain malignancies are inherently associated with immune deficits. Patients with hematologic malignancies and myelodysplastic syndrome (MDS) may be leukopenic due to replacement of the marrow with malignant cells or due to a dysfunctional marrow. Patients with chronic lymphocytic leukemia (CLL) frequently have hypogammaglobulinemia leading to increased susceptibility to encapsulated bacteria, principally Streptococcus pneumoniae.¹⁸ Such patients may have recurrent sinopulmonary infections and septicemia. Patients with multiple myeloma are often functionally hypogammaglobulinemic; the total level of immunoglobulin production may be elevated, but the repertoire of antibody production is restricted. Savage and colleagues¹⁹ noted a biphasic pattern of infection among patients with multiple myeloma. Infections by S.pneumoniae and Haemophilus influenzae occurred early in the disease and in patients responding to chemotherapy, whereas infections by Staphylococcus aureus and Gram-negative pathogens occurred more commonly in advanced disease and during neutropenia.

Patients with advanced or refractory malignancy have a greater risk of infectious complications than those who respond to therapy. Refractory hematologic malignancies can be associated with marrow failure from disease and from multiple cycles of chemotherapy. Solid tumors may predispose patients to infection because of anatomic factors. Tumors that overgrow their blood supply become necrotic, thus forming a nidus for infection. Endobronchial tumors may cause recurrent postobstructive pneumonias. Abdominal tumors may obstruct the genitourinary or hepatobiliary tracts, predisposing patients to pyelonephritis and cholangitis, respectively. Direct invasion through the colonic mucosa is associated with local abscess formation and sepsis by enteric flora. Patients undergoing surgery for malignancies may be at high risk for infectious complications as a result of the type of surgery (e.g., esophagectomy and hepatobiliary reconstruction are surgeries associated with a high risk for infection), extent of tumor burden, preoperative performance status, and previous surgery, chemotherapy, and radiation therapy. Patients with advanced malignancy are also commonly malnourished, which further increases the risk of infection.

Neutropenia

The absence of granulocytes; the disruption of the integumentary, mucosal, and mucociliary barriers; and the inherent microbial flora shifts that accompany severe illness and antimicrobial usage predispose the neutropenic patient to infection. The signs and symptoms of infection are often absent or muted in the absence of neutrophils, but fever remains an early, although nonspecific, sign.¹ Approximately 48% to 60% or more of the patients who become febrile have an established or occult infection.²⁰ Roughly 10% to 20% or more of patients with neutrophil counts less than 100/mcL will develop a bloodstream infection.² Primary sites of infection are the alimentary tract (i.e., mouth, pharynx, esophagus, large and small bowel, and rectum), sinuses, lungs, and skin.

The pathogens responsible for initial infections early in the course of fever and neutropenia (F&N) are primarily bacteria, whereas antibiotic-resistant bacteria, yeast, other fungi, and viruses are common causes of subsequent infections. Coagulase-negative staphylococci, *S.aureus,* viridans group streptococci, and enterococci are the major Grampositive pathogens. Coliforms (e.g., *Escherichia coli, Klebsiella, Enterobacter* species) and *Pseudomonas aeruginosa* are the most common Gram-negative infections complicating neutropenia. Herpes simplex virus (HSV), respiratory syncytial virus (RSV), parainfluenza, and influenza A and B are also occasionally initial pathogens. Infections due to *Candida* species may occur later in the course of neutropenia, particularly as a consequence of gastrointestinal (GI) mucositis.

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Aspergillus species and other filamentous fungi are an important cause of morbidity and mortality in patients with severe and prolonged neutropenia.²¹ Deaths resulting from infections identified at the onset of fever during neutropenia remain uncommon, and most infection-associated deaths result from subsequent infections during the course of neutropenia.²²

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Studies from more than 4 decades ago have shown that as the neutrophil count decreases below 500/mcL (defined as *neutropenia*), the susceptibility to infection increases.^{2,23} The frequency and severity of infection are inversely proportional to the neutrophil count; the risks of severe infection and bloodstream infection are greatest when the neutrophil count is less than 100/mcL. The rate of decline of the neutrophil count and the duration of neutropenia are also critical factors. These latter 2 aspects are a measure of bone marrow reserve and are highly correlated with severity of infection and clinical outcome.

Disruption of Mucosal Barriers

The mucosal linings of the GI, sinopulmonary, and genitourinary tracts constitute the first line of host defense against a variety of pathogens. Chemotherapy and radiation therapy impair mucosal immunity at several different levels. When the physical protective barrier conferred by the epithelial lining is compromised, local flora may invade. Neutropenia and loss of the epithelial cell anatomic barrier may predispose patients to typhlitis (neutropenic enterocolitis). Chemotherapy-related GI mucositis predisposes patients to blood stream infections by viridans group streptococci,²⁴⁻²⁷ Gram-negative rods, and *Candida* species.²⁸

Splenectomy and Functional Asplenia

In the spleen, rapid antigen presentation occurs, which leads to the production of opsonizing antibodies by B-cells. The removal of non-opsonized bacteria protects against encapsulated bacteria to which the

patient is not yet immune. Splenic irradiation results in functional asplenia, which predisposes patients to pneumococcal sepsis. Functional asplenia is also a late complication of severe GVHD.²⁹ Thus, in allogeneic HSCT recipients, fever in the late transplant period must be evaluated promptly (similar to patients with asplenia) because of the risk of overwhelming infection by encapsulated pathogens.

Asplenic patients are principally at risk for overwhelming sepsis by encapsulated bacteria. The most common pathogen is *S.pneumoniae*, but other pathogens include *H.influenzae* and *Neisseria meningitidis*. The Advisory Committee on Immunization Practices (ACIP) for the Centers for Disease Control and Prevention (CDC) recommends that asplenic persons be immunized with the pneumococcal polysaccharide and meningococcal vaccines

(http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5753a6.htm). The conjugated meningococcal vaccine is preferred in adults 55 years of age or younger, because it confers longer lasting immunity than the polysaccharide vaccine. Immunization of adults with the pediatric *H.influenzae* type B (Hib) vaccine is considered optional because of lack of data on efficacy in older children and adults, although studies suggest good immunogenicity in immunocompromised patients. Immunization is ideally performed at least 2 weeks in advance of splenectomy. If this is not feasible, immunization is still advisable after splenectomy, because such patients are still capable of mounting a protective antibody response. One-time re-immunization with the pneumococcal vaccine is advised in asplenic persons 5 years after the time of initial vaccination. Penicillin prophylaxis is advised in asplenic patients to prevent pneumococcal disease (see section on "Prophylaxis Against Pneumococcal Infection").

Corticosteroids and Other Lymphotoxic Agents

High-dose corticosteroids have profound effects on the distribution and function of neutrophils, monocytes, and lymphocytes. In patients with

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cancer, corticosteroids are seldom the only immunosuppressive agents being administered, and it is therefore difficult to delineate the degree of impairment in host defense elicited by the corticosteroid regimen alone. The risk of infections is a function of the dose and duration of corticosteroids, co-existing immunodeficiencies (such as neutropenia and use of other immunosuppressive agents), and the status of the malignancy. Corticosteroids blunt fever and local signs of infection, such as peritonitis.

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Lymphocyte-depleting agents increase the risk of common and opportunistic infectious diseases. Fludarabine is a fluorinated analogue of adenine that has been used in a variety of hematologic malignancies. Fludarabine is a lymphotoxic compound, primarily affecting CD4+ lymphocytes. The combination of fludarabine and corticosteroids is more immunosuppressive than either agent alone.³⁰ Fludarabine plus prednisone results in a uniform depression of CD4+ cells that may persist for several months after completion of therapy.³¹ In one series. 14 of 264 patients (5%) with CLL developed either Pneumocystis jirovecii (previously Pneumocystis carinii) pneumonia (PCP) or listeriosis, and 3 cases occurred more than 1 year after therapy in patients who were in remission.³¹ When used alone, purine analogs (such as fludarabine, clofarabine) are associated with an intermediate risk for infection; however, when combined with other immunosuppressive or cytotoxic agents, purine analogs are associated with a high risk for infection (see INF-1).³²

Patients with hematologic malignancies and allogeneic HSCT recipients are being treated with increasing frequency using novel monoclonal antibodies that cause a depletion of lymphocyte subsets. Alemtuzumab (Campath-1H) is a humanized monoclonal antibody that targets CD52, which is abundantly expressed on most normal lymphocytes. This agent has been used most extensively in patients with CLL who have failed fludarabine therapy. Alemtuzumab causes prolonged and severe lymphopenia in all patients; it causes grade 3 or 4 neutropenia in 70% of patients.

Four weeks after initiation of alemtuzumab, the median CD4+ count was 0/mcL and 6 months after discontinuation, the count was 238/mcL in previously untreated patients

(http://www.accessdata.fda.gov/drugsatfda_docs/label/2007/103948s50 70lbl.pdf). The CD8+ counts also changed in a similar manner. In some patients, CD4+ and CD8+ counts did not reach baseline levels until more than 1 year after alemtuzumab therapy. Infections are a substantial cause of morbidity and mortality in alemtuzumab recipients; most infections occurred in patients with CLL refractory to alemtuzumab.³³ Bacterial, viral, fungal, mycobacterial, and *P.jirovecii* infections are observed. Prophylaxis with trimethoprim/sulfamethoxazole (TMP/SMX) and with an antiviral agent active against HSV (acyclovir, famciclovir, or valacyclovir) should be administered from the time of alemtuzumab initiation until at least 2 months after completion of therapy or until the CD4 count is 200/mcL or more, whichever occurs later.

Cytomegalovirus (CMV) reactivation occurs in a substantial number of alemtuzumab recipients (range, 10%-50%) and occurs most commonly between 3 and 6 weeks after initiation of therapy when T-cell counts reach a nadir. The NCCN panel recommends surveillance for CMV reactivation using polymerase chain reaction (PCR) or antigen-based methods in alemtuzumab recipients from the time of initiation until at least 2 months after completion of therapy or until the CD4 count is 100/mcL or more, whichever occurs later. This CD4 count was selected based on the experience in patients with advanced acquired immunodeficiency syndrome (AIDS) where CMV disease is uncommon with a CD4 count greater than 100/mcL.³⁴ Pre-emptive anti-CMV therapy is recommended in those who demonstrate reactivation of the virus by surveillance methods (see INF-6). However, the Infectious

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Diseases Working Party (AGIHO) of the German Society for Hematology and Oncology (DGHO) does not recommend CMV surveillance in alemtuzumab recipients.³⁵

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Hematopoietic Stem Cell Transplantation

Autologous HSCT recipients have fewer infectious complications than allogeneic recipients. Most infections in autologous HSCT recipients occur during neutropenia or within the first few months after transplantation before reconstitution of cellular immunity. However, CD34 enrichment of autografts leads to a substantial reduction in T-cells, natural killer cells, and monocytes, compared with unmanipulated autografts, which delays immune reconstitution. Recipients of CD34-enriched autografts appear to be at a similar level of risk as allogeneic HSCT recipients for CMV and other opportunistic infections.³⁶

The spectrum of pathogens to which allogeneic HSCT recipients are most susceptible follows a time line corresponding to the predominant immune defects. In the first month after HSCT, neutropenia is the principal host defense defect, which predisposes patients to bacterial, fungal, and viral infections. After myeloid engraftment, qualitative dysfunction of phagocytes persists due to corticosteroid and other immunosuppressive agents. The risk of infection by opportunistic viruses and filamentous fungi (molds) during this period is strongly associated with the severity of GVHD and with the requirement for potent immunosuppressive regimens.

Defects in cell-mediated immunity persist for several months even in uncomplicated allogeneic HSCT recipients, predisposing them to common bacterial and viral infections and to multiple opportunistic infections (e.g., candidiasis, invasive mold infections, *P.jirovecii*, *Cryptococcus neoformans*, dimorphic fungal infections [such as, histoplasmosis and coccidioidomycosis], HSV, CMV, herpes zoster, Epstein-Barr virus-associated lymphoproliferative disease, community respiratory viruses, legionellosis, listeriosis, nocardiosis, toxoplasmosis, and mycobacterial diseases). Whereas mature and cooperative T- and B-cell functions are usually reconstituted by 1 to 2 years after engraftment, chronic GVHD is associated with persistently depressed cell-mediated and humoral immunity.

Defective reconstitution of humoral immunity is a major factor contributing to increased infection susceptibility in the late transplant period. Winston and colleagues³⁷ noted a high frequency of pneumococcal infections between 7 and 36 months after transplantation, associated with serum opsonic deficiency for *S.pneumoniae*. Kulkarni and colleagues³⁸ reported that pneumococcal sepsis occurred a median of 10 months after transplant (range, 3 to 187 months) and was significantly more frequent in patients with chronic GVHD.

Guidelines from the CDC recommend that allogeneic bone marrow transplant recipients with severe hypogammaglobulinemia (IgG < 400 mg/dL) and with recurrent infections receive intravenous immunoglobulin (IVIG) prophylaxis; IVIG is not recommended in other patient groups or in autologous HSCT recipients routinely.¹⁶ The CDC has published guidelines on vaccination of HSCT recipients and household members to prevent infections following transplantation.¹⁶

Allografts from human leukocyte antigen (HLA)–matched unrelated donors, partially mismatched related donors, and cord blood are associated with a higher risk of GVHD. T-cell depletion delays immune reconstitution and, consequently, carries a greater risk of infectious complications, most notably opportunistic viral³⁹ and fungal⁴⁰ pathogens. Cord blood transplant recipients may have a higher risk of infections than other allograft recipients during the early transplant period because of slower myeloid engraftment.

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Management of Neutropenic Patients With Fever

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The definitions of F&N in these NCCN clinical guidelines are consistent with those developed by the Infectious Diseases Society of America (IDSA) and the U.S. Food and Drug Administration (FDA) for evaluating antimicrobial therapy for F&N.³ *Fever* is defined as a single temperature 38.3°C or more orally or 38.0°C or more over 1 hour in the absence of an obvious cause. Although uncommon, a patient with neutropenia and signs or symptoms of infection (i.e., abdominal pain, severe mucositis, perirectal pain) without fever should be considered to have an active infection. The concomitant administration of corticosteroids may also blunt the fever response and any localizing signs of infection. The NCCN guidelines define *neutropenia* as either 1) an absolute neutrophil count (ANC) less than 500/mcL, or 2) an ANC less than 1000/mcL and a predicted decline to 500/mcL or less over the next 48 hours.

Initial Evaluation

The initial evaluation should focus on determining the potential sites and causative organisms of infection and on assessing the patient's risk of developing an infection-related complication (see <u>FEV-1</u>). A sitespecific history and physical examination should be performed promptly, cultures should be obtained, and empiric antibiotics started soon after the time of presentation. The common sites of infection for patients with F&N (such as the alimentary tract, groin, skin, lungs, sinus, ears, perivagina, perirectum, and intravascular access device sites) should be thoroughly assessed. Other important historical features to consider include major comorbid illness, medications, time since last chemotherapy administration, recent antibiotic therapy, and exposure to infections from household members.

Initial laboratory/radiology evaluation should include a complete blood count with differential analysis, platelets, blood urea nitrogen, creatinine, electrolytes, total serum bilirubin, liver-associated enzymes, and renal function tests. Oxygen saturation and urinalysis should be considered, depending on symptoms. Chest radiographs should be done for all patients with respiratory signs or symptoms; however, radiographic findings may be absent in neutropenic patients with pulmonary infection.⁴¹

Cultures

Culture specimens should be collected during or immediately after completing the examination. Two blood samples should be cultured. When obtaining blood cultures, there are 3 options: 1) one set can be obtained peripherally and one can be obtained from a central venous catheter (if present); 2) both sets can be obtained peripherally; or 3) both sets can be obtained through the catheter (see FEV-1). The positive predictive value of a catheter culture is less than a peripheral culture. The approach of obtaining blood for culture from both the central catheter and peripherally may help determine whether the venous access device (VAD) is the source of bloodstream infection based on the differential time to positivity.⁴² However, some experts recommend that only blood from the VAD needs to be obtained for culture, without the requirement for a peripheral vein blood culture.⁴² A meta-analysis has shown little clinical use for 2-site culturing in patients with cancer who have a VAD, and poor patient acceptance of peripheral venipunctures when a VAD is in place.⁴³ The panel consensus is that the volume of blood for culture is the most important aspect of blood culturing, but the need for the performance of cultures from both peripheral and central sites remains unclear.

In the absence of lesions or clinical signs and symptoms, routine cultures of the anterior nares, oropharynx, urine, stool, and rectum are rarely helpful. Diarrheal stools felt to be infectious should be tested for the presence of *Clostridium difficile*.⁴⁴ In patients with diarrhea, consider testing for rotavirus and norovirus in winter months and during outbreaks. Symptoms of urinary tract infection should be evaluated with a urinalysis and culture. Vascular access site inflammation or drainage

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should be cultured. Biopsy with microbiologic and pathologic evaluation should be considered for new or undiagnosed skin lesions. Viral cultures of mucosal or cutaneous lesions may identify HSV infections. In patients with symptoms of respiratory viral infection, viral cultures and rapid viral antigen testing of the nasopharyngeal secretions can be useful during local outbreaks of such infections.^{45,46} However, note that rapid immunofluorescent viral antigen tests may be negative for H1N1 (swine flu).

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Initial Empiric Antibiotic Therapy

The foundation of infection management is to administer empiric antibiotics in patients with F&N. This is necessary, because currently available diagnostic tests are not sufficiently rapid, sensitive, or specific to identify or exclude microbial causes of fever from other noninfectious causes. All neutropenic patients should be treated empirically with broad spectrum antibiotics promptly at the first sign of infection (i.e., fever). This is done to avoid the mortality associated with a delay in treatment in those patients who have a serious infection.^{3,22} Many highly effective antibiotic regimens are available, and those that are recommended are supported by randomized clinical trials.

Selection of initial therapy should consider the following (see <u>FEV-2</u>):

- The patient's infection risk assessment (see FEV-3)
- The antimicrobial susceptibilities of pathogens isolated locally
- The most common potentially infecting organisms, including antibiotic-resistant pathogens, such as extended spectrum betalactamase-producing Gram-negative rods, vancomycin-resistant enterococcus (VRE), and colonization with or previous infection with methicillin-resistant *S.aureus* (MRSA).
- The potential sites of infection
- The importance of a broad spectrum bactericidal antibiotic regimen that includes antipseudomonal coverage

- Clinical instability (e.g., hypotension, organ dysfunction)
- Drug allergy
- Recent antibiotic use (including prophylaxis)

Recommended Approaches

The panel considers each of the following approaches to initial empiric management of febrile neutropenia to be appropriate based on the results of large, randomized controlled clinical trials.^{1,3,22}

The first approach is intravenous (IV) antibiotic monotherapy (all category 1 except where noted) with either imipenem/cilastatin, meropenem, piperacillin/tazobactam, or an extended-spectrum antipseudomonal cephalosporin (cefepime or ceftazidime [category 2B]).^{4,47-50} Local institutional bacterial susceptibilities should be considered when selecting empiric antibiotic therapy. At hospitals where infections by antibiotic resistant bacteria (e.g., MRSA or drug-resistant Gram-negative rods) are commonly observed, policies on initial empirical therapy of neutropenic fever may need to be tailored accordingly.

A meta-analysis of randomized trials involving cefepime reported that cefepime was associated with increased all-cause mortality when used for empiric therapy for neutropenic fever, although no increase in infection-related mortality was noted.^{51,52} A recent meta-analysis by the FDA, using additional data beyond what was used in the Yahav study, did not find a statistically significant increase in mortality for cefepime-treated patients compared with controls. Thus, the FDA has concluded that cefepime remains appropriate therapy for its approved indications based on the results of the FDA's meta-analysis

(<u>http://www.fda.gov/Drugs/DrugSafety/PostmarketDrugSafetyInformatio</u> <u>nforPatientsandProviders/DrugSafetyInformationforHeathcareProfessio</u> <u>nals/ucm167254.htm</u>). The FDA is continuing to review the safety of cefepime, but the results may not be available for at least 1 year.

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The second approach is IV antibiotic combination therapy using 3 options: (1) an aminoglycoside plus an antipseudomonal penicillin (with or without a beta-lactamase inhibitor) (category 1); (2) ciprofloxacin plus an antipseudomonal penicillin (category 1);⁵³ or (3) an aminoglycoside plus an extended-spectrum antipseudomonal cephalosporin (ceftazidime or cefepime).⁵³⁻⁵⁵

Aminoglycoside use carries the inherent risk of renal and otic toxicity. Avoiding these toxicities requires careful monitoring and necessitates frequent reassessment, but once-daily aminoglycoside dosing is associated with less renal toxicity than shorter interval dosing.⁵⁶ Oncedaily aminoglycoside dosing should probably not be used for treating meningitis or endocarditis based on inadequate clinical data.

For patients at high risk for *Pseudomonas* infections (such as, history of previous *Pseudomonas* infections or presence of ecthyma gangrenosum), initial combination therapy with the most active antipseudomonal agents available in the local setting should be considered.

The third approach is the addition of IV vancomycin for specific indications either to IV monotherapy or to combination therapy (see section on "Empiric Vancomycin Therapy"). Support for the judicious use of vancomycin has developed because of the increased frequency of beta-lactam–resistant Gram-positive infections caused by MRSA, most coagulase-negative staphylococci, penicillin-resistant viridans group streptococci and enterococci, and *Corynebacterium jeikeium*. However, vancomycin should be reserved for specific indications and should not be considered as a routine component of initial therapy for F&N (see FEV-D).

Empiric Addition of Vancomycin

Considerable debate has occurred about the use of empiric vancomycin in patients with F&N. The clinical concern has been that a

portion of infections caused by Gram-positive pathogens can be fulminant and lead to rapid death in patients who are not treated promptly with appropriate antibiotics. However, a large, prospective, randomized trial from the European Organization for Research and Treatment of Cancer failed to show true clinical advantages for empiric vancomycin in adults.⁵⁷ This study reported that empiric vancomycin decreased the number of days the patients had fever but did not improve survival. The study also showed that empiric vancomycin was associated with an increased incidence of nephrotoxicity and hepatotoxicity. A prospective randomized trial of F&N in children has reported benefit for empiric vancomycin;⁵⁸ however, another randomized study in children failed to show a benefit for the addition of vancomycin.⁵⁹

The major concern surrounding the uncontrolled use of vancomycin has been the emergence of vancomycin-resistant organisms, especially enterococci.⁶⁰ Reports of vancomycin-resistant and vancomycinintermediate sensitive *S.aureus* are currently rare but are of key concern, and they underscore the need for judicious vancomycin use.⁶¹⁻⁶³ The increase in vancomycin resistance has been associated with use of vancomycin among hospitalized patients. The guidelines panel advises practitioners to adopt the recommendation of the Hospital Infection Control Practices Advisory Committee (HICPAC) of the CDC for preventing the spread of vancomycin resistance.^{64,65} Because of the increased risk of vancomycin-resistant organisms, empiric vancomycin use should be considered only in patients at high risk for serious Gram-positive infection, and should not be considered as a routine component of initial therapy for F&N. Vancomycin should be considered in the following clinical situations (see <u>FEV-D</u>):

 Clinically apparent, IV catheter-related infection (to cover coagulasenegative staphylococcal isolates, which are usually beta-lactam antibiotic-resistant and MRSA).^{66,67}

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• The patient's blood cultures are positive for Gram-positive bacteria before final identification and susceptibility testing.

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- Known colonization with penicillin/cephalosporin-resistant pneumococci or MRSA
- Clinical instability (e.g., hypotension or shock) develops in the patient, pending the results of cultures.^{68,69}
- Soft tissue infection (particularly in regions where MRSA infection is common)⁷⁰
- Risk factors for viridans group streptococcal bacteremia (category 2B): severe mucositis (e.g., associated with cytarabine) and prophylaxis with ciprofloxacin or TMP/SMX.

If empiric vancomycin is initiated in any of these situations, its use should be reassessed within 2 to 3 days of initiation. If a resistant Gram-positive pathogen is not identified, consider discontinuing vancomycin. Recent authoritative guidelines have been published on dosing and therapeutic monitoring of vancomycin.⁷¹

In patients with acute leukemia receiving mucotoxic regimens, prophylaxis with ciprofloxacin and TMP/SMX have been associated with an increased risk of viridans group streptococcal infections.⁷²⁻⁷⁴ The broad spectrum, Gram-negative bacillary coverage and limited Gram-positive pathogen activity of these drugs likely predispose to GI colonization and subsequent infection with such organisms.^{75,76} It is unknown whether prophylaxis with newer generation fluoroquinolones (e.g., levofloxacin), which have increased activity against Gram-positive bacteria compared to ciprofloxacin, will increase the risk of breakthrough viridans group streptococcal infections.

Although bloodstream infections by viridans group streptococci resistant to all beta-lactams are observed in patients with cancer, cefepime, imipenem/cilastatin, meropenem, and piperacillin-tazobactam have more reliable activity than ceftazidime against viridans group streptococci.⁷⁷ Addition of vancomycin produced no benefit compared to placebo with regard to defervescence, episodes of Gram-positive bacteremia, or use of empiric antifungal therapy in patients with hematologic malignancies and in HSCT recipients with neutropenic fever of unknown etiology that persisted for 48 to 60 hours after initial empiric piperacillin-tazobactam.^{78,79} A smaller randomized, placebocontrolled study did not show any advantage after adding teicoplanin (a glycopeptide antibiotic similar to vancomycin) in patients with neutropenic fever that persisted after 3 to 4 days of empiric imipenem/cilastatin.⁸⁰ In patients with neutropenic fever and severe mucositis who are receiving imipenem/cilastatin, meropenem, or piperacillin/tazobactam (i.e., antibiotics with activity against oral flora), it does not appear that the addition of vancomycin is advantageous. Thus, the NCCN panel strongly recommends that vancomycin should not be routinely added to an empiric regimen solely based on persistent neutropenic fever of unknown etiology.

Agents With Broad Spectrum Activity Against Gram-Positive Pathogens Linezolid, daptomycin, and quinupristin/dalfopristin are active against the majority of Gram-positive organisms, including beta-lactamresistant and vancomycin-resistant pathogens.⁸¹⁻⁸⁵ The panel recommends that the use of these drugs be limited to specific situations involving infections caused by documented vancomycin-resistant organisms, or for patients in whom vancomycin is not an option (see FEV-D). Although studies have been published in patients with neutropenia, the NCCN panel strongly recommends that these agents not be used routinely as empiric therapy for neutropenic fever because of concerns about emergence of resistance and toxicity.

Resistance of Gram-positive organisms to linezolid is infrequent, but this agent needs to be used cautiously in patients with compromised bone marrow function because of the marrow toxicity associated with long-term use of linezolid. Thrombocytopenia is most common (0.3% to

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10%) and increases with the duration of use. In neutropenic patients with cancer, myeloid recovery does not seem to be delayed with short courses of linezolid;^{86,87} however, experience with long durations of therapy (e.g., more than 14 days) is limited in cancer patients. Vancomycin or linezolid should be used for treatment of MRSA pneumonia in ventilated patients;⁸⁸⁻⁹¹ The FDA issued an alert about linezolid indicating that it is not approved for treatment of catheterrelated infections, catheter-site infections, or Gram-negative infections(http://www.fda.gov/downloads/Drugs/DrugSafety/Postmarket DrugSafetyInformationforPatientsandProviders/ucm126260.pdf). In an open-label randomized study, patients treated with linezolid had a higher chance of death compared with those receiving vancomycin, oxacillin, or dicloxacillin for intravascular catheter-related infections with 1) Gram-negative agents alone; 2) both Gram-positive and Gramnegative organisms; or 3) no infection. No mortality difference by treatment was found among those who had Gram-positive infections alone.

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Daptomycin is effective against most Gram-positive pathogens, but it should not be used for treatment of pneumonia, because it is inactivated by pulmonary surfactant.^{92,91} Daptomycin is indicated for the treatment of complicated skin and skin structure infections caused by susceptible strains of certain Gram-positive microorganisms.^{93,94} A randomized study showed similar efficacy of daptomycin compared with vancomycin or anti-staphylococcal beta-lactams as therapy for *S.aureus* bacteremia and endocarditis.⁹⁵

Quinupristin/dalfopristin is active against *S.aureus* (including MRSA) and *Enterococcus faecium* (including vancomycin-resistant strains) but is inactive against *Enterococcus faecalis*. Use of quinupristin/dalfopristin has been limited because of the high frequency of substantial musculoskeletal symptoms.⁹⁶ Optimal therapy for VRE infections is not well defined. Linezolid, quinupristin-dalfopristin (active against *E. faecium*, but not *E. faecalis*), and daptomycin have been used in VRE bloodstream infections in patients with cancer with variable success rates.^{86,96,97} Removal of an infected catheter should always be strongly considered. In the absence of more definitive data, therapy with one of these agents is advised for VRE bacteremia. Other antibiotics (e.g., dalbavancin, telavancin, oritavancin, ceftobiprole [a cephalosporin]) with broad spectrum activity against Gram-positive bacteria (including MRSA) are in clinical development.

Tigecycline has activity against clinically relevant resistant Grampositive (including VRE and MRSA) and the majority of Gram-negative pathogens but is not active against *P.aeruginosa*. It is effective in complicated skin infections, soft tissue infections, and intraabdominal infections in non-neutropenic patients. Tigecycline has not been evaluated in clinical trials in patients with cancer and specifically should not be used as single-agent therapy in neutropenic patients given its lack of anti-pseudomonal activity. The combination of tigecycline and an antipseudomonal drug may be considered in patients with cancer with refractory or multi-drug resistant infections.⁹⁸ Other antibiotics (e.g., dalbavancin, telavancin, oritavancin, ceftobiprole [a cephalosporin]) with broad spectrum activity against Gram-positive bacteria (including MRSA) have received FDA approval or are in clinical development.

Initial Empiric Therapy for Patients Who Are Clinically Unstable

Sepsis is suggested by signs of clinical instability including hypotension, tachypnea, new or worsening tachycardia, mental status changes, decreased urine output, and organ dysfunction. Initial therapy for sepsis should broadly cover pathogens that are likely to cause sepsis while minimizing the potential for inadequate treatment (see "Surviving Sepsis Campaign guidelines").⁶⁸ Unlike the stable patient

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with neutropenic fever, modifying antibiotics based on culture data may not be possible for the patient with sepsis if the initial regimen does not provide adequate coverage. The antibiotic regimen should be modified, if necessary, after culture results and susceptibility are known.

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The initial empiric regimen for the neutropenic patient with clinical instability may include a broad spectrum beta-lactam (e.g., imipenem/cilastatin, meropenem, or piperacillin-tazobactam) plus an aminoglycoside and vancomycin. Addition of fluconazole or an echinocandin should be strongly considered in patients not receiving antifungal prophylaxis. Local susceptibility patterns and recent antibiotic use should be taken into account when devising the antibiotic regimen.⁶⁸ At hospitals where infections by antibiotic resistant bacteria (e.g., MRSA or drug-resistant Gram-negative rods) are commonly observed, policies on initial empirical therapy of neutropenic fever may need to be tailored accordingly. Some experts also suggest that patients who have a history of *P.aeruginosa* colonization or of invasive disease should receive combination therapy with an antipseudomonal beta-lactam plus an aminoglycoside or ciprofloxacin.

In septic shock, rapid interventions need to be made. Fluid resuscitation, oxygen, invasive hemodynamic monitoring, and vasopressor agents may be required. Stress doses of hydrocortisone (IV 50 mg every 6 hours with or without fludrocortisone oral 50 mcg daily) have been associated with decreased mortality in patients with septic shock and with insufficient adrenal reserve.⁹⁹⁻¹⁰² Stress-dose steroids are recommended for patients with septic shock who require vasopressor support.^{68,103-106} High-dose steroids may be detrimental and should not be given.^{107,108}

In patients with severe sepsis, drotrecogin alfa (Xigris), or recombinant human activated protein C (APC), may provide a modest survival advantage for those at highest risk of death (APACHE II score, 25 or more), but this agent did not benefit lower risk patients or pediatric patients with shock.^{68,109-111} Bleeding is the major adverse effect of drotrecogin alfa; it has not been evaluated in neutropenic patients who may have an increased risk of bleeding from concomitant thrombocytopenia. The data are currently inadequate to make a recommendation about the efficacy or safety of this agent in neutropenic patients, or more generally, in patients receiving treatment for cancer.

Prognostic Factors in Patients With Bacteremia

Elting and colleagues have developed a classification system for bacteremias in febrile neutropenic patients based on size and presence of associated tissue involvement.¹¹² This classification system is based on an analysis of studies from the 1970s to 1990s. Complex bacteremias are associated with the lung, liver and spleen, kidney, colon, bone and joints, veins and heart, meninges, soft tissues with necrosis, or skin/soft tissue/wound/cellulitis greater than 5 cm. Simple bacteremias are associated with less tissue involvement (bacteruria, otitis, pharyngitis, soft tissue <5 cm). Complex infections associated with bacteremia decrease survival and, thus, have prognostic significance. At 21 days, 20% of patients with complex infections were dead compared to only 5% of patients with simple bacteremias (P<.0001). Profoundly neutropenic patients with simple bacteremias had a much higher response rate to antibiotics (94% versus 70%, P<.0001) compared to patients with complex bacteremias. Response to the initial antibiotic regimen and ultimate outcome were decreased in leukemia patients (those who presented with shock or patients with serum albumin <3.5 g/dL). The median time to deferve cence for patients with simple bacteremias was 50% of that observed for patients with complex bacteremias (2.5 versus 5.3 days, P<.0001).¹¹² Based on these and other studies, clinical criteria can be used to stratify patients with bacteremia into high- and low-risk strata shortly after the onset of the febrile neutropenic episode. These criteria in one combination or

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another have been used to select patients for risk-adjusted clinical trials of empiric antibiotic therapy.^{5-8,10,113-119}

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Empiric Antifungal Therapy in Persistent Neutropenic Fever

Empiric antifungal therapy for persistent febrile neutropenia unresponsive to broad spectrum antibacterial agents is used, because neutropenic patients are known to be at risk for invasive fungal infections, and because clinical examination and collection of cultures are not sufficiently sensitive for early detection of those infections.^{17,120-123} Traditionally, empiric antifungal therapy is initiated after 4-7 days of empiric antibiotic therapy for F&N, in patients who have remained febrile or have recrudescent fever. The concept of using empiric antifungal therapy was established in the 1970s and 1980s when about 20% of patients being treated for acute leukemia or undergoing HSCT would develop an invasive fungal infection due to Candida or Aspergillus species by day 20 of neutropenia.¹²⁴ The toxicity of amphotericin B limited its use as routine prophylaxis, which would entail exposing more patients to a toxic drug over a prolonged period than does empiric therapy. With the widespread use of fluconazole prophylaxis in the 1990s among high-risk patients with acute leukemia and in HSCT recipients, the incidence of invasive candidiasis in these patients decreased substantially, although breakthrough candidemia by fluconazole-resistant strains occurred.¹²⁵ Empiric antifungal therapy for neutropenic fever principally involved switching from fluconazole to amphotericin B to broaden the antifungal spectrum to include molds such as Aspergillus. Subsequently, liposomal amphotericin B (L-AMB) proved to be safer than and as effective as conventional amphotericin B for empiric antifungal therapy.¹²⁶

Based on the toxicity of amphotericin B products and the availability of safer and equally effective alternative agents, amphotericin B products were considered a category 2B recommendation for prophylaxis and empirical antifungal therapy for persistent or recurrent neutropenic fever

of unknown etiology. In cases where there is a stronger clinical suspicion of mold infection than neutropenic fever alone (e.g., a new pulmonary nodule in a patient with fever and prolonged neutropenia), then use of an amphotericin B formulation (or a mold-active azole or an echinocandin) should be considered pending additional diagnostic evaluation. In general, lipid formulations of amphotericin B are generally preferred over the conventional formulation, because they are less toxic.¹²⁷ This recommendation is stronger in patients with risk factors for acute renal failure, such as pre-existing renal disease, HSCT recipients, and co-administration of nephrotoxic agents.¹²⁸⁻¹³⁰

Fluconazole has been used successfully as empiric therapy for neutropenic fever^{131,132} in patients not receiving prophylaxis but is limited by lack of activity against molds. Intravenous followed by oral itraconazole solution was as effective as, but less toxic than, conventional amphotericin B when used as empiric therapy in an open, randomized study;¹³³ these results led to FDA approval of oral itraconazole solution for this indication. Intravenous itraconazole is no longer available in the United States

(http://www.fda.gov/downloads/Drugs/DrugSafety/DrugShortages/ucm0) 89427.pdf).¹³⁴ Itraconazole in the capsule formulation has erratic oral bioavailability and is therefore not suitable as empiric antifungal therapy. Itraconazole has negative inotropic effects and is contraindicated in patients with significant cardiac systolic dysfunction or a history of congestive heart failure.

Voriconazole was compared with liposomal amphotericin B (L-AMB) in an open, randomized study of empiric antifungal therapy (n=837 patients, 72% with hematologic malignancies).¹³⁵ The overall success rates for preventing invasive fungal infections were 26% with voriconazole and 31% with L-AMB. Empiric voriconazole was associated with fewer breakthrough fungal infections (1.9% versus 5.0%), with the greatest protective benefit occurring in pre-specified

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high-risk patients (relapsed acute leukemia and allogeneic HSCT). Because the noninferiority of voriconazole versus L-AMB was not demonstrated in this study based on prespecified criteria, voriconazole did not receive FDA approval for use as empiric therapy.¹²¹ Voriconazole is an option (category 2B) for empiric therapy in patients at high risk for invasive mold infection.

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Echinocandins are active against Candida and Aspergillus species but have unreliable activity against most other opportunistic fungi. Caspofungin was compared with L-AMB as empiric therapy for fungal infections in a randomized double-blind study of 1095 patients.¹³⁶ The overall success rates were 34% in both caspofungin and in L-AMB recipients. The proportion of patients who survived at least 7 days after therapy was greater in the caspofungin group (92.6% versus 89.2%, P=.05). The rates of breakthrough fungal infections and resolution of fever during neutropenia were similar in the 2 groups. In patients with a baseline invasive fungal infection, mortality was 11% in caspofungin and 44% in L-AMB recipients, respectively (P<.01). Drug-related toxicities and premature withdrawals because of drug-related adverse events were significantly lower in caspofungin recipients. This study strongly supports caspofungin as an option for empiric antifungal therapy. The other echinocandins, anidulafungin and micafungin, have not been studied specifically for empiric antifungal therapy; however, some panel members would consider them to likely be effective, based on the data for caspofungin.

It is unclear whether patients who are already receiving mold-active prophylaxis should subsequently receive empiric antifungal therapy with an additional or different antifungal solely based on persistent neutropenic fever.¹³⁷ One approach has been to evaluate such patients with a high resolution computed tomography (CT) scan of the chest, in search of lesions suspicious for invasive fungal disease. CT scanning in this setting has not been validated but it is a reasonable approach,

along with careful physical examination and blood cultures, in an effort to identify a source of persistent unexplained fever in the neutropenic patient. Laboratory markers (such as serum galactomannan and betaglucan) have important limitations, including falsely negative results in some patients already receiving prophylactic or empiric antifungals^{138,139} (see "Early Diagnosis of Invasive Fungal Infections"). A meta-analysis showed the sensitivity of the galactomannan test for proven aspergillosis to be only 70% among patients with hematologic malignancies and 82% among stem cell transplant recipients; another meta-analysis assessed cut-off values.¹⁴⁰ However, these antigenbased assays have a high negative predictive value in the absence of mold-active antifungal therapy.

In patients receiving only yeast-active prophylaxis with fluconazole or no antifungal prophylaxis, empiric antifungal trials have shown that approximately 5% have baseline invasive fungal infections at the time of enrollment.^{135,136} Empiric antifungal therapy with anti-mold activity would be expected to benefit these few patients without incurring greater risk of toxicity.

Pre-emptive antifungal therapy uses characteristic changes in chest or sinus CT scans, laboratory markers, or both to trigger modification of the antifungal regimen, rather than providing empiric antifungals to all persistently febrile neutropenic patients. Maertens and colleagues¹⁴¹ evaluated the strategy of fluconazole prophylaxis in high-risk neutropenic patients followed by switching to L-AMB based on such pre-specified triggers, including serially positive serum galactomannan tests, a bronchoalveolar lavage (BAL) showing mold, and/or suggestive chest CT in patients with persistent fever or with signs of invasive fungal infection. Directed antifungal therapy was given to 7.7% (9/117) of patients rather than up to one third of patients who might have received it on the basis of fever alone. In a randomized trial of patients with neutropenic fever, a preemptive strategy was associated with an

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increased incidence of invasive fungal infections without an increase in overall mortality and decreased cost of antifungal drugs compared to empirical antifungal therapy.¹⁴² Taken together, the panel considers the evidence supporting pre-emptive antifungal therapy to be too preliminary to support its routine use.

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Follow-up of Patients With Neutropenic Fever

Daily evaluation by a health care professional who is experienced in treating patients with F&N is essential (see FEV-8). The daily examination should focus on a site-specific assessment, and an infectious disease consultation should be considered for all complicated cases or progressive infections. Time to defervescence ranges from 2 to 7 days (median, 5 days) for febrile cancer patients with neutropenia who receive appropriate initial antibiotic therapy.¹⁴³ This rate of fever response should be considered when assessing the need to adjust initial antibiotics; random additions or changes for persistent fever are discouraged in the absence of additional clinical or microbiologic evidence. The expected slow defervescence of fever also complicates decisions regarding the need for repeat blood cultures. Although some experts recommend daily blood cultures until the patient becomes afebrile, increasing evidence suggests that daily blood cultures are unnecessary in stable neutropenic patients with persistent fever of unknown etiology.¹⁴⁴

Current bacterial blood culture systems (such as the BACTEC[™] continuous-monitoring culture system) can detect 90% to 100% of bacterial bloodstream pathogens within 48 hours of culture. For this reason, ordering additional cultures routinely before obtaining the results from the initial series is discouraged. Daily review of previously obtained cultures is critical, and the panel recommends documenting clearance of bloodstream bacterial or fungal infections with repeat blood cultures.¹⁴⁵

Evaluation of Response and Duration of Therapy

The duration of antimicrobial therapy, in general, is dictated by the 1) underlying site of infection; 2) causative organism(s); and 3) the patient's clinical condition, response to treatment and neutrophil recovery. It is generally recommended that antibiotics be continued until the ANC is 500 or more cells/mcL in cases of fever of unknown etiology. Documented infections are usually treated according to the site, pathogen, and at least until ANC recovery. The panel is limited by a lack of high-level evidence to formulate consensus about duration of treatment for all situations; however, general recommendations are given.

Patients With Documented Infection Sites or Pathogens Most experts recommend continuing antimicrobial therapy for documented infections at least until a patient's ANC recovers to 500/mcL or more (see FEV-10) but also recommend using a defined course of therapy appropriate for the specific infection. Thus, the duration of antimicrobial therapy may be longer than the duration of neutropenia in these patients. For example, most uncomplicated skin and soft tissue infections can be treated with 7 to 14 days of therapy. For most bacterial bloodstream infections, 7 to 14 days of therapy is usually adequate, with longer durations (10-14 days) recommended for Gram-negative bacteremias. A longer duration (10-21 days) of treatment is also usually indicated for infections of the lungs or sinuses and for bacteremias.¹¹² Complex intra-abdominal infections, such as typhlitis, should be treated until all evidence of infection has resolved, and the patient has recovered from neutropenia. Invasive mold infections (e.g., Aspergillosis) generally require a minimum of 12 weeks of treatment.

For all *S.aureus* bloodstream infections, a transesophageal echocardiogram (TEE) is recommended to help define the absence or presence of heart valve vegetations, and thus, to help define the

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duration of therapy as short (2 weeks after first negative blood culture) or long (4 to 6 weeks).^{67,146-149} A TEE is more sensitive and preferred when compared with a transthoracic echocardiogram (TTE).^{67,150} In patients with conditions that may increase the likelihood of complications (e.g., neutropenia, thrombocytopenia, mucositis), a TTE may be performed initially and, if negative, a TEE should be performed when safe. If a TEE is not feasible, a minimum 4-week course of IV antibiotics should be considered for *S.aureus* bloodstream infections.

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The duration of treatment for HSV (uncomplicated, localized disease to the skin) and varicella zoster virus (VZV; uncomplicated, localized disease to a single dermatome) infections is 7 to 10 days.¹⁵¹ Life-threatening infections, such as invasive fungi or CMV, require individualized courses of therapy that are often prolonged. The duration of anti-infective therapy may need to be extended if further chemotherapy is required while treating a significant infection. This may occur with infections that complicate leukemia or lymphoma treatments in which multiple cycles of intensive chemotherapy are required.

Patients with documented infections who become afebrile after the initiation of the empiric antibiotic regimen and who are at low risk for complications associated with infection may be candidates for outpatient antibiotic therapy. The regimen, whether oral or IV, should be appropriate for neutropenic fever and have activity against the specific infection.

Severe or Refractory Infections

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Patients with documented infection sites or pathogens who do not respond to initial antimicrobial therapy pose a difficult management challenge and are at increased risk of infection-associated morbidity and mortality. The panel strongly recommends that an infectious disease expert be consulted for all such patients. The lack of response may suggest an infection with a pathogen resistant to the antimicrobial therapy being used, inadequate serum or tissue levels of the antibiotic(s), infection at a vascular site (i.e., catheter or "closed space" infection), or emergence of a second infection. Some documented infections fail to respond to appropriate therapy because of associated profound neutropenia. If possible, treatment should be optimized using broad spectrum antibiotic combinations that minimize other organ toxicity.

Both the American Society of Clinical Oncology¹⁵² and the NCCN have quidelines for the use of prophylactic colony-stimulating factors (CSF) in neutropenic patients (see NCCN Myeloid Growth Factors Guidelines).¹⁵³ It is not clear whether these agents are useful as adjunctive therapy for established infectious diseases. Although the data supporting their use are limited, adjunctive therapy with granulocyte colony-stimulating factor (G-CSF) or granulocytemacrophage colony-stimulating factor (GM-CSF) should be considered (category 2B) in neutropenic patients with serious infectious complications such as pneumonia, invasive fungal infections, or any type of progressive infection (see FEV-F). Granulocyte transfusions may be considered (category 2B) in neutropenic patients with serious infectious complications, such as invasive fungal infections or gramnegative rod infection unresponsive to appropriate antimicrobial therapy. The panel notes that the benefit versus toxicity balance associated with granulocyte transfusions has not been established.

Patients With Persistent Neutropenia and Fever of Unknown Etiology A critical component of treating patients with fever of unknown etiology is daily clinical evaluation. Careful, daily, site-specific examinations should be performed by a health care professional who has experience and expertise in managing neutropenia and fever. Reassessment should include a review of all previous cultures and radiographs. If patients receive vancomycin as part of their initial empiric therapy, but they do not have a pathogen recovered or a site of infection identified justifying such treatment, then vancomycin should be discontinued.

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Patients with fever of unknown origin who become afebrile soon after starting empiric therapy may have empiric antibiotics discontinued with ANC recovery (500 or more neutrophils/mcL) as long as the neutrophil count is likely to continue to increase (patients are often receiving a growth factor). This recommendation assumes that the patient is clinically well and afebrile for at least 24 hours before antibiotic discontinuation. Patients who become afebrile but remain persistently neutropenic (less than 500 neutrophils/mcL) should receive a more prolonged course of antibiotic therapy until the neutropenia resolves (see FEV-11). Lower risk patients can also be switched to oral antibiotics until their neutropenia resolves (i.e., 500 mg ciprofloxacin every 8 hours plus 500 mg of amoxicillin/potassium clavulanate every 8 hours). Patients with recurrent fever should be reassessed promptly to determine the need for a change in their antibiotic regimen or for addition of antifungal therapy.

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Patients with a fever persisting beyond 4 days of initial antimicrobial therapy and with an unidentified source of infection should undergo reassessment of their antimicrobial therapy (see FEV-12). The need for a change in therapy should be based on the patient's clinical status and likelihood of imminent bone marrow recovery.

The clinically stable patient with persistent fever of unknown etiology may be safely watched without altering the initial antimicrobial therapy. Modifications of initial empiric antibiotic therapy should be based on specific new clinical findings and/or new microbiologic results; fever alone should not prompt changes in antimicrobial therapy. The major exception is the initiation of empiric antifungal therapy in patients who have persistent or recurrent fever after 4 to 7 days of empiric antibacterial therapy and who are not receiving mold-active prophylaxis (see "Empiric Antifungal Therapy"). Most experts advise continuing empiric antibiotic therapy until the absolute neutrophil count recovers.

Although fever resolution may be slow during neutropenia, persistent fever may result from a noninfectious etiology, such as drug fever. Persistent fever may also represent an inadequately treated infectious process, such as a nonbacterial infection (fungal or viral), a bacterial infection that is resistant to empiric antibiotics, a venous access or closed space infection, or inadequate antimicrobial serum levels. It is important to recognize that documented deep tissue infections may take longer than fever of unknown etiology to respond to antimicrobial therapy. In these cases, daily assessment of clinical improvement or failure depends on radiographic, culture and clinical examination data, and on the fever trends. Unusual infections (e.g., toxoplasmosis) may complicate neutropenia, particularly if immunosuppressive agents (e.g., high-dose corticosteroids) are also used. The panel strongly recommends an infectious disease consultation for these patients.

Development of Clinical Instability While Receiving Antibacterial Therapy

It is essential to recognize the early signs of breakthrough infections after the initiation of antibacterial therapy. Although persistent neutropenic fever alone is not an indication to modify the antibacterial regimen, signs of breakthrough infection should prompt additional evaluation and consideration to modify therapy.

New findings suggestive of sepsis (e.g., hypotension, tachycardia, mental status changes, organ dysfunction) require the following: 1) repeat physical examination to identify a source of infection; 2) repeat blood cultures; 3) consideration of radiologic studies; and 4) empiric modification of antimicrobial therapy pending culture results.⁶⁸ Information about the previous use of antibiotics and local sensitivity patterns of Gram-negative pathogens should guide empiric changes. Empiric addition of vancomycin is warranted in the unstable patient (see FEV-A, FEV-D). In patients receiving ceftazidime, the possibility of breakthrough infections (either from extended spectrum beta-

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lactamase–producing or from cephalosporinase-producing Gramnegative rods) should be considered and switching to imipenem/cilastatin or meropenem is appropriate pending culture results. *Stenotrophomonas maltophilia* or carbapenem-resistant *P.aeruginosa* may cause breakthrough sepsis in patients receiving imipenem/cilastatin or meropenem; consider empiric modification to a regimen containing piperacillin-tazobactam, an aminoglycoside, and TMP/SMX. In patients not receiving a systemic antifungal agent, addition of fluconazole or an echinocandin should be strongly considered for possible candidemia. The antibiotic regimen should then be tailored based on culture and radiologic results.

Outpatient Management of Patients With Neutropenic Fever

Initial Evaluation of Risk

Patients with neutropenia may be categorized into either a high- or lowrisk group^{10-13,113,114,154,155} using criteria that are derived either from validated clinical prediction rules based on risk models or from clinical trials eligibility criteria (see <u>FEV-3</u> and <u>FEV-E</u>).^{6,10,11,13,26,113,114,154,155} Risk assessment attempts to predict the probability that a neutropenic patient will experience serious complications during a febrile episode; risk assessment also helps determine whether the patient who is at low risk for serious complications could safely receive treatment outside of the hospital and receive initial empiric therapy with oral antibiotics.

Prospective trials have indicated that febrile neutropenic patients can be initially evaluated in the hospital, ambulatory clinic, or home and then treated effectively with broad spectrum IV, sequential IV /oral, or oral therapy.^{113-115,156} Only centers with the necessary infrastructure should treat low-risk patients in an outpatient setting, preferably in an investigational context.

Risk assessment should be performed as part of the initial evaluation (see FEV-3). The most accurate and recently validated prediction rule

to assess risk is from the Multinational Association of Supportive Care in Cancer (MASCC) (see <u>FEV-E</u>).^{157,158} It is also acceptable to employ risk assessment criteria that have been identified in large clinical trials to distinguish between patients at low and high risk for complications during the course of neutropenia.

The MASCC prediction rule does not consider the duration of neutropenia to be a deciding factor that influences the clinical course during the febrile episode; however, the panel acknowledges that some consideration of the duration of anticipated neutropenia may be helpful in risk assessment.

Duration of Neutropenia and Risk

For decades clinicians have regarded depth and duration of neutropenia as critical determinants of a patient's risk for infection. Once the relationship between the ANC and incidence of infections was demonstrated, the importance of increased neutrophil counts on outcomes was evident. In Bodey's original work, the fatality rate was highest (80%) in patients who initially started with neutrophil counts less than 100/mcL that did not change during the first week of infection compared to the lower rate (27%) in those patients who started out with neutrophil counts less than 1000/mcL, which then rose to greater than 1000/mcL.²³ Many clinical trials since then have reported that response rates to antibiotic regimens are highly influenced by trends in the neutrophil count during febrile episodes. In one study, the overall response rate was 73% if the initial neutrophil count increased compared to 43% if it decreased or remained unchanged (P<.00001).¹⁵⁹ The response rate in patients who were initially profoundly neutropenic (i.e., ANC<100/mcL) but who recovered from neutropenia was 67%, compared to only 32% in patients who remained profoundly neutropenic (P<.0001).

In 1988, Rubin and colleagues examined the influence of the duration of neutropenia on the response to empiric antimicrobial therapy in

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patients with fever of undetermined origin.¹⁶⁰ Patients with less than 7 days of neutropenia had response rates to initial antimicrobial therapy of 95%, compared to only 32% in patients with more than 14 days of neutropenia (P<.001); however, intermediate durations between 7 and 14 days had response rates of 79%.¹⁶⁰

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Clearly bone marrow recovery is a very important factor that influences outcome during the febrile neutropenic episode. Delayed bone marrow recovery might be anticipated in certain patient subsets (e.g., those who have received multiple cycles of myelosuppressive chemotherapy; patients with known bone marrow metastases; or patients who have received radiation therapy to the pelvis, spine, or long bones). Most patients with solid tumors have neutropenia lasting less than 7 days and are at much lower risk. Several studies have demonstrated the ability of clinicians to predict anticipated duration of neutropenia. In prospective randomized trials of oral versus IV antibiotics for patients at low risk, the predicted expected further duration of neutropenia was used as an eligibility criteria and clinicians were accurate more than 80% of the time.^{113,116} The duration of neutropenia can be one of several factors in selecting patients for outpatient management of neutropenic fever.

Evaluation of Patients for Outpatient Therapy for Neutropenic Fever

Outpatient therapy has become a common practice in low-risk patients with neutropenic fever. Several single-center clinical trials generally support the shift in care for low-risk patients to the outpatient setting; the hospital is not necessarily a safer place for low-risk patients, given the documented hazards of hospitalization.¹⁶¹ However, not all centers are equipped to attempt such outpatient treatment, and some patients with fever are not appropriate candidates. Early success with this type of therapy has been predicated on the ability to accurately determine an individual patient's risk of developing complications associated with

infection and on the presence of an adequate center infrastructure for the treatment and monitoring (see "Risk Assessment").

Once a patient's level of risk has been identified (see FEV-13 and FEV-E and "Risk Assessment"), it can then be used to determine the appropriate site of care and route of administration of broad spectrum antibiotics. The panel recommends that all high-risk patients receive hospital care with broad spectrum IV therapy. Low-risk patients may be treated in the hospital with oral or IV antibiotics, in an ambulatory clinic, or at home if adequate follow-up care can be provided (i.e., 24 hours per day, 7 days per week). Outpatient therapy should be considered only for low-risk patients who consent to home care, have a telephone, have access to emergency facilities, have an adequate and supportive home environment, and are within 1 hour's travel time of a medical center or physician's office. Outpatient therapy requires a period of early monitored assessment and an observation period of 2 to 12 hours (category 2B) (see FEV-13). The assessment requires a careful examination, review of laboratory results, review of social criteria for home therapy (as previously described), and assessment of whether oral antibiotics are feasible. The observation period is used to confirm the patient is low risk, to observe and administer the first dose of antibiotics, to monitor for reaction, to ensure the stability of the patient, to organize discharge plans to home and follow-up, to educate the patient, and to perform telephone follow-up within 12 to 24 hours. This assessment and observation can be performed during a short hospital stay or in an ambulatory facility or office staffed with qualified health care professionals. Providers who perform the early assessment and follow-up should be well trained (e.g., a physician, nurse, physician assistant, and/or nurse practitioner) and should have experience and expertise in managing F&N.

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Outpatient Regimens

Outpatient antimicrobial treatment may consist of broad spectrum IV antibiotics given at home or in the clinic, or an oral regimen for carefully selected patients.¹⁶² For selected low-risk patients, the combination of ciprofloxacin with amoxicillin/clavulanate (both at 500 mg every 8 hours) is considered the oral regimen of choice based on well-designed randomized trials (category 1) (see <u>FEV-14</u>). Although some of these trials were performed in an inpatient setting, they provide evidence of the efficacy of the oral combination compared with standard IV therapy in the low-risk population.^{5,113} Ciprofloxacin plus clindamycin is an acceptable alternative for penicillin-allergic patients.⁶ However, ciprofloxacin monotherapy is not considered by the panel to be an adequate broad spectrum agent because of the potential for serious breakthrough infections caused by viridans group streptococci.¹⁶³ Nonetheless, several small studies have used high-dose oral ciprofloxacin alone in low-risk patients with F&N.^{9,164,165}

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Ofloxacin was safe in low-risk patients with neutropenic fever in a randomized trial; an early death in a non-hospitalized patient in this trial underscores the need for close monitoring.¹¹⁶ Presumably, levofloxacin (which is the L-isomer of ofloxacin) would be equally effective. Many oncologists (50%) are using levofloxacin as empiric therapy for low-risk patients with febrile neutropenia.¹⁶⁶ A preliminary study suggested that moxifloxacin (a newer generation quinolone) may also be safe in low risk patients with neutropenic fever.¹⁶⁷

The panel feels that outpatient therapy with a fluoroquinolone should be based on reliable Gram-negative bacillary activity of the antibiotic that includes *P.aeruginosa* and local antibacterial susceptibilities. Ciprofloxacin plus amoxicillin/clavulanate (or ciprofloxacin plus clindamycin in penicillin-allergic patients) is the standard oral outpatient antibiotic regimen for low-risk patients with neutropenic fever. There is also evidence supporting quinolone monotherapy in this setting, but the panel feels that additional studies are required before such an approach can be routinely recommended. These recommendations for quinolone-based outpatient regimens for neutropenic fever only apply to low-risk patients who have not received a quinolone as prophylaxis. Intravenous therapy may also be used for outpatient treatment of lowrisk patients with F&N with treatment given either in the home or day clinic setting. Several IV outpatient regimens for low-risk patients have been studied in nonrandomized or small open trials, including IV ceftazidime, imipenem/cilastatin, and aztreonam plus clindamycin.^{6,113-115}

Once-daily ceftriaxone has been used for empiric antibiotic therapy in a few noncomparative studies in centers where *Pseudomonas* is not a common pathogen.¹¹⁹ However, most *P.aeruginosa* isolates are resistant to ceftriaxone. Although ceftriaxone combined with a once-daily aminoglycoside is a convenient regimen for outpatient IV administration, an aminoglycoside without an antipseudomonal beta-lactam may not be effective against *P.aeruginosa*, which remains an infrequent but potentially lethal pathogen. Therefore, the panel cannot recommend ceftriaxone with or without an aminoglycoside as empiric therapy for neutropenic fever. If this regimen is used, it should be restricted to low-risk patients at centers where *P.aeruginosa* infection is uncommonly observed. In addition to antimicrobial spectrum, other factors to consider in the choice of an outpatient regimen include stability of the reconstituted drugs, ability to manage IV infusions, and VADs.

Follow-Up of Outpatients With Fever and Neutropenia

Follow-up management can be performed at the patient's home or in the physician's office or clinic. The panel recommends that patients be assessed daily while febrile, although some experts feel that less frequent follow-up may be appropriate after fever defervescence (see FEV-14). A return to the clinic is recommended for any positive culture,

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for persistent or recurrent fever at 3-5 days, if serious subsequent infections or adverse events develop, or if the patient is unable to continue the prescribed antibiotic regimen (e.g., because of oral intolerance).

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Site-Specific Evaluation and Treatment of Infectious Diseases

The NCCN guidelines provide recommendations for site-specific evaluation and therapy for infections of the mouth and esophagus, sinuses, liver, abdomen, rectum, vascular access sites, lungs, skin/soft tissue, urinary tract, and central nervous system (CNS). This section is tailored to patients with neutropenia or those who are otherwise significantly immunocompromised (e.g., HSCT recipients).

Mouth and Esophageal Infections

The mouth and esophagus are common sites of infection in patients with F&N. This site predilection occurs because of the propensity of the mouth and alimentary tract mucosa to be disrupted by cytotoxic therapy, which can cause mucositis. Unfortunately, the characteristics of this disruption are not etiology specific, and important viral and fungal pathogens often can be distinguished only by microbiologic culture. Empiric antibiotic therapy must consider the endogenous anaerobic flora and the shift in oral flora, which occurs with serious illness or antibiotic use (see FEV-4). The increased frequency of HSV reactivation and severity of these infections in cancer patients are well known and preventable. The incidence of HSV reactivation in immunocompromised patients may approach 50% to 75%, but it is nearly zero in those who receive prophylaxis with appropriate antiviral agents.¹⁵¹ HSV infections are associated with more extensive mucosal damage, increased secondary infections, and significantly prolonged healing time. Baglin and associates reported that patients with F&N who experienced concomitant HSV reactivation and were treated with

appropriate antiviral therapy had a significant decrease in the number of days with fever.¹⁶⁸

Systemic or topical antifungal agents can be used to treat thrush. Because of the risk of candidemia, systemic antifungal therapy is advised in neutropenic patients. Fluconazole is recommended as firstline therapy for thrush. If patients do not respond, the dose of fluconazole can be increased to as high as 800 mg daily (in adults with normal renal function).¹⁶⁹ Although cross-resistance among azoles may occur, oral voriconazole, itraconazole, or posaconazole are reasonable oral options for thrush that is refractory to fluconazole. Echinocandins (such as, caspofungin, micafungin, or anidulafungin) can be used for patients with azole-refractory mucosal candidiasis. Amphotericin B formulations are also effective but are limited by toxicity.

Thrush along with retrosternal burning, chronic nausea, or odynophagia should raise suspicion for *Candida* esophagitis. However, *Candida* esophagitis may occur in the absence of oral thrush, especially in patients receiving oral topical antifungal agents. Definitive diagnosis of esophageal candidiasis is made by endoscopy. Empiric systemic antifungal therapy is often used to treat presumed *Candida* esophagitis.

The presence of thrush favors esophageal candidiasis in patients with symptoms compatible with esophagitis, although the symptoms of HSV and *Candida* esophagitis are similar. Other causes of esophagitis (e.g., radiation esophagitis, GVHD of the esophagus or stomach) also produce similar symptoms. A trial of fluconazole and acyclovir (5 mg/kg IV every 8 hours in patients with normal renal function) should be considered in neutropenic patients and other highly immunocompromised persons with symptoms that suggest esophagitis. CMV esophagitis is a rare complication of chemotherapy-induced neutropenia and is most commonly observed in allogeneic HSCT recipients with GVHD. Negative CMV surveillance results from antigenemia or PCR studies would make CMV disease very unlikely.

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Ganciclovir or foscarnet may be considered for patients at high risk for CMV disease with symptoms suggestive of esophagitis.

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For patients with esophagitis who do not respond to empiric therapy with these agents, careful upper endoscopy with platelet support (if required) may be considered to obtain cultures. Tissue biopsies are the gold standard of diagnosis of invasive esophageal infections. However, endoscopy and biopsy may be associated with complications in patients who are profoundly neutropenic and/or thrombocytopenic; therefore, the procedure should be done cautiously. Radiographic procedures, such as barium studies, are insensitive and add little clinically significant information; therefore, these procedures are not recommended.

Sinus or Nasal Infections

The sinuses are a common site of bacterial infection. Patients with severe and prolonged neutropenia (e.g., more than 10 days) and allogeneic HSCT recipients with GVHD are particularly predisposed to invasive mold infections. Cytotoxic therapy disrupts the natural cleansing mechanisms in the nasal passages and increases colonization. A preceding chronic infection may also become active in the setting of neutropenia. Sinusitis during the early neutropenic period (less than 7 days) is principally caused by respiratory and Gramnegative bacterial pathogens. In patients with longer duration neutropenia or in those receiving concomitant high-dose corticosteroid therapy, invasive mold infections are an important concern.

Initial symptoms of sinusitis may be mild. A high-resolution CT scan of the sinuses is the radiographic procedure of choice to evaluate patients with pain or tenderness of the sinuses, nasal erosions, unilateral facial swelling, unilateral eye tearing, or epistaxis. A magnetic resonance image (MRI) that includes evaluation of the orbit and cavernous sinuses is useful to evaluate proptosis of the eye or cranial nerve abnormalities. Bony erosion on CT scan suggests invasive fungal disease. Ear, nose, and throat (ENT) and ophthalmologic examinations should be performed for symptomatic patients with abnormalities on CT scan, with biopsy and culture of any abnormal tissues. Broad spectrum coverage for aerobes and anaerobes is appropriate for neutropenic and otherwise highly immunocompromised patients with sinus infections. Vancomycin (or another anti-Gram-positive agent) should be added for periorbital cellulitis, which is frequently caused by *S.aureus*.

Sinus endoscopy with biopsy and culture are often required to definitively establish the diagnosis and should be pursued aggressively in patients at high risk for mold infection. Invasive fungal sinusitis in patients with hematologic malignancies and with prolonged neutropenia is principally caused by Aspergillus species (A.flavus and A.fumigatus) and Zygomycetes. In a case-control study of invasive aspergillosis and zygomycosis in patients with acute leukemia and in allogeneic HSCT recipients, fungal sinusitis and use of voriconazole each favored a diagnosis of zygomycosis.¹⁷⁰ A lipid formulation of amphotericin B should be used for suspected or confirmed invasive sinus mold infection, pending definitive histology and culture results (see FEV-B). Posaconazole can be considered for salvage therapy or for intolerance to amphotericin B formulations; posaconazole is not approved by the U.S. FDA as either primary or salvage therapy for invasive fungal infections. Voriconazole (category 1) is the drug of choice for invasive aspergillosis.171-173 Urgent debridement of necrotic tissue should be performed, when feasible.¹⁷³

Abdominal, Rectal, and Liver Infections

Most infections in the abdomen, rectum, or liver are discovered because of a combination of clinical signs and symptoms (e.g., abdominal pain, perirectal pain, and diarrhea) and of biochemical abnormalities (e.g., abnormal liver function tests) (see <u>FEV-5</u>). These infections are usually diagnosed and managed based on the radiologic,

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GI, and surgical expertise of the treating oncology center. Improved imaging techniques (including ultrasonography, CT scans, MRI, and radionuclide and endoscopic procedures) have decreased the need for surgical intervention. The choice of diagnostic studies should be based on the clinical presentation and on relative clinical benefit.

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Antimicrobial therapy for GI infections must take into account the high likelihood of polymicrobial pathogens and the presence of the endogenous anaerobic GI flora. Acceptable therapeutic options in this setting include monotherapy with a carbapenem (imipenem/cilastatin, meropenem, doripenem, or ertapenem), piperacillin/tazobactam, or pairing ceftriaxone with metronidazole. In neutropenic patients, the antibiotic regimen should have antipseudomonal activity. Percutaneous aspiration and drainage should be performed, if feasible, for suspicious infected collections. Cholangitis may complicate obstructive tumors or previous hepatobiliary surgery. If cholangitis is suspected (patients have fever with or without abdominal tenderness and liver enzyme abnormalities compatible with obstruction), a CT scan should be performed to evaluate for biliary tract dilatation and for abscess or infected collections. An endoscopic cholangiogram is useful to document the level of obstruction; if present, endoscopic stent placement may resolve the obstruction, which is a key component in managing cholangitis.

The GI tract and central venous catheters are the principal portals of entry of systemic candidiasis. *Candida* species are components of the colonic flora in 30% to 60% of normal adults. Patients are susceptible to candidal bloodstream infection because of the mucosal damage induced with cytotoxic therapy and neutropenia.²⁸ Breaches in the GI tract after anastomotic leaks also predispose patients to candidal peritonitis and bloodstream infections, ¹⁷⁴ and antifungal prophylaxis (e.g., with fluconazole) should be considered.

Clostridium difficile Colitis

Clostridium difficile colitis is principally a complication of antibiotic therapy and hospitalization, but it is also a complication of neutropenia, occurring in about 7% of patients.¹⁷⁵ Diarrhea should be evaluated with at least 2 stool C.difficile toxin screens. The rate and severity of C.difficile colitis in the United States may be increasing, partly because of the emergence of a more virulent strain of C.difficile. Multiinstitutional outbreaks of C.difficile colitis have been reported that were associated with high morbidity and mortality; these outbreaks were caused by a distinct strain with variations in toxin genes and with resistance to fluoroquinolones.^{176,177} Early reports suggested that metronidazole cured nearly 90% of cases of C.difficile colitis, and the rate of recurrence was low. However, Musher and colleagues¹⁷⁸ reported that of 207 patients treated with metronidazole for C.difficile colitis, only 50% were cured and had no recurrence of disease. The panel recommends initial oral metronidazole for *C.difficile* colitis that is not severe.^{179,180} IV metronidazole should be used in patients who cannot take oral agents.

Oral vancomycin is not advised as routine initial therapy for *C.difficile* colitis because of the risk of selection for VRE and because of the substantial expense. However, oral vancomycin should be considered for more complicated cases, such as severe diarrhea, dehydration, clinical instability, significant co-morbidities, or recurrent or refractory *C.difficile* colitis. Efforts should be made to deliver vancomycin by the nasogastric route in patients with severe *C.difficile* colitis.^{180,181} Limited data suggest that IV metronidazole may be useful in this setting, and it is best used as an adjunct to oral vancomycin.^{182,183} Intravenous vancomycin is of no value in this setting because of inadequate luminal levels. Subtotal colectomy, diverting ileostomy, or colostomy may be required in cases involving toxic dilatation or perforation of the colon. Newer therapies—including the oral agents rifaximin and nitazoxanide—are under investigation.^{179,184} Multiple recurrences of

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C.difficile are a challenging problem in the cancer patient and may respond to a prolonged, tapering oral vancomycin dose over several weeks.¹⁸⁵

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Enterocolitis

Neutropenic enterocolitis is a serious, potentially life-threatening disease characterized by fever, diarrhea, and abdominal pain. When it occurs in the cecum, it is commonly referred to as typhlitis. The cecum is more vulnerable because of its size and shape, but any or all of the colon may be involved. CT scanning is the diagnostic study of choice and usually demonstrates thickening of the bowel wall. This illness has frequently been associated with acute leukemia, neutropenia, and intensive cytotoxic therapy. The differential diagnosis for this syndrome includes C.difficile colitis, CMV enteritis (most common in allogeneic HSCT recipients), and GI tract GVHD. Bloodstream infections and sepsis (frequently polymicrobial), bowel perforation, and hemorrhage may occur. The natural history of typhlitis is quite variable, but all patients should be assessed for C.difficile infection and should be treated with bowel rest and broad spectrum antibiotics, including coverage for *C.difficile*, aerobic pathogens, and anaerobic pathogens. Parenteral nutrition should be considered if clinical signs and symptoms do not resolve promptly. Approximately 5% of patients with typhlitis develop complications requiring surgical intervention (e.g., perforation, uncontrolled sepsis or rectal bleeding).¹⁸⁶ Consequently, the panel recommends that surgical and other subspecialty consultations be obtained early in the course of treatment.

Vascular Access Device Infections

VAD infections are common as a consequence of the ubiquity of VADs in patients undergoing intensive or cyclic chemotherapy. The risk of infection varies with the device used (long-term implanted catheters versus short-term central catheters), duration of placement, and extent of the patient's immunosuppression. Short-term central catheters impregnated with minocycline and rifampin or silver-chlorhexidine have been associated with fewer device-related bacterial infections.¹⁸⁷⁻¹⁹⁰ However, no studies have shown the value of these coatings for preventing infections in long-term, indwelling devices.¹⁹¹ A metaanalysis of prospective, randomized studies showed that use of a vancomycin lock solution in patients being treated with long-term central VADs reduced the risk of bloodstream infection.¹⁹² The panel does not currently endorse this practice because of concerns about the emergence of bacterial resistance if this approach were widely employed. The IDSA has recently published guidelines on the diagnosis and management of intravascular catheter-related infections.⁶⁷

VAD infections are categorized as entry or exit site infections, tunnel or port pocket infections, septic phlebitis, or catheter-associated bloodstream infections (see <u>FEV-5</u>). The majority of these infections are caused by Gram-positive pathogens, with coagulase-negative staphylococci recovered most frequently. Accordingly, IV vancomycin is recommended for those infections that are serious and clinically obvious.

Most VAD exit site infections can be treated effectively with appropriate antimicrobial therapy without the need for catheter removal. If clinical signs of catheter infection are present, a skin swab for culture from the exit site and blood cultures should be obtained. In a patient with neutropenic fever and clinical signs of a VAD-associated infection, an appropriate initial regimen would consist of an agent recommended for neutropenic fever (see <u>FEV-2</u>) and vancomycin (see <u>FEV-5</u>). Linezolid is not advised as routine therapy for catheter-related infections nor is it FDA-approved for this indication (see FDA alert:

http://www.fda.gov/downloads/Drugs/DrugSafety/PostmarketDrugSafety/ yInformationforPatientsandProviders/ucm126260.pdf). For a clinically apparent, serious, catheter-related infection (such as a tunnel or port

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pocket infection, or septic phlebitis), catheter removal should be performed immediately.

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Determining the role of the catheter in bloodstream infections is frequently difficult if local catheter inflammation is not evident. The differential time to positivity (DTP) method is a useful diagnostic tool for detecting VAD infections. Early positivity of central venous blood cultures predicts catheter-related bacteremia and may be used to avoid unnecessary catheter removal in critically ill patients. It was shown that a DTP of 120 minutes or more (between centrally and peripherally drawn blood cultures) is highly sensitive and specific for diagnosing catheter-related bacteremia.¹⁹³⁻¹⁹⁷ However, these studies were only performed in patients with removable catheters, not implanted catheters (e.g., Hickman or Mediport) that are frequently used in patients undergoing cancer treatment.

Most catheter-associated bloodstream infections respond to antimicrobial therapy alone without catheter removal, but immediate catheter removal is advisable for patients with bloodstream infections caused by fungi (yeasts or molds) or nontuberculosis mycobacteria (e.g., Mycobacterium chelonae, Mycobacterium abscessus, Mycobacterium fortuitum). Bloodstream infections caused by Bacillus organisms, Candida, S.aureus, Acinetobacter, C.jeikeium, P.aeruginosa, S.maltophilia, and vancomycin-resistant enterococci may be difficult to eradicate with antimicrobial therapy alone; therefore, catheter removal should be considered as part of initial therapy (category 2B). In patients with mucositis, the bowel is likely to be the portal of entry for bloodstream infection by GI flora such as Candida sp. and enterococci;²⁸ DTP may be useful to distinguish whether bloodstream infection by these organisms is catheter-related and to guide whether catheter removal should be performed. If not removed initially, catheter removal is advised for known or suspected VAD-associated bloodstream infections if the organism is recovered

from blood obtained 48 hours after initiation of appropriate antibiotic therapy. In patients with VAD infection and clinical instability, removal of the infected catheter should be performed immediately.

In all patients with *S.aureus* bloodstream infection, a TEE is recommended to evaluate for endocarditis (see "Patients With Documented Infection Sites or Pathogens" and <u>FEV-10</u>). Removal of the catheter should be considered to avoid a persistent nidus of infection that may predispose patients to recurrent bacteremia.

The panel recognizes that certain conditions may preclude the ability to immediately replace IV catheters, such as limited options for IV access and thrombocytopenia refractory to platelet products. Administering antibiotics through each lumen of the involved catheter has been suggested to avoid treatment failure caused by microbial sequestration. Some experts believe supplemental urokinase infusions can be helpful in patients with catheter-related infections.¹⁹⁸ However, the panel believes data are insufficient to recommend either of these approaches.

Lung Infections

Pulmonary infiltrates pose a difficult diagnostic challenge in patients with cancer. Noninfectious causes of pulmonary infiltrates include congestive heart failure, pulmonary hemorrhage, infarction, drug-induced pneumonitis, radiation injury, tumor, bronchiolitis obliterans, and acute respiratory distress syndrome. Common processes can have atypical radiographic appearances, and 2 or more pulmonary processes can exist simultaneously. A careful history should include the time course of respiratory symptoms, sick contacts (e.g., community respiratory viral infections, tuberculosis), recent hospitalization, travel, exposure to animals, and exposure to droplets from water distribution systems (*Legionella*). Community outbreaks of specific pathogens (e.g., influenza, pertussis) should be considered in the differential diagnosis and should guide initial therapy.

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Community-Acquired Pneumonia in the Absence of Neutropenia and Immunosuppressive Therapy

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The diagnostic evaluation and initial therapy for community-acquired pneumonia must consider host factors and previous use of antibiotics. The IDSA has published guidelines on community-acquired pneumonia.¹⁹⁹ If feasible, sputum and blood cultures should be collected before starting therapy. In patients who are not neutropenic, not receiving immunosuppressive therapy, and not requiring hospital admission (based on a validated pneumonia severity index), therapy includes either 1) a respiratory fluoroquinolone (levofloxacin 750 mg/day, moxifloxacin, or gemifloxacin); or 2) a beta-lactam (e.g., high-dose amoxicillin or amoxicillin-clavulanate) plus a macrolide (e.g., azithromycin).¹⁹⁹ These regimens will treat most of the common community-acquired pathogens, including "atypical" pneumonia (*Chlamydia, Mycoplasma*, and *Legionella* species).

In patients requiring hospital admission, monotherapy with a respiratory fluoroquinolone or combination therapy with a macrolide plus either ceftriaxone, cefotaxime, or ertapenem) is recommended. Ertapenem has Gram-positive, Gram-negative (excluding P.aeruginosa and Acinetobacter species), and anaerobic activity useful for suspected aspiration or postobstructive pneumonia. In patients with severe community-acquired pneumonia (e.g., who require admission to an intensive care unit), we advise broad spectrum coverage with an antipseudomonal beta-lactam plus either a respiratory fluoroquinolone or azithromycin. In patients with previous MRSA infection or known colonization with MRSA, addition of vancomycin or linezolid should be considered for pneumonia requiring hospitalization. A nasopharyngeal wash for respiratory viruses and initiation of empiric antiviral therapy should be considered during the winter, early spring, and during community outbreaks of influenza. Note that rapid immunofluorescent viral antigen tests may be negative for H1N1 (swine flu). A

parapneumonic effusion should be aspirated and submitted for Gram stain, bacterial culture, protein, lactate dehydrogenase, and pH.

Community respiratory viral infections (such as, influenza, RSV, adenovirus, rhinoviruses, metapneumoviruses) have a seasonal pattern (generally November through April); however, parainfluenza viral infections can occur throughout the year. During the influenza season, consider empiric antiviral therapy for patients within 48 hours after symptoms develop that are suggestive of influenza (such as, high fever, coryza, myalgia, and dry cough), especially during community outbreaks. Pandemic influenza (e.g., swine flu) does not have a predictable seasonal pattern, and may spread in the community concurrently with a seasonal influenza strain. Antiviral susceptibility of influenza outbreaks. In cases of seasonal influenza and pandemic strains (e.g., H1N1), it is necessary to be familiar with susceptibility patterns and guidelines on appropriate antiviral treatment (http://www.fda.gov/cder/drug/antivirals/influenza/default.htm).

Hospital-Acquired Pneumonia

Guidelines on the management of adults with hospital-acquired pneumonia from the American Thoracic Society (ATS) emphasize that the time of onset of pneumonia is an important risk factor for specific pathogens that may be resistant to antibiotics.²⁰⁰ Early-onset hospitalacquired pneumonia (occurring within the first 4 days of hospitalization) is likely to be caused by antibiotic-sensitive bacteria and usually carries a better prognosis. However, patients with cancer may be at risk for acquisition of antibiotic-resistant bacteria based on prior hospitalizations, prior antibiotic use, and impaired immune status regardless of when pneumonia begins in the course of the current hospitalization. The ATS guidelines define the following as risk factors for multi-drug resistant pathogens in patients with health-careassociated pneumonia: received antibiotics in the preceding 90 days,

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hospitalization for 2 days or more in the preceding 90 days, resident in nursing home or extended care facility, chronic dialysis within 30 days, home wound care, and family member with a multi-drug resistant pathogen. Late-onset hospital-acquired pneumonia (occurring after 5 days or more of hospitalization) is more likely caused by multidrugresistant pathogens, and is associated with greater morbidity and mortality.

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The population of multidrug resistant bacteria (notably, MRSA and antibiotic-resistant Gram-negative pathogens) varies among different hospitals and geographic distributions. Therefore, the selection of initial therapy for hospital-acquired pneumonia requires knowledge of the local patterns of antibiotic susceptibility. For example, at some centers, a high frequency of extended spectrum beta lactamase-producing Gram-negative bacterial infections may make a carbapenem the drug of choice as initial therapy for pneumonia. At other centers, carbapenem-resistant Gram-negative infections are an increasing problem, and an alternative class of antibiotics may be preferred based on prior local susceptibility results.²⁰¹

In patients with late-onset hospital-associated pneumonia or risk factors for multi-drug resistant pathogens regardless of when pneumonia developed in relation to hospitalization, a broad-spectrum antibiotic regimen is recommended. An antipseudomonal beta-lactam (e.g., ceftazidime, cefepime, imipenem/cilastatin, meropenem, doripenem, or piperacillin/tazobactam) plus an antipseudomonal fluoroquinolone (e.g., ciprofloxacin or levofloxacin) or aminoglycoside, plus either linezolid or vancomycin (to cover MRSA) is a reasonable initial regimen (aim for trough vancomycin level of 15-20 mcg/mL) (see FEV-A).²⁰⁰ If *Legionella* is suspected, a quinolone (ciprofloxacin or levofloxacin) should be used instead of an aminoglycoside. The antibiotic regimen should be subsequently tailored based on culture results.

Pulmonary Infiltrates in Neutropenic Patients

In patients with neutropenia for less than 1 week, pulmonary infections are likely to be caused by Enterobacteriaceae (e.g., *E.coli, Klebsiella* sp.), *P.aeruginosa*, *S.aureus*, and pathogens encountered in nonimmunocompromised persons (as previously described). Because of the neutropenia, consolidation and sputum production may be absent. Blood cultures, a chest radiograph, and, if possible, a sputum sample for Gram stain and culture should be obtained. In suspected acute bacterial pneumonia, appropriate empiric antibiotic therapy must be initiated promptly and the response must be closely monitored in an inpatient setting. The therapeutic regimen depends on several variables, including recent use of antibiotics, community or nosocomial pneumonia, and the local antibiotic sensitivity data.

If community-acquired pneumonia is suspected (i.e., pneumonia present before admission or developing within 3 to 4 days of hospitalization), addition of a macrolide or fluoroquinolone to an antipseudomonal beta-lactam is warranted to treat atypical pathogens. For nosocomial pneumonia, therapy with an antipseudomonal betalactam is advised, and addition of an aminoglycoside or fluoroquinolone should be considered. For cases of nosocomial pneumonia in which hospital-acquired legionellosis is suspected, empiric addition of a macrolide or fluoroquinolone is also warranted. Vancomycin or linezolid should be added for pneumonia in patients colonized with MRSA and for nosocomial pneumonia at centers in which MRSA is common. Community respiratory viruses should also be considered, especially during winter months. Respiratory syncytial virus, parainfluenza, and influenza are significant pathogens during neutropenia in patients receiving chemotherapy for acute leukemia and in HSCT recipients.

If clinical improvement occurs within 48 to 72 hours of therapy, no further diagnostic measures are necessary; antibiotic therapy should be continued until neutropenia resolves and for at least 10 to 14 days.

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Once neutropenia resolves, an appropriate oral antibiotic regimen can be administered for the remainder of the course.

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In cases of refractory pneumonia, bacterial infection resistant to the initial antibiotic regimen and nonbacterial pathogens should be considered, particularly filamentous fungi. A CT scan of the chest is useful in defining the location and morphology of the lesions, and in guiding diagnostic procedures. A "halo sign" in a persistently febrile neutropenic patient is highly suggestive of invasive aspergillosis;²⁰² however, angioinvasive infections including other filamentous fungi and *P.aeruginosa* may produce similar findings.

A new or progressive infiltrate developing in patients with prolonged neutropenia (e.g., more than 10 days) receiving broad spectrum antibacterial agents suggests invasive aspergillosis or infection with other molds. Consider adding voriconazole or a lipid formulation of amphotericin B while waiting for diagnostic results. Empiric modification of the antibacterial regimen based on the predominant local hospital pathogens (e.g., MRSA, antibiotic-resistant Gram-negative bacteria) is also warranted in patients with a rapidly progressive pneumonia.

Pulmonary Infiltrates in Patients With Impaired Cellular Immunity

Patients with impaired cellular immunity are at increased risk for common bacterial infections and opportunistic infections, including fungi (*Aspergillus* and other filamentous fungi, *Cryptococcus neoformans*, dimorphic fungi), *Legionella*, *P.jirovecii*, *M.tuberculosis*, nontuberculous mycobacteria, *Nocardia* species, and viral pathogens.

In patients with clinical and radiographic findings suggestive of acute bacterial pneumonia (e.g., acute onset fever, respiratory symptoms, and a focal infiltrate), the diagnosis and management are similar to that for neutropenic patients. An antipseudomonal beta-lactam plus either a respiratory quinolone or azithromycin is a reasonable initial regimen in patients with pneumonia requiring hospitalization. In allogeneic HSCT recipients with GVHD not receiving mold-active prophylaxis, addition of a mold-active drug (e.g., voriconazole) should be considered. Particularly among the most highly immunocompromised patients (e.g., significant GVHD), the differential diagnosis is very broad, and an initial empiric regimen cannot have activity against all possible pathogens. It is critical to establish a definitive diagnosis in patients with negative diagnostic results who are deteriorating clinically after a 2 to 3 day trial of broad spectrum antibiotics.

Diffuse infiltrates have a broad differential diagnosis, including PCP, viral infections, hemorrhage, and drug-induced pneumonitis. A diagnosis of PCP should be considered in patients with significantly impaired cellular immunity not receiving PCP prophylaxis who present with diffuse pulmonary infiltrates. BAL is the standard approach for diagnosing PCP. In patients with substantial respiratory disease (e.g., labored breathing, requiring supplemental oxygen), empiric therapy should be initiated before BAL. Pending BAL results, an initial regimen can include a respiratory fluoroquinolone against community-acquired pathogens and TMP-SMX (TMP component: 5 mg/kg every 8 hours) against possible PCP. In patients with suspected PCP and with room air PaO₂ of 75 torr or less, corticosteroids (initially prednisone 40 mg twice daily, then tapered) should be added based on studies of patients with AIDS–associated PCP.²⁰³

Patients at the highest risk for CMV pneumonia include allogeneic HSCT recipients post-engraftment (particularly those receiving immunosuppressive therapy for GVHD) and alemtuzumab recipients. Negative results from CMV surveillance testing (antigenemia or peripheral blood PCR) make CMV pneumonia very unlikely. CMV pneumonia is uncommonly observed in non-transplanted patients receiving therapy for leukemia.²⁰⁴ Community respiratory viruses can cause severe pulmonary infection in neutropenic patients and in nonneutropenic patients with impaired cellular immunity. Noninfectious

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etiologies must also be considered, as previously stated. BAL is sensitive in diagnosing bacterial and viral pneumonia and PCP, and is often the initial invasive diagnostic procedure (see "Invasive Diagnostic Procedures for Pulmonary Infiltrates").

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Non-Invasive Diagnosis of Pneumonia

In patients with suspected pneumonia, routine sputum and blood cultures should be obtained, ideally before antibiotics are initiated or modified. Sputum cultures for Legionella species are sensitive if obtained before initiating antibiotics; however, specific culture conditions are required. Legionellosis can also be diagnosed based on urine antigen testing, which only detects Legionella pneumophila type I, the cause of most (but not all) cases of Legionella pneumonia. A nasopharyngeal wash is useful to diagnose community respiratory viral infections. The rapid test for influenza A and B may be performed using a throat or nasopharyngeal swab. Rapid antigen detection methods can provide a diagnosis within hours; however, if results are negative, shell vial culture takes about 5 days.

Fungal pneumonia is suggested by the following: host factors predisposing the patient to invasive aspergillosis, appropriate symptoms or signs of infection, a compatible pulmonary lesion, and a positive serum galactomannan or beta-glucan assay. Host factors indicative of high risk for invasive aspergillosis include neutropenia for more than 10 days, receipt of an allogeneic HSCT, prolonged use of high-dose systemic corticosteroids, or treatment with T-cell suppressants. The galactomannan assay is specific for invasive aspergillosis, whereas the beta-glucan assay detects aspergillosis and other invasive fungal infections (including invasive candidiasis, PCP, and fusariosis).²⁰⁵⁻²⁰⁷ Zygomycosis yields negative serum galactomannan or beta-glucan test results.

Antigen-based detection systems have advantages and limitations. A meta-analysis showed that the galactomannan assay had a sensitivity of 70% and specificity of 89% for proven invasive aspergillosis, and that the accuracy of the test varied.¹⁴⁰ The lack of consistent results likely relates to different cut-off values for a positive result, differences in patient populations, and possibly use of mold-active prophylaxis. Several variables can affect the performance of the galactomannan assay,^{208,209} which may account for the different results. The sensitivity of the assay is significantly reduced by concomitant mold-active antifungal agents.^{138,210} False-positive results may be more common in children and in allogeneic HSCT recipients.²¹¹ Concomitant piperacillin/tazobactam causes false-positive galactomannan results.^{212,213} False-positive beta-glucan results have been reported in patients with surgical packing who are receiving immunoglobulin therapy and in patients receiving IV amoxicillin-clavulanate.^{214,215} Despite these limitations, a patient at high risk for invasive aspergillosis (e.g., prolonged neutropenia or allogeneic HSCT recipient) with clinical and radiological findings (e.g., a new pulmonary nodule of 1 cm or greater or infiltrate) compatible with invasive aspergillosis and with a positive serum galactomannan is likely to have invasive aspergillosis, and a mold-active agent (voriconazole is preferred) should be added.

The assay for serum or urine Histoplasma antigen is a sensitive and specific test in patients with disseminated histoplasmosis (histoplasmosis is endemic in the central United States). Coccidioidomycosis is endemic in the southwestern United States. Disseminated coccidioidomycosis can be diagnosed based on appropriate symptoms and signs of infection and on positive serum titers. BAL is the diagnostic gold standard for PCP. In a small series, sputum induction with hypertonic saline was diagnostic of PCP in non-HIV-infected patients in about 60% of cases.²¹⁶ A BAL should be performed if sputum induction is attempted, and the results are negative.

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Invasive Diagnostic Procedures for Pulmonary Infiltrates

Invasive diagnostic procedures may be required in the following situations: 1) the clinical course does not suggest an acute bacterial process, 2) the patient has not responded to initial antibiotic therapy, and/or 3) noninvasive testing yields negative results. BAL has a high diagnostic yield in alveolar infiltrates, such as pneumonia caused by P.jirovecii, M.tuberculosis, and respiratory viruses. The sensitivity of BAL for focal lesions (such as nodules) is variable. In lesions more than 2 cm, the sensitivity of BAL ranges from 50% to 80%; however, in smaller lesions, the diagnostic yield is usually about 15%.²¹⁷ Quantitative cultures from BAL or from a protected brush catheter may increase the specificity in the diagnosis of bacterial pneumonia as distinguished from upper airway colonization in ventilated patients.

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BAL cultures only detect about 50% of cases; therefore, it is relatively insensitive for diagnosing aspergillosis.²¹⁸ Galactomannan detection in BAL fluid appears to be more sensitive than serum detection^{219,220} and can be used to support a diagnosis of probable aspergillosis.²²¹ In patients with focal peripheral lesions, percutaneous biopsy may increase the diagnostic yield; however, in thrombocytopenic patients, the risk of bleeding may be unacceptably high. The microbiologic evaluation should take into account the clinical manifestations and nature of immunocompromise. In the highly immunocompromised (e.g., those receiving chemotherapy for acute leukemia, HSCT recipients), the following studies on BAL and lung biopsies should be considered: culture and stains for bacteria, fungi, Legionella, mycobacteria, Nocardia, HSV, CMV, community respiratory viruses (both rapid antigen and shell vial culture), and cytology or immunofluorescent studies for P.jirovecii. In a patient with compatible host factors and radiologic findings, a positive galactomannan result from BAL is also indicative of probable invasive aspergillosis.²²¹

For nondiagnostic BAL or percutaneous lung biopsy results, a thoracoscopic lung biopsy should be considered if an adequate platelet count is achievable. The thoracoscopic approach has less morbidity than an open lung biopsy and generally provides adequate tissue samples for diagnosis of most infectious and noninfectious etiologies. This invasive procedure may identify the causative pathogen or the presence of a noninfectious etiology (e.g., treatment-associated lung toxicity, hemorrhage, or bronchiolitis obliterans-organizing pneumonia [BOOP]), which may allow one to eliminate potentially toxic or unnecessary antimicrobial therapies. Thoracoscopic and open lung biopsies sometimes do not provide a definitive diagnosis, either due to sampling error or nonspecific pathologic findings.

Skin and Soft Tissue Infections

The evaluation and recommended empiric therapy for skin and soft tissue infections in neutropenic patients are discussed in the algorithm (see FEV-7). When evaluating the potential for a skin/soft tissue infection, careful examination of all line sites and perineal areas are essential. Antimicrobial therapy should be tailored to the probable organism(s): Staphylococci and streptococci for catheter-associated processes, and Gram-negative and anaerobic organisms for perineal processes, respectively. Vancomycin may be considered for cellulitis, disseminated papules/lesions, and wound infections (see FEV-7). Acyclovir, famciclovir, or valacyclovir should be considered for vesicular lesions after appropriate diagnostic tests (scraping base of vesicle for HSV or VZV, direct fluorescent antibody tests, herpesvirus culture) have been done.

Skin lesions can be manifestations of systemic infection. Ecthyma gangrenosum is the most characteristic skin lesion associated with systemic *P.aeruginosa* infection. Similar lesions can be caused by S.aureus, enteric Gram-negative bacilli infection, and filamentous fungi (including Aspergillus, Zygomycetes, and Fusarium species). A rapidly

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progressive deep soft tissue infection with gas formation suggests clostridial myonecrosis (or polymicrobial necrotizing fascitis). Broad spectrum antibiotics and surgical debridement may be life saving if initiated early. Hematogenously disseminated candidiasis with skin involvement manifests as fever and erythematous cutaneous papules; blood cultures are expected to be positive for *Candida* species.

In the highly immunocompromised patient with cancer, the differential diagnosis of skin lesions is often broad and includes noninfectious etiologies such as drug reactions, Sweet's syndrome, erythema multiforme leukemia cutis, and (in the case of allogeneic HSCT recipients) GVHD. Biopsy of skin lesions for histology and culture is recommended. In allogeneic HSCT recipients, the differential diagnosis of infectious etiologies is particularly broad, and cultures from skin biopsies for bacteria, fungi, viruses, and mycobacteria should be considered when infection is suspected.

Central Nervous System Infections

CNS infections in patients with cancer can be divided into surgical and nonsurgical complications. The IDSA has published guidelines on the management of bacterial meningitis.²²² The most common organisms infecting intraventricular devices are coagulase-negative staphylococci, *S.aureus*, and *Propionibacterium acnes*. Enterobacteriaceae and *P.aeruginosa* account for only 10% of these infections. Coagulase-negative staphylococci and *P.acnes* usually cause indolent late postoperative infections. Therapy with systemic antibiotics and removal of the entire device are the most effective approaches to eradicate infection. Use of parenteral and intraventricular instillation of antibiotics without removal of the device may not be effective, and recrudescence of infection is common. Antibiotic therapy should be tailored to the specific pathogen isolated from cerebrospinal fluid. In an acutely ill patient with suspected meningitis related to previous neurosurgery, empiric therapy can include parenteral vancomycin (which has activity

against *Staphylococcus*, *Streptococcus*, and *Propionibacterium* species; dose 15 mg/kg every 8 to 12 hours to maintain serum trough concentration of 15-20 mcg/mL) in combination with ceftazidime (2 g every 8 hours), cefepime (2 g every 8 hours), or meropenem (2 g every 8 hours) (which have activity against Enterobacteriaceae and *P.aeruginosa*); these doses apply to adults with normal renal function.²²²

CNS infections unrelated to neurosurgery are relatively uncommon in patients with cancer. Initial evaluation generally involves a head CT scan to rule out intracranial bleeding and a lumbar puncture (assuming there are no contraindications). Cerebrospinal fluid studies should be tailored to specific host factors, epidemiologic exposures (e.g., travel history), and clinical presentation. At a minimum, cell counts with differential, glucose and protein levels, Gram stain and bacterial culture, cryptococcal antigen and fungal culture on cerebrospinal fluid should be obtained. Noninfectious causes of meningitis include nonsteroidal antiinflammatory agents, TMP/SMX, carcinomatous meningitis, and serum sickness (e.g., associated with anti-lymphocyte immunoglobulin preparations).

Empiric therapy for presumed meningitis should include an antipseudomonal beta-lactam agent that readily enters the CSF (e.g., cefepime, ceftazidime, meropenem) plus vancomycin plus ampicillin (to cover listeriosis). If meropenem is used, addition of ampicillin is unnecessary because meropenem is active against *Listeria*. This regimen has activity against the common causes of bacterial meningitis, including penicillin-resistant pneumococci and listeriosis. In patients at risk for *P.aeruginosa* meningitis (e.g., neutropenia, neurosurgery within the past 2 months, allogeneic HSCT, history of *P.aeruginosa* infection), use of cefepime (2 g every 8 hours in adults with normal renal function) or meropenem (2 g every 8 hours in adults with normal renal function) instead of ceftriaxone in the initial empiric

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regimen is advised. The antibiotic regimen should be tailored based on culture results.

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In patients with suspected encephalitis (fever, mental status changes, cerebrospinal fluid pleocytosis), IV acyclovir (10 mg/kg every 8 hours in patients with normal renal function) should be considered as empiric therapy for HSV in addition to an appropriate antibacterial regimen.²²³ An MRI and the following cerebrospinal fluid studies should be performed: 1) cell count with differential; 2) glucose and protein levels; 3) Gram stain and culture for bacteria; 4) Cryptococcal antigen and fungal culture; and 5) PCR for HSV. PCR for West Nile virus and other arboviruses should be considered in patients with exposure to endemic areas. Culture and PCR for tuberculosis should be considered in patients with known or suspected exposure to tuberculosis (e.g., residence in an endemic area, shelter, or prison; previous positive PPD [purified protein derivative]). In patients with severe impairment of cellular immunity (e.g., allogeneic HSCT recipients, advanced AIDS), additional cerebrospinal fluid studies should be considered (such as PCR for CMV, VZV, human herpes virus-6 [HHV-6], and toxoplasmosis). Cytology to evaluate for CNS malignancy as a cause of meningitis or encephalitis should also be considered.

Brain abscesses usually manifest with headache, focal neurologic findings, or seizures. An MRI typically shows single or multiple lesions with edema and ring enhancement. Bacterial abscesses in nonimmunocompromised patients are typically caused by dental flora. In patients with prolonged neutropenia and in allogeneic HSCT recipients, CNS aspergillosis must be considered. A chest CT showing a new nodule or infiltrate and a positive serum galactomannan result in this setting are highly suggestive of pulmonary aspergillosis with CNS dissemination. In patients with impaired cellular immunity, other causes of CNS abscesses include toxoplasmosis, nocardiosis, cryptococcosis, and mycobacterial infections. Noninfectious etiologies in patients with impaired cellular immunity include CNS malignancies (such as secondary lymphomas) and Epstein-Barr virus (EBV)–associated posttransplantation lymphoproliferative disorder (PTLD). Given the broad differential diagnosis of new CNS lesions in highly immunocompromised patients, a brain biopsy is strongly recommended (if feasible) with material submitted for histology and culture. Cultures and stains should include bacteria, fungi, mycobacteria, and *Nocardia* species.

In non-immunocompromised patients with a bacterial brain abscess, initial therapy with ceftriaxone (2 g every 12 hours in adults) plus metronidazole (7.5 mg/kg every 6 hours in adults with normal renal function) is advised. In patients with prolonged neutropenia without corticosteroids or lymphocyte-depleting agents, a reasonable initial regimen consists of combination cefepime, metronidazole, and voriconazole (IV 6 mg/kg every 12 hours for 2 doses followed by 4 mg/kg every 12 hours); however, IV voriconazole (but not the oral formulation) may worsen renal disease in patients with significant pre-existing renal impairment (see FEV-B). Voriconazole (as well as itraconazole and posaconazole) has important drug-drug interactions with certain antiseizure agents (e.g., phenytoin); therefore, the voriconazole package insert should be reviewed to guide dosing of these agents

(http://dailymed.nlm.nih.gov/dailymed/drugInfo.cfm?id=7500). In allogeneic HSCT recipients and other patients with severe T-cell impairment, addition of high-dose TMP/SMX (trimethoprim component: 5 mg/kg every 8 hours) should be considered to cover toxoplasmosis and nocardiosis, pending a definitive diagnosis. An Infectious Diseases consultation is advised in all cases of suspected or documented CNS infections.

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Therapy for Invasive Fungal Infections

Invasive Candidiasis

Candida species are the fourth most common cause of nosocomial bloodstream infections in the United States.²²⁴ The crude mortality of candidemia ranges from 23% to greater than 50%. This variable mortality rate reflects serious comorbidities (such as malignancy, neutropenia) and illness requiring prolonged periods in the intensive care unit. *Candida albicans* is the most common *Candida* species isolated from the blood. The proportion of non-albicans *Candida* species varies among different centers, but accounts for approximately 50% of blood stream isolates. *Candida krusei* is always resistant to fluconazole, and *Candida glabrata* has a broad range of minimum inhibitory concentrations (MICs). *Candida parapsilosis* is mostly associated with vascular catheters and lipid formulations used for total parenteral nutrition.

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A randomized study comparing IV fluconazole (400 mg daily) with amphotericin B as therapy for candidemia in non-neutropenic patients found both regimens equally effective, but fluconazole had less toxicity.²²⁵ In a subsequent study of non-neutropenic patients with candidemia, combination therapy with a higher dose of fluconazole (800 mg daily) and amphotericin B led to improved clearance of candidemia compared with fluconazole alone, but the combination regimen was associated with significantly more nephrotoxicity and with no survival benefit.¹⁶⁹ Voriconazole was equally effective as, but less nephrotoxic than, a strategy of amphotericin B followed by fluconazole in non-neutropenic patients with invasive candidiasis.²²⁶ In trials of "invasive candidiasis," most patients had candidemia, but those with deep organ involvement (e.g., peritoneal, hepatic, or renal candidiasis) without positive blood cultures were also eligible for enrollment.

Four phase III randomized trials have been performed evaluating echinocandins as initial therapy for invasive candidiasis.²²⁷⁻²²⁹ When

caspofungin was compared with conventional amphotericin B, there was a trend to a higher favorable response rate in the caspofungin arm (73% and 62%, respectively) in the modified intent-to-treat analysis.²²⁷ Among patients who met eligibility criteria and received at least 5 days of study drug, caspofungin was statistically superior to amphotericin B (81% versus 65% successful outcome, respectively). Caspofungin was less toxic than amphotericin B. Micafungin was as effective as liposomal amphotericin B as therapy for invasive candidiasis.²²⁸ fewer treatment-related adverse events (including those that led to treatment discontinuation) occurred with micafungin than with liposomal amphotericin B. Anidulafungin was not inferior to fluconazole as therapy for invasive candidiasis and was possibly more efficacious.²³⁰ At the end of IV therapy (the primary endpoint), treatment was successful in 75.6% of patients treated with anidulafungin, as compared with 60.2% of those treated with fluconazole (95% confidence interval, 3.9 to 27.0). Finally, caspofungin and micafungin were equally safe and effective as therapy for invasive candidiasis.²²⁹

The IDSA has recently published detailed updated guidelines on candidiasis.²³¹ Fluconazole (loading dose of 800 mg [12 mg/kg], then 400 mg [6 mg/kg] daily) or an echinocandin (caspofungin: loading dose of 70 mg, then 50 mg daily; micafungin: 100 mg daily; anidulafungin: loading dose of 200 mg, then 100 mg daily) is recommended as initial therapy for most non-neutropenic adult patients. An echinocandin to fluconazole is recommended for patients who have isolates that are likely to be susceptible to fluconazole (e.g., *Candida albicans*), who are clinically stable, and who have not had recent azole exposure. Fluconazole-resistant *Candida* isolates are frequently cross-resistant to other azoles;²³² therefore, if candidemia occurs in patient with recent azole exposure, a switch in class (e.g., to an echinocandin) is recommended. *Candida glabrata* strains can have variable sensitivity to azoles; an echinocandin is therefore the preferred therapy, and

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transition to fluconazole or voriconazole can be considered if azole susceptibility is documented. Echinocandins have reduced sensitivity to *Candida parapsilosis* compared to other candidal strains; fluconazole is recommended in this setting.

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The IDSA recommends an echinocandin as initial therapy for candidemia in most neutropenic patients.²³¹ The NCCN panel agrees with this recommendation, but notes that because studies evaluating echinocandins have included very small numbers of neutropenic patients, the optimal therapy for invasive candidiasis in this population is not definitive. Given the availability of safer alternatives, the panel does not recommend amphotericin B products routinely for candidemia, although such agents may be considered in unusual complicated cases, such as meningitis and endocarditis.

Invasive Aspergillosis

Voriconazole is the recommended agent as primary therapy for invasive aspergillosis (see <u>FEV-B</u>). In an open-label, multicenter randomized trial of primary therapy for invasive aspergillosis, voriconazole was more effective than amphotericin B (53% versus 32% of subjects had a complete or partial response) and was associated with improved survival at 12 weeks (71% versus 58%, respectively).¹⁷¹ Among neutropenic patients, the success rate in the voriconazole arm was 51%, which was superior to the amphotericin B arm.¹⁷¹ In a retrospective analysis of 86 patients with CNS aspergillosis treated with voriconazole either as primary or salvage therapy, 35% had a complete or partial response.²³³ This success rate compares very favorably to previous series in which the frequency of successful responses to amphotericin B was almost nil.²³⁴ Based on the strength of this database, the NCCN panel and IDSA recommend voriconazole as firstline therapy for invasive aspergillosis.¹⁷³

There can be considerable inter-individual variability in voriconazole exposure, and the utility of monitoring drug levels is controversial.^{235,236}

Studies with a few patients have noted a relationship between low plasma voriconazole levels and treatment failure,²³⁷ and between high voriconazole levels and toxicity.^{238,239} Voriconazole blood levels of at least 1 to 2 mcg/mL are thought to be required for efficacy. Obtaining a serum voriconazole level should be considered in cases of breakthrough or refractory fungal disease or drug toxicity.

It is not clear what the optimal therapy is for breakthrough invasive aspergillosis in patients receiving mold-active prophylaxis. Breakthrough invasive aspergillosis in a patient receiving oral posaconazole prophylaxis may be caused by inadequate oral bioavailability due to mucositis or poor oral intake, or possibly resistance. Some experts would advise changing to a different class of antifungals (such as a lipid formulation of amphotericin B, with or without an echinocandin). Others would use IV voriconazole with or without an echinocandin.

Lipid formulations of amphotericin B have at least comparable efficacy and reduced renal toxicity compared to conventional amphotericin B deoxycholate (AmB-D). Some investigators have persuasively argued that lipid formulations of amphotericin B should be considered suitable replacements for AmB-D for primary therapy for many invasive fungal infections.¹²⁷ Amphotericin B colloidal dispersion (ABCD) was equally effective as, but less nephrotoxic than, AmB-D as primary therapy for invasive aspergillosis.²⁴⁰ Amphotericin B lipid complex (ABLC) was safe and effective as therapy for invasive aspergillosis based on an open label data registry.²⁴¹

A randomized study compared liposomal amphotericin B (L-AMB) at either 3 or 10 mg/kg per day for 14 days, followed by 3 mg/kg per day as therapy for invasive mold infections.²⁴² When compared with the 10 mg/kg/day dose, the 3 mg/kg/day dose was as effective as, but less nephrotoxic, and was associated with a trend toward superior 12-week survival (72% and 59%, respectively; 95% confidence interval, -0.2% to

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26%). Because 97% of enrolled patients had invasive aspergillosis, this study does not permit conclusions about optimal L-AMB dosing in patients with other mold infections (such as zygomycosis).

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Echinocandins have not been evaluated as initial monotherapy for invasive aspergillosis in clinical trials. Caspofungin as salvage therapy in patients with invasive aspergillosis led to a favorable response in 37 (45%) of 83 patients.²⁴³ It might be possible to use combination antifungal therapy pairing an echinocandin with either an amphotericin B preparation or an azole with activity against *Aspergillus* species. The rationale is that echinocandins target a unique site (the beta-glucan constituent of the fungal cell wall), which is distinct from the polyenes and azoles that target the fungal cell membrane. The combination of an echinocandin with an azole or amphotericin B has shown neutral to synergistic activity in vitro. Enhanced efficacy of combination regimens pairing an echinocandin with either an azole or an amphotericin B formulation was observed in some animal models of invasive aspergillosis²⁴⁴⁻²⁴⁷ but not in others.²⁴⁸⁻²⁵⁰

In small retrospective series, the combination of caspofungin and liposomal amphotericin B as salvage therapy led to a favorable outcome in approximately 40% to 60% of patients with invasive aspergillosis, although these series included cases of "possible" aspergillosis.^{251,252} Marr and colleagues²⁵³ reported a survival advantage of voriconazole plus caspofungin compared to voriconazole alone in a retrospective analysis of salvage therapy for invasive aspergillosis. This database, although encouraging, involved small numbers of patients and the 2 groups of patients evaluated were noncontemporaneous; therefore, other host and infection-related factors may have influenced the outcome. A noncomparative study of caspofungin combined with other mold-active drugs as salvage therapy for invasive aspergillosis resulted in a success rate of 49% (25/51) at 12 weeks after initiation of combination therapy,²⁵⁴ which was similar to

caspofungin monotherapy. In an open-label study of invasive aspergillosis, micafungin combined with other antifungals led to a successful response in 5/17 (29%) and 60/174 (35%) of the primary and salvage treatment groups, respectively.²⁵⁵ The number of patients in the micafungin monotherapy arms was too small to permit comparisons. The initial micafungin dose (75 mg/day) used in this study was low by today's standards.

Although combination antifungal therapy is commonly used as therapy for invasive aspergillosis, the clinical database is inadequate to make conclusions about whether any combination regimen is more effective than voriconazole alone, which is the current gold standard. A randomized, prospective study comparing voriconazole versus voriconazole plus anidulafungin as primary therapy for invasive aspergillosis is underway.

Posaconazole has been effective as salvage therapy against a broad spectrum of invasive fungal infections.²⁵⁶⁻²⁵⁹ Of patients with invasive aspergillosis that was refractory or who had intolerance to standard antifungal therapy, 42% had a complete or partial response with posaconazole.²⁶⁰ Posaconazole has been approved in the European Union for treatment of invasive aspergillosis and certain other invasive fungal infections refractory to standard antifungal agents. In the United States, posaconazole is not FDA-approved as primary or salvage therapy for invasive fungal disease.

Zygomycosis and Other Invasive Mold Infections

The frequency of zygomycosis (also referred to as "mucormycosis") has increased at some centers in the setting of more frequent voriconazole usage.^{170,261,262} In a case-control study of invasive aspergillosis and zygomycosis in patients with acute leukemia and allogeneic HSCT recipients, use of voriconazole and fungal sinusitis each favored a diagnosis of zygomycosis.¹⁷⁰ However, some transplant centers reported an increased frequency of zygomycosis that pre-dated the

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availability of voriconazole,^{263,264} a finding that likely reflects a greater proportion of patients with severe host defense impairment. Zygomycosis typically manifests as rhinocerebral or pulmonary disease. Histopathology showing broad aseptate or hyposeptate hyphae with 90-degree branching is suggestive of zygomycosis, although culture is required for confirmation.

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No randomized studies of therapy have been performed for zygomycosis and other uncommon invasive mold infections. Recommendations for therapy are based on a limited number of patients from retrospective analyses, data registries, and open-label salvage therapy antifungal trials. Treatment of zygomycosis involves amphotericin B (a lipid formulation is advised over amphotericin B deoxycholate to reduce the chance of nephrotoxicity) plus early and aggressive surgical debridement, when feasible. A gap in knowledge exists regarding optimal dosing of lipid formulations of amphotericin B for invasive non-Aspergillus mold infections; an initial dose of 5 mg/kg/day is commonly used. Posaconazole, a second generation antifungal azole with activity against most of the zygomycetes, has shown promising results as salvage therapy in zygomycosis refractory to or intolerant of amphotericin B formulations.^{257,265} Although not approved by the U.S. FDA for this indication, posaconazole can be considered as maintenance therapy for zygomycosis following control of infection with an amphotericin B formulation and/or surgical debridement. Posaconazole has not been evaluated as primary therapy for invasive fungal diseases in clinical trials.

Fusarium species²⁶⁶⁻²⁶⁸ and *Scedosporium* species became increasingly more important causes of invasive fungal infections– related mortality in leukemia and in allogeneic HSCT recipients at some centers.^{263,269,270} The likelihood of infection by a *Fusarium* species is substantially increased by the presence of disseminated cutaneous lesions and isolation of a mold from blood culture.²⁶⁷ Therapy for invasive fusariosis generally involves voriconazole,²⁷¹ posaconazole,²⁵⁹ or a lipid formulation of amphotericin B.²⁷² *Scedosporium* species are resistant to amphotericin B; therapy generally involves itraconazole, voriconazole, or posaconazole. An Infectious Diseases consultation is advised in all cases of invasive mold infections and particularly in diseases by uncommon and resistant molds.

Early Diagnosis of Invasive Mold Infections

Invasive fungal pathogens have increased and remain a major concern. Computed tomography scanning of the chest may facilitate early detection of aspergillosis and other filamentous fungi.^{273,274} A CT scan may show peripheral or subpleural nodules inapparent on plain chest radiographs. The "halo sign" is a characteristic, but not pathognomonic, early chest CT feature of angioinvasive organisms.²⁰² The hazy alveolar infiltrates surrounding the central nodule or region of consolidation appear to correspond to regions of hemorrhage and are highly suggestive of invasive mold disease, aspergillosis being the most common. The panel recommends a chest CT scan in patients with 10 to 14 days of neutropenia and with persistent or recurrent fever of unknown origin that is unresponsive to empiric antibacterial agents. A chest CT scan may be considered earlier in patients with multiple prior cycles of potently cytotoxic chemotherapy and in those receiving systemic corticosteroid therapy.

Studies differ regarding whether serum galactomannan is a useful surveillance tool in asymptomatic patients at high risk for mold infections and in patients with persistent neutropenic fever of unknown etiology. In one study, prospective serial monitoring of galactomannan antigenemia in allogeneic HSCT recipients yielded positive and negative predictive values of 94.4% and 98.8%, respectively, and antigenemia preceded radiographic findings by more than 1 week in 80% of cases of invasive aspergillosis.²⁷⁵ In another study, the sensitivity was only 64.5% in cases of definite invasive aspergillosis.²¹¹

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The positive predictive value (PPV) was poor when serum galactomannan was used as a surveillance tool in patients with persistent neutropenic fever (PPV=7.1%) and in HSCT (mostly autologous) recipients (PPV=10%); the negative predictive value was 100% in both groups.

Odabasi and colleagues evaluated the beta-glucan assay (Glucatell assay, Associates of Cape Cod) as an early diagnostic marker for invasive fungal infections in patients with acute leukemia or MDS receiving antifungal prophylaxis.²⁰⁵ At least one serum sample was positive at a median of 10 days before the clinical diagnosis in all patients with a proven or probable invasive fungal infection, including candidiasis, fusariosis, trichosporonosis, and aspergillosis. The negative predictive value was 100%, and the specificity of the test was 90% for a single positive test result and at least 96% for 2 or more sequential positive results. The experience of the beta-glucan assay in HSCT recipients is limited²⁰⁶ and requires additional study.

Although valuable as diagnostic adjuncts to support a diagnosis of a probable invasive aspergillosis in patients with compatible host factors, clinical findings, and radiologic findings²⁷⁶ (see section on Pulmonary Infiltrates), the value of these laboratory markers as surveillance tools for invasive fungal infections is controversial. Use of surveillance markers as a trigger for additional diagnostic evaluation or to modify antifungal therapy is at an exploratory level,¹⁴¹ and more research is required. Currently, the database is inadequate to recommend any of these methods as a surveillance tool in asymptomatic immunocompromised patients or in patients with neutropenic fever alone.

Prevention of Infectious Diseases

Infection prophylaxis in cancer patients generally involves broad spectrum antimicrobial therapy directed against the most common

infecting pathogens (including bacterial, viral, and fungal) in high-risk patients.

Antibacterial Prophylaxis During Neutropenia

Patients with cancer and chemotherapy-induced neutropenia are at risk for severe bacterial infections. Fluoroquinolones are the most commonly used prophylactic antibacterial agents in adults with chemotherapy-induced neutropenia. In a meta-analysis that evaluated 18 trials (n=1408 patients) in which fluoroquinolones were compared to either placebo or TMP/SMX, fluoroquinolone recipients had about 80% fewer Gram-negative infections than those without prophylaxis, leading to an overall reduction in total infections.²⁷⁷ The reduction in fever was small, and in blinded trials, was not significant. Fluoroquinolone prophylaxis did not affect mortality in this meta-analysis.

The rate of Gram-positive infections and fungal infections was not significantly affected by fluoroquinolone prophylaxis in this metaanalysis.²⁷⁷ This is an important consideration given the occurrence of an increased rate of Gram-positive infections in some trials of fluoroquinolone prophylaxis.²⁷⁸ Viridans group streptococcal bacteremia breakthroughs have been associated with ciprofloxacin prophylaxis,^{26,74} an important consideration given the potential for substantial morbidity and mortality associated with this pathogen in neutropenic patients.

Although the IDSA guidelines on management of neutropenic fever recognize the evidence that antibacterial prophylaxis in high-risk neutropenic patients reduced the frequency of Gram-negative infections, the IDSA advises against prophylaxis.²⁷⁹ This recommendation is based on the concern for emergence of antibiotic-resistant bacteria and a review of previous studies that showed lack of a survival benefit associated with antibacterial prophylaxis, despite decreases in Gram-negative bacterial infections.

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Studies have provided additional insight into the benefits and limitations of prophylaxis among neutropenic patients with varying degrees of risk for serious infectious complications. Gafter-Gvili and colleagues²⁸⁰ conducted a meta-analysis of 95 randomized, controlled trials comparing antibiotic prophylaxis with either placebo or no intervention or with another antibiotic in afebrile neutropenic patients. Antibiotic prophylaxis significantly decreased the risk for death when compared with placebo or no treatment. The survival benefit was more substantial when the analysis was limited to fluoroquinolones. Fluoroquinolone prophylaxis reduced the risk for all-cause mortality, infection-related mortality, fever, clinically documented infections, and microbiologically documented infections. Most of the trials involved hospitalized patients with hematologic malignancies, and data were inadequate to assess the relationship between duration and degree of neutropenia and relative risk of mortality. No significant increase was observed in fluoroquinolone-resistant bacterial infections, although the length of observation may have been too short to detect the emergence of resistant bacteria. The panel recognizes the substantial limitations associated with meta-analyses. However, the panel believes that the benefit of prophylaxis in patients with hematologic malignancies on overall survival outweighs detriments related to adverse effects and development of resistance.

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Two large randomized, placebo-controlled studies showed the benefit of levofloxacin prophylaxis in neutropenic patients at different levels of risk of infectious complications.^{281,282} Levofloxacin has similar activity against Gram-negative pathogens compared to ciprofloxacin and ofloxacin; however, levofloxacin has improved activity against certain Gram-positive pathogens, including streptococci. Bucaneve and colleagues²⁸² evaluated levofloxacin prophylaxis in adult patients with cancer in whom chemotherapy-induced neutropenia (less than 1000 neutrophils/mcL) was expected to occur for more than 7 days. This protocol intentionally excluded patients anticipated to have a short

duration of neutropenia who would generally be candidates for outpatient management of neutropenic fever. Levofloxacin recipients had a lower rate of microbiologically documented infections, bacteremias, and single-agent Gram-negative bacteremias than did placebo recipients. The effects of prophylaxis were also similar between patients with acute leukemia and those with solid tumors or lymphoma. Mortality and tolerability were similar in the 2 groups.

Cullen and colleagues²⁸¹ evaluated levofloxacin prophylaxis after chemotherapy for solid tumors and lymphomas for patients anticipated to have brief durations of neutropenia and typically categorized as low risk. The primary outcome was the incidence of clinically documented febrile episodes (temperature more than 38°C) attributed to infection. Secondary outcomes included the incidence of all probable infections, severe infections, and hospitalization. A total of 1565 patients underwent randomization, 87% with solid tumors and 13% with lymphoma. During the entire chemotherapy course, 10.8% of levofloxacin recipients had at least one febrile episode compared with 15.2% of placebo recipients (P=.01). Hospitalization was required for the treatment of infection (suspected and documented) in 15.7% of patients in the levofloxacin group and 21.6% of patients in the placebo group (P=.004). The incidence of severe infections, infection-related mortality, and overall mortality were similar in both groups.

Thus, the main advantage of levofloxacin prophylaxis in intermediate and higher risk patients with chemotherapy-induced neutropenia was a reduction in clinically significant bacterial infections, including Gramnegative rod bacteremia.²⁸² In contrast, the main advantage of prophylaxis in lower risk neutropenic patients was a small, but statistically significant, reduction in fever and hospitalization for neutropenic fever.²⁸¹ Neither study conducted a systematic long-term evaluation of antimicrobial resistance. The NCCN panel considers that reduction in the incidence of significant infections is a more clinically

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meaningful endpoint than reduction in the incidence of neutropenic fever. Using the primary endpoint of prevention of neutropenic fever in the study by Cullen and colleagues,²⁸¹ 1000 hypothetical low-risk patients would have to receive prophylaxis during each cycle of chemotherapy-induced neutropenia to benefit only 44 patients.

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An important consideration for low-risk patients with short durations of neutropenia is whether fluoroguinolone prophylaxis is of greater benefit than the option of outpatient fluoroquinolone treatment for F&N, should it occur. Both the NCCN and IDSA²⁷⁹ recommend oral fluoroquinolonebased regimens as outpatient empiric therapy for neutropenic fever in adults who meet criteria for low risk of complications (see FEV-14). Use of fluoroquinolone prophylaxis may preclude their later use as empiric therapy for neutropenic fever in the same patient. The modest difference in rates of hospitalization for suspected infection in levofloxacin compared to placebo recipients (15.7% versus 21.6%, respectively) in the study by Cullen and colleagues²⁸¹ may be offset by exclusion of outpatient oral empiric therapy in patients receiving fluoroquinolone prophylaxis. To target antibacterial use, Cullen and colleagues have recently suggested more limited prophylaxis using levofloxacin only on cycle 1 of myelosuppressive cancer chemotherapy and on subsequent cycles after a fever in cycle 1.²⁸³

The decision whether to use antibacterial prophylaxis and the selection of the specific agent requires a balance between expected benefit and risk. The concept of risk applies to immediate adverse effects of the drug (e.g., rash, Gl intolerance), the potential for selection for resistant pathogens that can harm the individual receiving prophylaxis, and the risk of resistant organisms to a specific population of patients (e.g., those being treated at a cancer center). The link between fluoroquinolone use and severe *C.difficile* as well as MRSA infections provides an additional cautionary note regarding excess use of fluoroquinolones.^{176,177,284,285}

The panel advises that fluoroquinolone prophylaxis (levofloxacin is preferred) be considered in patients with expected duration of neutropenia (ANC less than 1000/mcL) for more than 7 days. Trimethoprim-sulfamethoxazole should be used in patients at risk for *P.jirovecii* (formerly *P.carinii*) such as childhood acute lymphoblastic leukemia (see section on "Prophylaxis against *P.jirovecii*"). Among patients with neutropenia who are at lower risk of infectious complications (a category that includes most patients with solid tumor malignancies), the main benefit of antibacterial prophylaxis relates to a reduction in fever rather than in documented infections. In patients with neutropenia expected to last less than 7 days who are not receiving immunosuppressive regimens (e.g., systemic corticosteroids), the panel suggests no antibiotic prophylaxis.

Prophylaxis Against Pneumococcal Infection

Prophylaxis against pneumococcal infection is advised in patients who have undergone splenectomy or who are functionally asplenic and in allogeneic HSCT recipients. Most cases of pneumococcal sepsis occur within the first 2 years after splenectomy; however, a third of cases may occur up to 5 years after, and cases of fulminant sepsis have been reported more than 20 years after splenectomy. Lifelong prophylactic antibiotics have been recommended in patients who have had a splenectomy and particularly in the first 2 years after surgery, in children up to age 16 years, and in patients with other immune impairment.^{286,287} However, the need for long-term antibiotic prophylaxis makes compliance extremely difficult, and resistance to penicillin is a growing concern. Penicillin prophylaxis is a reasonable approach for at least the first 5 years after splenectomy. Some experts think that prophylaxis should be continued in patients with persistent immune impairment caused by the underlying hematologic malignancy or by chemotherapy. Alternatively, patients may be provided with supplies of penicillin or amoxicillin to be taken for fever or for other early signs of

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sepsis. It should be emphasized that neither immunizations nor antibiotic prophylaxis will prevent all instances of overwhelming sepsis.

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Allogeneic HSCT recipients are at increased risk for pneumococcal sepsis due to functional asplenia and impaired B-cell immunity. Pneumococcal sepsis is most common in the late transplant period, between 3 months to years after HSCT. Immunosuppressive therapy for GVHD delays reconstitution of B-cell immunity and significantly increases the risk of post-transplant pneumococcal sepsis.^{38,288}

The NCCN panel advises that penicillin prophylaxis be initiated at 3 months after HSCT and be continued until at least 1 year after transplant. Prophylaxis should be continued in patients with chronic GVHD until immunosuppressive therapy has been discontinued. Posttransplant pneumococcal infection is generally community-acquired, and the frequency of resistance to antibiotics reflects regional antibiotic susceptibility patterns. In some areas, as many as 35% of pneumococcal isolates have intermediate- or high-level resistance to penicillin, and cross-resistance to other classes of antibiotics is common. Breakthrough pneumococcal sepsis in HSCT recipients receiving penicillin prophylaxis is well described.²⁸⁹ Thus, in areas with a significant frequency of penicillin-resistant pneumococcal isolates, alternative agents should be considered based on local susceptibility patterns. Daily TMP/SMX used as prophylaxis for PCP is likely to be protective against pneumococcal disease. Vaccination with the polysaccharide pneumococcal vaccine is also strongly recommended at 1 year after cessation of immunosuppression in HSCT patients, or before a planned splenectomy, with revaccination after 5 years.

Antifungal Prophylaxis

Antifungal prophylaxis should not be used routinely in all patients with neutropenia. The rationale for antifungal prophylaxis is to prevent fungal infections in a targeted group of high-risk patients, especially those with longer durations of neutropenia or with GVHD after allogeneic HSCT. In neutropenic allogeneic HSCT recipients, 2 doubleblind, placebo-controlled trials have shown that prophylactic fluconazole controlled yeast colonization and also decreased the rate of mucosal candidiasis and invasive *Candida* infections.^{290,291} A decrease in mortality was noted in the study by Slavin and colleagues,²⁹¹ in which most of the patients were allograft recipients. Fluconazole conferred significant long-term improvement in survival, possibly by decreasing *Candida* antigen-induced GI tract GVHD.²⁹²

Fluconazole prophylaxis decreased fungal colonization, invasive infection, and fungal infection-related mortality in nontransplant patients with leukemia and in autologous transplant recipients in a placebocontrolled trial.²⁹³ However, only 30% of the patients received growth factors, and the median duration of neutropenia was 14 to 16 days.²⁹³ The benefit of fluconazole prophylaxis was greatest in autologous transplant recipients not receiving colony-stimulating growth factor support and in patients with leukemia receiving mucotoxic regimens consisting of cytarabine plus anthracycline. Therefore, no antifungal prophylaxis can be considered (category 2B) in autologous HSCT recipients who receive growth factor support and who do not have significant mucositis. Other studies of nontransplant patients with acute leukemia showed no significant benefit of fluconazole.^{294,295}

The panel recognizes that strong evidence exists for the use of fluconazole as prophylaxis in allogeneic neutropenic HSCT recipients (category 1). However, fluconazole use can predispose to colonization and bloodstream infection by fluconazole-resistant *Candida* strains.^{125,296}

Low-dose amphotericin B product and itraconazole have also been studied in high-risk patients and shown to provide protection against invasive molds, although they have provided no survival benefit in randomized studies with fluconazole.^{297,298} Itraconazole, however, may

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be associated with hepatic toxicity and GI intolerance.²⁹⁹ Itraconazole is contraindicated in persons with a decreased cardiac ejection fraction or a history of congestive heart failure based on its negative inotropic properties. It can also increase cyclophosphamide metabolites, which in turn are associated with hyperbilirubinemia and nephrotoxicity during the early transplant period.³⁰⁰ This finding reinforces a note of caution about itraconazole (and by extension, voriconazole and posaconazole), a potent inhibitor of the cytochrome P450 3A4 isoenzyme, with regard to potential serious drug-drug interactions. Based on the toxicity of amphotericin B products and the availability of safer and equally effective alternative agents, amphotericin B products were considered a category 2B recommendation for prophylaxis. If an amphotericin B product is used, a lipid formulation is generally preferred because of less infusional and renal toxicity compared to conventional amphotericin B. This recommendation is made more strongly for patients at high risk for renal failure, such as those with pre-existing renal disease, HSCT recipients and co-administration of other nephrotoxic agents.^{128,130}

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Aerosolized delivery of amphotericin products has been considered for several years, and has the advantage of local delivery to lungs while avoiding systemic toxicity. A recent randomized, placebo-controlled trial found that aerosolized liposomal amphotericin B was useful for preventing invasive pulmonary aspergillosis in patients with prolonged neutropenia.³⁰¹ Limitations to aerosolized amphotericin B as prophylaxis include different nebulizers and amphotericin B formulations, lack of optimization of dosing, and lack of direct comparative data with systemically administered mold-active azoles or echinocandins.³⁰²

The echinocandin, micafungin is approved as prophylaxis in HSCT recipients with neutropenia (category 1). In a randomized, double-blind trial of autologous and allogeneic HSCT recipients, micafungin was

superior to fluconazole based on pre-specified criteria that included absence of a breakthrough fungal infection and the absence of modifying the antifungal regimen empirically due to neutropenic fever.³⁰³ The duration of study drug encompassed the neutropenic period, but not the period after neutrophil recovery where GVHD would be expected to occur. The frequency of breakthrough candidemia was similar in both arms, but there was a trend to fewer episodes of invasive aspergillosis in allogeneic HSCT recipients receiving micafungin. Survival and drug-related toxicity were similar in both arms.

Voriconazole was compared with fluconazole in a randomized study that included serum galactomannan surveillance in allogeneic HSCT recipients.³⁰⁴ No difference was noted in the primary endpoint (180-day fungal-free survival), but a trend to reduced incidence of invasive aspergillosis was noted in voriconazole recipients. Because this study has been published in abstract form only, the NCCN panel considers the database on voriconazole as prophylaxis to be preliminary and therefore assigned a category 2B recommendation.

Posaconazole is currently only available in an oral formulation and needs to be taken with food for adequate absorption. Posaconazole is as effective as fluconazole as primary therapy for oropharyngeal candidiasis³⁰⁵ but has not been evaluated as primary therapy for invasive fungal infections. In a randomized trial, prophylaxis with posaconazole led to fewer invasive fungal infections and less overall mortality compared to fluconazole or itraconazole in neutropenic patients with acute myelogenous leukemia (AML) or MDS receiving induction or re-induction chemotherapy.³⁰⁶ The NCCN panel recommends posaconazole (category 1) as the drug of choice for prophylaxis in neutropenic patients with AML and MDS receiving induction or re-induction chemotherapy (see INF-3). The role of antifungal prophylaxis in patients with acute leukemia receiving consolidation chemotherapy has not been adequately evaluated.

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Posaconazole as prophylaxis has not been evaluated during the neutropenic period following conditioning in allogeneic HSCT recipients, and thus the safety of this approach is unknown. Ingestion of a meal (ideally high-fat) or liquid nutritional supplement with each posaconazole dose is essential for achieving adequate posaconazole serum levels; patients who are unable to tolerate such oral intake should not receive this drug for prophylaxis.

The panel advises that prophylaxis with posaconazole, itraconazole, and voriconazole be avoided in patients receiving vinca alkaloid-based regimens (such as vincristine in acute lymphoblastic leukemia) because of the potential of these azoles to inhibit the cytochrome P450 3A4 isoenzyme, reducing clearance of vinca alkaloids. Severe vinca alkaloid-induced neurotoxicity has occurred when co-administered with itraconazole;³⁰⁷ data on pairing vinca alkaloids with posaconazole and voriconazole are lacking. Although the package inserts of voriconazole and posaconazole advise caution if co-administered with vinca alkaloids and consideration of dose-reducing the vinca alkaloid, there are no data on the level of dose reduction required. Prophylaxis with fluconazole (which is a less potent inhibitor of cytochrome P450 3A4 than the mold-active azoles), an echinocandin, or an amphotericin B formulation should be considered in these patients as a safer alternative to the mold-active azoles.

Patients with chronic severe neutropenia (ANC less than 500/mcL) due to the underlying disease (such as aplastic anemia) are at substantial risk for invasive aspergillosis.³⁰⁸ Although this population has not been evaluated in prophylactic antifungal trials, some panel members advise the use of a prophylactic mold-active agent (e.g., posaconazole or voriconazole) in such patients.

In patients with acute leukemia and autologous HSCT recipients, antifungal prophylaxis is administered until neutrophil recovery. Antifungal prophylaxis should be considered until at least day 75 after

allogeneic HSCT (see INF-3). Although many centers reasonably use antifungal prophylaxis in non-neutropenic allogeneic HSCT recipients with GVHD, this practice was evaluated only recently in a properly designed study that focused specifically on this patient group. Posaconazole was compared with fluconazole as prophylaxis in allogeneic HSCT recipients with severe GVHD requiring intensive immunosuppressive therapy in a prospective, randomized, double-blind study.³⁰⁹ The inclusion criteria included either grade II to IV GVHD, chronic extensive GVHD, or receiving intensive immunosuppressive therapy consisting of either high-dose corticosteroids, antithymocyte globulin, or a combination of 2 or more immunosuppressive agents or types of treatment. Prophylaxis with posaconazole led to a reduction in the incidence of invasive aspergillosis, the total number of invasive fungal infections while on treatment, and the number of deaths attributed to fungal infection. Posaconazole is recommended (category 1) as prophylaxis in patients with GVHD receiving intensive immunosuppressive therapy, as defined by the inclusion criteria in this trial. Prophylactic posaconazole can be considered in all patients with GVHD receiving immunosuppressive therapy, although the benefit/risk ratio of mold-active prophylaxis in patients receiving less intensive immunosuppressive regimens has not been established.

Secondary antifungal prophylaxis is defined as administration of antifungal therapy in a patient with a prior fungal infection to prevent recrudescence. The panel recommends secondary prophylaxis with an appropriate antifungal agent in patients with prior chronic disseminated candidiasis³¹⁰ or with invasive filamentous fungal infection³¹¹ during subsequent cycles of chemotherapy or HSCT. In patients with invasive aspergillosis before HSCT, antifungal therapy for more than a month and resolution of radiologic abnormalities correlate with a lower likelihood of post-transplant recurrence of infection.³¹² Secondary prophylaxis with a mold-active agent is advised for the entire period of

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immunosuppression. Secondary prophylaxis is generally administered for the duration of immunosuppression.

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Antiviral Prophylaxis and Preemptive Antiviral Therapy

Herpes Simplex Virus

HSV is an important pathogen in patients who develop neutropenia and mucositis. These HSV infections are primarily reactivation of latent virus. The presence of latent HSV can be determined by pretreatment HSV serology. Reactivation and infection with HSV occur in 60% to 80% of HSCT recipients and in unprophylaxed patients with acute leukemia undergoing induction or re-induction therapy who are seropositive for HSV.^{313,314} Among allogeneic HSCT recipients, HSV disease is most likely to occur within the first month, but may occur in later stages during intense immunosuppression. Although disseminated HSV infection is uncommon, the reactivation infection is frequently associated with increased mucosal damage, resulting in increased pain, limitation of the patient's ability to maintain oral hydration and nutrition, and an increased risk of bacterial and fungal superinfections.

Antiviral prophylaxis (acyclovir, valacyclovir, or famciclovir) against HSV is advised in HSV-seropositive patients receiving chemotherapy for acute leukemia, in all allogeneic HSCT recipients, and in some autologous HSCT recipients at high risk for mucositis during the neutropenic period (see <u>FEV-C</u>).¹⁶ A longer period of prophylaxis should be considered in allogeneic HSCT recipients with GVHD or with frequent HSV reactivations before transplantation.¹⁶

HSV and herpes zoster infections are common in alemtuzumab recipients. Antiviral prophylaxis is advised until at least 2 months after completion of therapy or until CD4 counts are 200/mcL or more, whichever occurs later.

Prophylaxis against HSV should be considered in other patients at intermediate risk for HSV reactivation including those with hematologic

malignancies with prolonged neutropenia or those receiving high-dose corticosteroids or T-cell depleting agents (such as, fludarabine). Once a patient has had an HSV reactivation infection requiring treatment, the panel recommends HSV prophylaxis for that patient during all future episodes of neutropenia induced by cytotoxic therapy.

Varicella Zoster Virus

Impaired cellular immunity is the principal risk factor for VZV disease. In allogeneic HSCT recipients with a history of VZV infection without antiviral prophylaxis, about 30% have VZV disease after reactivation. In patients with a history of chicken pox, acyclovir (800 mg oral twice daily)-administered from 1 to 2 months until 1 year after allogeneic HSCT—significantly decreased the incidence of VZV disease compared to placebo (5% versus 26%, respectively).³¹⁵ The frequency of VZV disease in the post-prophylactic period was similar in the 2 groups and predominantly occurred in patients who required systemic immunosuppression. This prolonged course of acyclovir prophylaxis is likely to also prevent HSV reactivations. The panel recommends acyclovir prophylaxis against VZV from the 1st to 12th month after allogeneic HSCT in patients seropositive for VZV pretransplant and recommends considering extending prophylaxis in patients who continue to receive systemic immunosuppressive therapy. Agents used as HSV prophylaxis are also active against VZV (see FEV-C).

Among autologous HSCT recipients, the highest risk period for HSV reactivation is during neutropenia following conditioning, whereas the risk of VZV reactivation encompasses the first year.³¹⁶ T-cell depleting agents (e.g., alemtuzumab, fludarabine, calcineurin inhibitors) also increase the risk of HSV and VZV reactivation. Bortezomib, a proteosomal inhibitor, is associated with an increased risk of VZV reactivation.³¹⁷⁻³²¹ Prophylaxis with acyclovir, valacyclovir, or famciclovir should be protective and can be considered in these settings. Among alemtuzumab recipients, antiviral prophylaxis is recommended by the

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FDA until 2 months after the drug is stopped or until the CD4 count is 200/mcL or more, whichever occurs later.

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Cytomegalovirus

In allogeneic HSCT recipients at risk for CMV reactivation, the following preventative approaches have been evaluated:³²² 1) prophylaxis: antiviral agents are administered to all allogeneic HSCT recipients if either the donor or recipient is CMV seropositive; and 2) pre-emptive therapy: initiation of antiviral agents after detection of asymptomatic CMV infection by active surveillance. Antiviral agents potently active against CMV have substantial toxicity with long-term use. Ganciclovir is associated with marrow suppression that may increase the risk of common and opportunistic infections. Foscarnet can cause nephrotoxicity but is generally well tolerated. Cidofovir (a second-line anti-CMV agent) can be associated with substantial nephrotoxicity. Acyclovir and valacyclovir have an excellent safety profile but are only weakly active against CMV.

In 2 randomized studies, prophylaxis with acyclovir was associated with increased survival in allogeneic HSCT recipients, but the rates of CMV reactivation and disease were fairly high.^{323,324} Ljungman and colleagues³²⁵ compared oral valacyclovir (a valine esterified analogue of acyclovir with high oral bioavailability) with acyclovir as prophylaxis in allogeneic HSCT recipients in whom either the donor or recipient was CMV seropositive. All patients received initial IV acyclovir until day 28 after transplantation or until discharge, and then either oral valacyclovir or acyclovir until week 18 after transplantation. Valacyclovir was more effective than acyclovir in preventing CMV reactivation (28% versus 40%, respectively); no difference was observed in CMV disease, adverse events, or overall survival. Thus, acyclovir and valacyclovir are acceptable agents for CMV prophylaxis, but surveillance and preemptive therapy with ganciclovir or foscarnet are still necessary.

Highly sensitive methods for early CMV diagnosis include detection of the CMV pp65 antigen from peripheral blood leukocytes and of CMV DNA by PCR. Triggers for pre-emptive antiviral therapy are either a single positive CMV antigenemia or 2 consecutive positive PCR results. Foscarnet and ganciclovir had similar efficacy as pre-emptive CMV therapies in allogeneic HSCT recipients, but ganciclovir was associated with significantly more premature discontinuation because of either neutropenia or thrombocytopenia.³²⁶ Oral valganciclovir used as preemptive anti-CMV therapy was shown to have acceptable oral bioavailability (including, in patients with grades I and II GI GVHD); was safe and effective in controlling CMV reactivation.³²⁷⁻³³¹ Thus, valganciclovir is a highly acceptable oral option for pre-emptive therapy for CMV in the absence of substantial GI GVHD. A randomized study showed that maribavir was effective as prophylaxis against CMV in allogeneic HSCT recipients.³³²

Late CMV disease, defined as occurring after day 100 of HSCT, remains a persistent problem in the era of CMV prophylaxis and preemptive therapy. In one series, 92% of patients with late CMV pneumonia had chronic GVHD or had received T cell-depleted transplants.³³³ T-cell reconstitution results—at 3 months after allogeneic HSCT—appear to be useful in risk stratification for late CMV disease. At 3 months after HSCT, CD4 T-cell counts less than 50/mcL, total lymphocyte counts less than 100/mcL, undetectable CMV-specific T-cell responses, and GVHD were associated with late CMV disease or death in CMV-seropositive allogeneic HSCT recipients.³³⁴ A CD4+ count less than 100/mcL predicted delayed recovery of CMV-specific immunity at 3 months after allogeneic HSCT.³³⁵ In a case-control study, CMV disease was significantly delayed in nonmyeloablative compared with standard ablative allogeneic transplantation (median time, 132 versus 52 days, respectively); the overall 1-year incidence was similar between the 2 groups.³³⁶ Tetramer technology allows quantification of CMV antigen-specific CD4+ and CD8+ cells as a marker for

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reconstitution of CMV-specific cellular immunity; it may more precisely stratify the risk for CMV disease and need for CMV surveillance.³³⁷

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Based on the available data that predict risk of CMV disease, the NCCN panel recommends CMV surveillance for at least 6 months after allogeneic HSCT. Additional surveillance should be strongly considered during chronic GVHD requiring immunosuppressive therapy and until the CD4+ count is 100/mcL or more. Note that the CD4 count will be reduced by systemic corticosteroids and by lymphocyte-depleting agents. The majority of cases of late CMV disease occur within the first year of transplant and less than 5% occur after the second year.^{333,334} Therefore, the value of CMV surveillance beyond 2 years after HSCT is unknown but can be considered in patients with significant chronic GVHD.

CMV reactivation is common among alemtuzumab recipients and occurs most frequently between 3 to 6 weeks after initiation of therapy when T-cell counts reach a nadir. The NCCN panel recommends surveillance for CMV reactivation using PCR or antigen-based methods and monitoring at least weekly. The panel recommends pre-emptive therapy with ganciclovir, foscarnet, or valganciclovir in alemtuzumab recipients from the time of initiation until at least 2 months after completion of alemtuzumab therapy and until the CD4 count is 100/mcL or more, whichever occurs later (see INF-6).

Hepatitis B Virus

Reactivation of latent hepatitis B virus (HBV) may occur in the setting of significant immunosuppression (e.g., HSCT). HBV carriers with lymphoid malignancies, especially those treated with anthracycline-based regimens, have a high risk of HBV reactivation.³³⁸ Rare cases of liver failure and death associated with HBV reactivation have occurred in patients receiving rituximab-containing regimens (http://www.fda.gov/Safety/MedWatch/SafetyInformation/SafetyAlertsfor

HumanMedicalProducts/ucm166521.htm).

Fulminant hepatitis and mortality may occur following HBV reactivation in immunocompromised patients. Thus, it is prudent in these settings to assess for the potential of prior HBV infection, especially in individuals who have spent significant time in HBV endemic areas or have risk factors for blood-borne exposure.

A positive hepatitis B surface antigen (HBsAg) is associated with active infection (or a window period before the development of protective immunity). False-negative HBsAg results may occur in chronic liver disease.³³⁹ A positive hepatitis B surface antibody (HBsAb) is generally equated with protective immunity, although reactivated HBV disease may occur in the setting of significant immunosuppression in HBsAb-positive individuals.³⁴⁰

In patients undergoing intensive immunosuppressive therapy, evaluation of HBV surface antigen, core antibody, and surface antibody should be considered at baseline.³⁴¹ Evaluation of HBV and hepatitis C virus infection should be routine in HSCT recipients and donors.^{341,342} In HBsAg-positive individuals, baseline quantitative PCR for HBV DNA should be obtained. Based on limited data, antiviral therapy (e.g., lamivudine) should be strongly considered in patients with active HBV infection undergoing HSCT or other intensive immunosuppression.^{338,343,344} Tenofovir is the preferred agent for chronic HBV infection, but limited data are available regarding use in oncologic populations.³⁴⁵ Adefovir and entecavir also have activity against hepatitis B.³⁴⁶ Donors who have not been exposed to HBV should be considered for HBV vaccination before stem cell collection when the recipient is HBsAg-positive.

Vaccination

Both the CDC and the European Bone Marrow Transplant group have published guidelines on vaccination of HSCT recipients.^{16,347} The ACIP has published general recommendations on immunization that include

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immunocompromised patients.³⁴⁸ We discuss general principles regarding vaccination in patients with cancer, with a focus on influenza.

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Live attenuated viral vaccines have the potential to cause disease in immunocompromised patients. Vaccines that are not live attenuated organisms can be safely administered to the immunocompromised. However, the immunogenicity of the vaccines may be attenuated in immunocompromised patients. The potential for protection conferred by antigen-derived vaccines, even if incomplete, is better than no protection if the vaccine is withheld. Persons receiving chemotherapy or radiation therapy for malignancies should not receive live attenuated vaccines for at least 3 months after therapy has been stopped and the patient is presumed to be immunocompetent.³⁴⁸ Certain live viral vaccines can be safely administered to household members of severely immunocompromised patients (e.g., measles, mumps, and rubella [MMR]), whereas others can not (e.g., small pox vaccine) because of the potential risk of transmission. The package insert for the vaccine should be reviewed before administration.

Ideally, patients should be vaccinated at least 2 weeks before receiving cytotoxic or immunosuppressive therapy; however, this timing is often not feasible in patients with cancer. Administering vaccines on the same day as cytotoxic therapy is not advised, because proliferative lymphocytic responses are required for protective immunity. Immunization between cytotoxic chemotherapy courses is likely to be associated with higher response rates than during chemotherapy administration.^{349,350} Patients should be considered unprotected if they were vaccinated less than 2 weeks before starting cytotoxic or immunosuppressive therapy or while receiving these agents. These patients should be revaccinated at least 3 months after therapy is discontinued if immune competence has been restored.³⁴⁸ Pneumococcal, meningococcal, and Hib vaccines should be administered at least 2 weeks before elective splenectomy.³⁴⁸

Influenza infections cause significant morbidity and mortality in cancer patients. Among bone marrow transplant recipients, influenza accounts for 11% to 42% of all community-acquired viral respiratory infections.³⁵¹⁻³⁵³ An increased incidence and duration of influenza infections have also been observed in immunosuppressed cancer patients when compared to healthy controls.^{354,355} During community outbreaks, influenza infections may represent a significant proportion of episodes of febrile neutropenia.³⁵⁶ Influenza infections in severely immunocompromised cancer patients are often associated with hospitalizations, delays in potentially life-saving chemotherapy, and occasionally, death.³⁵⁴⁻³⁵⁶ As a result, annual vaccination against influenza with the inactivated influenza virus is currently recommended for all individuals at increased risk from immunosuppressive disease in several countries, including the United States, Canada, and United Kingdom.³⁵⁷⁻³⁵⁹ The United States and Canadian guidelines also include health care workers and household contacts in their target group for annual immunization, because they can transmit influenza to high-risk patients.357,358

The intranasal attenuated influenza vaccine (FluMist) should be avoided in patients with immunosuppression, because FluMist contains live attenuated influenza viruses still capable of replication, which could theoretically lead to infection in immunocompromised individuals.³⁶⁰ As a result, the CDC recommends that persons with known or suspected immunodeficiency diseases or those who are receiving immunosuppressive therapies should not be immunized with the live influenza vaccine.³⁶⁰ In addition, because no data are available assessing the risk for person-to-person transmission of FluMist from vaccine recipients to immunosuppressed contacts, the CDC also recommends that inactivated influenza vaccine should be used in household contacts, health-care workers, and others who have close contact with immunocompromised patients.³⁶⁰

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Prophylaxis for *Pneumocystis jirovecii* (formerly *Pneumocystis carinii*)

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Trimethoprim/sulfamethoxazole prophylaxis for *P.jirovecii* is highly effective.³⁶¹ Studies have documented the efficacy of this prophylactic therapy in patients with acute lymphocytic leukemia, and similar results have been found in bone marrow transplant recipients. TMP/SMX also has the potential advantage of protecting against other infectious complications (such as common bacterial infections, listeriosis, nocardiosis, and toxoplasmosis) that afflict patients with severe T-cell impairment. The more difficult questions include: (1) What prophylactic regimen should be used in patients who are truly intolerant of TMP/SMX? and (2) Besides acute leukemia patients, which other patients warrant *P.jirovecii* prophylaxis? TMP/SMX is preferred; TMP/SMX desensitization can be considered in patients who are intolerant to TMP/SMX. Daily dapsone and aerosolized pentamidine are thought to be effective alternatives to TMP/SMX, although data suggest aerosolized pentamidine may be inferior when used prophylactically in allogeneic transplant recipients.³⁶² Atovaguone appears to be equivalent to dapsone in HIV patients who cannot tolerate TMP/SMX. Thus, atovaquone is another alternative for oncology patients who require prophylaxis.³⁶³

Prophylaxis against PCP should be used in allogeneic transplant recipients, alemtuzumab recipients

(http://www.accessdata.fda.gov/drugsatfda_docs/label/2007/103948s50 70lbl.pdf), and patients with acute lymphocytic leukemia (category 1). Prophylaxis against PCP is also advised in patients receiving concomitant temozolomide and radiotherapy and should be continued until recovery from lymphocytopenia (see Warnings) (http://www.accessdata.fda.gov/drugsatfda_docs/label/2006/021029s01 2lbl.pdf).¹⁶ Some panel members advise prophylaxis against PCP (category 2B) for the following patients: 1) patients receiving fludarabine therapy and other T-cell depleting agents (e.g., cladribine [2-CdA]); 2) autologous hematopoietic cell transplant recipients; and 3) patients with neoplastic diseases receiving intensive corticosteroid treatment (e.g., the equivalent of 20 mg or more of prednisone daily for 4 weeks or more).³⁶⁴

Protected Environments

Although well-designed clinical trials have not validated the use of highefficiency particulate air (HEPA) filtration, the CDC recommends that allogeneic HSCT recipients be placed in rooms with HEPA filters.¹⁶ It is also reasonable to use HEPA filtration in nontransplant patients with prolonged neutropenia. The principal benefit of HEPA filtration is likely to be related to prevention of mold infections. In a retrospective analysis, HEPA filters were protective in highly immunocompromised patients with hematologic malignancies in the setting of an outbreak of aspergillosis.³⁶⁵ The value of laminar air flow in preventing infections is unclear and is not generally recommended.

Summary

Previous NCCN guidelines related to infectious complications of cancer were primarily focused on F&N. However, the guidelines were revised in 2007 to address prevention and treatment of infections in both neutropenic and non-neutropenic immunocompromised patients with cancer. The current NCCN guidelines on "Prevention and Treatment of Cancer-Related Infections," replace the previous "Fever and Neutropenia" guidelines.

Substantial progress has been made in preventing and treating infectious complications of neutropenia and immunosuppressive therapy in patients with cancer. It is essential to know the patient's quantitative and qualitative immune defects and to stratify the risk for specific pathogens in the context of the history, physical examination, radiologic, and laboratory data. The development of antipseudomonal beta-lactam agents and the routine use of empiric antibacterial therapy

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at the onset of neutropenic fever reduced mortality from bacterial infections.³⁶⁶ More patients were treated with potent cytotoxic regimens (e.g., for acute leukemia) and received allogeneic stem cell transplants; opportunistic viral and fungal infections became an important cause of mortality in these patients. In addition, the increasing prevalence of antibiotic-resistant pathogens has challenged the clinician to use antimicrobial therapy wisely. Infection control should not rely exclusively on antimicrobial prophylaxis but, rather, should continue to incorporate standard infection control measures and demand careful hand-washing by all health care professionals who come into contact with immunocompromised patients.

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